

Primetime



"A Mission in our Midst" April, 2018 Newsletter

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him. - John 3:16-17

Come on spring; we are ready!

Wow, did we have some fun on our last two trips! In late February we watched as Kent State students sang their hearts out to Elvis songs in their play, "All Shook Up." Let me tell you, there was a whole lot of shakin' goin' on. We had an excellent dinner before the show at Bricco and in the bus we savored some little donuts from Peace, Love and Little Donuts. We ordered the "Disco Dozen" and these incredible small donuts had very funky names like "John Lemon," "Couch Potato" and "Snick Jagger." On our next trip in early March, we visited Progressive Insurance Headquarters in Mayfield Heights. On our tour of the artwork there, led by their curator Christian, we were in awe of the pieces of art we saw. We did get to see an Andy Warhol piece, which was amazing. Many of the other pieces were very different than what you would expect in one of the best corporate art collections in the world. They made you THINK. They also made you want to talk to other people about it. Some made you laugh like the one pictured here! It was truly a very memorable trip and one we will definitely do again!

Don't forget to come to Federated Church's Trinkets & Treasures sale coming up April 25-28. I have certainly found many treasures there and there's nothing like a good bargain. Remember that it's held at our Family Life Center, not at the church.

We need just a few more of you to sign up for our Noah's Ark trip in May to make it a GO! Seeing this Ark in real life will be spectacular! It is ginormous! Details about the trip are on page 4.

Let's SPRING into action and sign up for our activities!

With Love,

Dolly Herschel, Primetime Coordinator



Viewing art at the Progressive Insurance Headquarters

An Opportunity to Keep Primetime on the Move

We have been saving for over 11 years and still have a long way to go for a new bus. We have a designated account called the Clyde Transportation Fund where we keep these savings.

Our bus is getting old and we will need to replace it within a few years. Help us with a donation or have our Clyde Transportation Fund be the recipient of your Memorial donations. We have had so many adventures on our trips and want to keep them going for many years to come. We can't do that without a bus.

If you wish to help replace our bus, checks can be written out to Federated Church and in the memo section write "Clyde Transportation Fund." We would really appreciate it.



Primetime Photo Gallery



February Luncheon



Tour of Progressive Insurance Headquarters



Federated Forum

Monday, April 9 | Fellowship Hall

1:30 pm Refreshments; 2:00 pm Program

Presenter: Marge Adler, pianist/arranger

Marge Adler, pianist/arranger, is relied upon by colleagues across North America for her collaborative skills, keyboard mastery and eclectic approach. Known as a "treasure with at least three hands," Marge was co-composer with the late Tom Luckay and music director for *If Chagrin Could Sing*, a collection of original songs about Chagrin Falls. She has

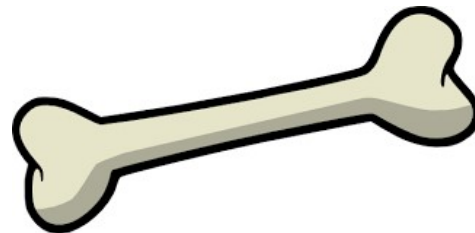
collaborated in concert with David Cangelosi of the Metropolitan Opera and Phillip Boykin of renown on Broadway. There were days in which Marge would literally change hats on I-71, after serving as organist for a Cleveland Indians game, to become harpsichordist for the Bach Festival at Baldwin Wallace University.

Recently Marge completed the musical score for the film, *Exact Change*, presently competing for a slot at the Sundance Film Festival.



Several osteoporosis guidelines have recommended dietary or supplementary intake of calcium and vitamin D to prevent bone fractures in older adults. Recent guidelines from the National Osteoporosis Guideline Group (NOGG) and the American College of Physicians (ACP) admit the benefit is unclear.

In a large meta-analysis, researchers looked at this issue among 51,145 older (52-81 years) community-dwelling individuals (i.e., not living in institutions such as nursing homes or residential care facilities). The analysis included 14 trials of calcium supplementation alone, 17 of vitamin D supplementation alone, and 13 of combined use.



The analysis found that fracture risk (including hip, nonvertebral, vertebral, and total fracture) was not reduced for any of the three courses. The lack of benefit occurred regardless of history of fractures, calcium and/or vitamin D dose, gender, dietary calcium intake, and baseline vitamin D level.

Therefore, the use of calcium, vitamin D, or the combination is not supported for fracture prevention in community-dwelling older adults. However, the supplements can still be recommended for other groups [e.g., individuals living in nursing homes and those taking other drugs (e.g., bisphosphonates) for osteoporosis treatment and prevention].

Primetime Luncheon

Thursday, April 19

(note this is the third Thursday)

12:30 pm (doors open at 12 pm)

Family Life Center

Entertainment by: Entertainmobile.

Sponsored by Arden Courts. Marketing Director Tricia Vidociv will be there to answer questions.

The National Council of Jewish Women's Entertainmobile is a group of 23 women who are well-known on the Cleveland "Senior Circuit" with programs geared primarily to golden agers. Their repertoire consists of favorites from the great white



way and old Hollywood musicals to Tin Pan Alley songs of yore. As a point of interest, many members of the group

have been representing NCJW in Entertainmobile for more than 30 years and they all have stars in their eyes!

Menu: Honey baked ham, sweet potatoes, green beans almondine, roll, slice of pumpkin roll.

Cost: \$10 at the door

Reservations due by Friday, April 13: Call 440.247.6490. After that date, names go on a wait list. If you need to cancel, please do so by April 13.

Those who cancel after the deadline will still be responsible for the cost of the meal. Hamlet residents: let Hamlet know if you want to ride the van to this event & mention it when you RSVP.

Save the Date — Upcoming Trips:

A Thursday evening trip to Irving Berlin at the Allen Theater

Watch for more information and sign-up details in upcoming newsletters!

Noah's Ark Encounter with Overnight in Covington, Kentucky

Saturday & Sunday, May 19-20

(Open to Primetime and the entire
Federated family!)

A word about the Ark trip:

I have heard that some people are unsure about the trip due to the religious views of the builder of the Ark, Ken Ham. Although I have no desire to accept any of his teachings, I think the Ark is a spectacular structure, and is well worth the trip. Barry and I went there last year and loved it. There was very little evidence of Ken's religious fanaticism.

The story of the Ark is a part of all Judeo-Christian history and is represented well. It is very interesting to see how it houses all the animals and allows for their feeding and care. You can see how Noah and his family lived and grew food during the time on board. It also depicts how fresh water is obtained and waste disposed of.

And please check out the other fun activities we will attend on the trip! See the itinerary to the right. We hope to see you on the trip!

- Kathie Biggin, Primetime Committee trips coordinator

While we do not see any extended rain in the forecast, at least for 40 days and 40 nights, we do know of a fellow named "Noah" who was spared from a flood by loading his family and many of the world's animals into an Ark that he built from instructions he had been given. Although no one has ever discovered the "original Ark," we will be seeing a new version, which was built in a similar fashion. The Ark is a massive wooden structure and the cost of building this vessel was considerably more than Noah spent, \$92 million.

It was built as described in the Book of Genesis using the original dimensions. The ark is 510 feet long, 50 feet tall and 85 feet wide. Unbelievably, it can house up to 10,000 people and is the largest wooden timber structure in the world. You will see how Noah and his family may have lived, as well as an "animatronic Noah" who will answer questions.



Basic Itinerary: Saturday, May 19

Coach arrives for boarding at 8:30 am at the Family Life Center.

Group departs at 9:00 am

Lunch stop (on your own) as we travel to the Cincinnati area

Visit MainStrasse Village in Covington – a unique shopping complex made up of a number of small shops. At the western end of the village, you will see the glockenspiel Carroll Chimes Bell Tower, named in honor of a former Governor of Kentucky

Check in for overnight at the Holiday Inn - Covington, Kentucky

Captain's Dinner Cruise aboard the BB Riverboat (board at 6:00 and cruise from 7:00–9:00 pm) – Take in the skyline, watch the river go by, and enjoy a fantastic meal

Sunday, May 20

Breakfast at the hotel

Noah's Ark Encounter (9:00 am–12:30 pm)

Lunch at Newport's Hofbrauhaus (1:45–3:00 pm) – fashioned after the 400-year-old establishment of the same name in Munich, Germany. (Please note: meal selections are on the sign-up sheet)

Depart for home

Rest stop en route

Arrive back at Family Life Center about 9:00 pm

Price is \$325 per person, based on double occupancy. 54 max passengers. Signup and full payment due by Thursday, April 19. Call 440.247.6490.



The Museum of Divine Statues and The Salvage Yard Resale Shoppe

Wednesday, April 11 | 9:15 am

The Museum of Divine Statues in Lakewood is the creation of artist/restorer Lou McClung. He has always had an interest in religious statuary and began to save and restore pieces of religious art as churches in the area began to close. His museum is in one of those churches, St Hedwig Church that closed in 2010. He opened his museum in 2012. He draws on his skills he gained through construction work and as a professional make-up artist to breathe new life into the damaged statuary. We will have a one hour tour to see the beautiful collection of statues and other Catholic artifacts.



We will then travel to Westlake to have a fun lunch at Buca di Beppo!



After lunch, we will travel to Fairview Park to shop at The Salvage Yard Resale Shoppe & Unique Boutiques. There's something for everyone!

When: Depart from Family Life Center at 9:15 am, return ~3:00 pm

Cost: \$30

Reservations: Payment by April 4
Call 440.247.6490

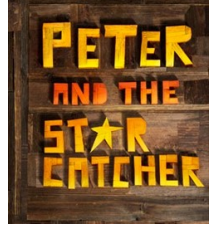
Meal: Buca di Beppo, Italian (On Your Own)



Peter and the Star Catcher: Academy for the Performing Arts Chagrin Falls

Thursday, May 3 | 5:30 pm

Peter and the Starcatcher is a play based on the 2004 novel *Peter and the Starcatchers* by Dave Barry and Ridley Pearson. The play provides a backstory for the characters of Peter Pan, Mrs. Darling, Tinker Bell and Hook, and serves as a prequel to J. M. Barrie's *Peter and Wendy*.



The Academy for the Performing Arts is a college preparatory program for high school juniors and seniors from nine area school districts: Solon, Aurora, West Geauga, Orange, Beachwood, Brush, Mayfield, Richmond Heights and Chagrin Falls. Their mission is to provide talented high schoolers with a joyful, challenging and inspiring training experience in the performing arts.

We will meet at Grove Hill restaurant before the show for dinner.

When: MEET AT GROVE HILL restaurant (25 Pleasant Drive) at 5:00 pm. The play starts at 7:30 pm in the theater on the campus of Chagrin Falls High School. *We will not use the bus.*

Cost: \$16

Reservations: Payment by April 25 Call 440.247.6490

Meal: Grove Hill (On Your Own)



Trip to Garrettsville, Ohio

Wednesday, April 4 | 11:00 am

We'll start with lunch at Cal's in Garrettsville. They have lots of salads, sandwiches, burgers, and wraps.

Next we'll go to Monica Potter Home, where we will have coffee, tea, a light dessert, and time to shop and hear about the store.



We'll end at the J Leonard Gallery. Joe is a master carver and has many beautiful pieces on display worldwide, including carousel horses and other animals. He'll give a demo of his carving, along with a viewing of his gallery, including works from local artists.

Of course, shopping is available and encouraged at both places!

When: Depart from Family Life Center at 11:00 am, return ~4:30 pm

Reservations: Payment by March 28. Call 440.247.6490

Cost: \$10

Meal: Cal's (On Your Own)



Ongoing Primetime Offerings . . .

Spirit Walk & Roll—Monday through Friday, 8-9 am at the Family Life Center

Come when you can and leave when you must. Walk at your own pace. Bring a buddy if you wish. **Warm inside in the winter; cool inside in the summer!**

Pillows for Hospice—2nd Monday, 10 am at Bell St. Daily Bread Classroom



This group of women gather for chatting, laughing, coffee, oh and yes, very basic sewing for a very worthy cause. They create pillows that patients at Hospice of the Western Reserve use as they journey through the final season of life. The little neck pillows are used for comfort. For hygienic reasons, they are discarded after use so there is always a need for more. The fellowship often includes some yummy treats. All are welcome.

Primetime Bridge—1st and 3rd Tuesday, 12:30-3:30 pm at Bell St. Lounge



Players must sign up by 3:30 pm the Friday before! Sign ups after that time will be put on a sub list. Remember to call ASAP if you find you can no longer attend. Only 28 players can be seated at seven tables. If interested, please call Harriett Rogers at 440.247.5845 or Coline Kiehne at 440.248.8199.

Same Boat Girlfriends



Same Boat friends is a social group for widowed women that meets each month. For more information about the April gathering, contact Jenny Evans at 440.247.7101 or jenny8854@sbcglobal.net. Also, please tell Jenny if you'll need a ride. Note: If leaving a message or sending an email, be sure to include your phone number so Jenny can contact you with any last minute updates. Hope you can join us!

Same Boat Friends—Wednesday, April 25, 5:15 pm



Same Boat friends is a social group for widowed men. This month, we will sail to **Chicago Deli** in Solon. We will carpool, so plan to arrive at Federated Church by 5:15 pm. Call Don Hoke at 440.338.8219 by Monday, April 23. When you call, advise if you need a ride. All widowed men are welcome. Please join us for an evening of friendship and interesting conversation.

Bowling—1st and 3rd Friday, 2-4 pm at Freeway Lanes in Solon



Join the Primetime crew for some bowling fun! We meet twice a month (three times on five-Friday months). All are welcome!

Tai Chi—The Movement of Life—Mondays, 10-11 am at Bell St.



The Tai Chi program at Federated is unique in that it has been designed for practitioners over 55 years of age. While participating, the practitioner is engaged in the mental and physical discipline required. Balance is improved and muscles are strengthened. Join at any time. Sign up for an 8-week session for \$120 single or \$200 couple. For information regarding the instructor, Ed Niam, go to www.taichicleveland.com.



April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <u>6:30 am</u> Easter Sunrise Service, FLC <u>7 am</u> Easter Breakfast, FLC <u>9 am</u> Easter Worship, Bell St <u>11 am</u> Easter Worship, Bell St	2 Easter Monday— Buildings Closed	3 <u>8-9 am</u> —Spirit Walk n' Roll — Family Life Center <u>12:30-3:15 pm</u> Primetime Bridge, Lounge	4 <u>11 am</u> Trip to Garrettsville, meet at FLC	5	6 <u>2-4 pm</u> primetimers go bowling in Solon	7
8 <u>9 am</u> Worship, Bell St <u>11 am</u> Worship, Bell St	9 <u>8-9 am</u> —Spirit Walk n' Roll — Family Life Center gym <u>10-11 am</u> Tai Chi, Fellowship H. <u>10-11:30 am</u> Pillows for Hospice, Daily Bread Room <u>1:30-3 pm</u> Federated Forum, Fellowship Hall <u>3:15 pm</u> Primetime Ministry Team Mtg	10	11 <u>9:15 am</u> Trip to Museum of Divine Statues, meet at FLC <u>6 pm</u> Wondrous Wednesday dinner & Program, Fellowship Hall (See website)	12	13	14
15 <u>9 am</u> Worship, Bell St <u>11 am</u> Worship, Bell St	16 <u>8-9 am</u> —Spirit Walk n' Roll — Family Life Center gym <u>10-11 am</u> Tai Chi, Fellowship Hall	17 <u>12:30-3:30 pm</u> Primetime Bridge, Lounge	18	19 <u>12:00 pm</u> Primetime Luncheon, Family Life Center	20 <u>2-4 pm</u> primetimers go bowling in Solon	21 <u>12-4 pm</u> TNT Donations accepted, FLC. (See website for details)
22 <u>9 am</u> Worship, Bell St <u>11 am</u> Worship, Bell St <u>12-4 pm</u> TNT Donations accepted, FLC	23 <u>10-11 am</u> Tai Chi, Fellowship Hall <u>9 am - 5 pm</u> TNT Donations accepted, FLC	24 <u>9 am - 12 pm</u> TNT Donations accepted, FLC	25 <u>5:15 pm</u> Same Boat Friends, carpool to Chicago Deli <u>5:30 - 8 pm</u> TNT PreSale, FLC	26 <u>9 am - 5 pm</u> TNT Sale, FLC (See website for details)	27 <u>9 am - 5 pm</u> TNT Sale, FLC	28 <u>9 am - 12 pm</u> TNT 1/2 price Bag Sale, FLC
29 <u>9 am</u> Worship, Bell St <u>11 am</u> Worship, Bell St	30 <u>8-9 am</u> —Spirit Walk n' Roll — FLC gym <u>10-11 am</u> Tai Chi, Fellowship Hall	<p>Trinkets & Treasures needs your help!</p> <p>There are lots of jobs available for men and women of all ages. Sign ups for volunteer positions are in the Lobby. We need people to set up, organize, price, sell, cashier, clean up. It's part of the fun! <i>And you can also shop!</i></p> <p>Set-up: April 21-24 Sale: April 25-28</p>				





The Federated Church
76 Bell Street
Chagrin Falls, OH 44022
440-247-6490
www.fedchurch.org

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Primetime

Mission Statement

Primetime is a church-based organization providing spiritual growth, service to others, and education. This program provides opportunities for social involvement and gives people a sense of community and support. Federated Church sponsors this program to help enrich the lives of its members and the wider community.



April Birthdays

Jeanus Koenig	1	Marilyn Collier	11
Tim Jenkins	1	Nancy Lowrie	12
John Leech	3	Bob Burrows	13
Tom Harvey	5	Alma Faroo	16
Bobbie Walker	6	Theresa Surgeon	20
Bob Bathgate	6	Ginger McVean	24
John Davidian	7	Trent Bobbitt	25
Pat Leech	7	Jeri Shaffer	27
Marilee Rickert	10	Barbara Gates	29