# Principal Control of the Control of

Newsletter

"Arise, shine, for your light has come, and the glory of the Lord rises upon you." Isaiah 60

Let's welcome in the New Year!

I recommend one resolution – make plans to go out to lunch or dinner at least once a week. Much to my husband's chagrin, it's one my favorite things to do. It gets you away from the house, so you can enjoy some good conversation and good food.

As you know, our trips always include lunch or dinner and we always have some good conversations!

During our Oglebay lights tour we got in some shopping, a tour of the Oglebay Mansion, a wonderful buffet, a laser light show and then the grand tour of all the lights! At the laser show, the seats were reclined which was very conducive to a much-needed nap! It was such a pleasure to have an Oglebay tour guide join us on our 45-minute route to see the light displays. They were amazing!

Our December trip to see the Note-Oriety Show Choir was in keeping with the season as we got to hear many of our favorite Christmas songs. Before the show we had a delicious meal at 56 Kitchen. We were really impressed with our waiter when he remembered all our orders without writing them down!

For those of you who came to the church's "Search for the Christ Child" event – thank you! I played the part of a shepherd (tour guide) where I would lead a group of 10–15 through the Family Life Center looking for the baby Jesus. The event is something very special for children/grandchildren to see. We had over 280 people attend this year and the Plain Dealer even came to do a story on it. Hope to see all of you there next year!

Wishing you a happy and healthy New Year.

Love,

Dolly Herschel
Primetime Coordinator



## Primetime Photo Gallery



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### Healthy Living

#### **Health & Wellness Initiative**

by Duncan E. McVean, B.S., R.Ph. M.S., M.B.A., Ph.D Health & Wellness Initiative Chair

SHINGREX shingles vaccine will be in short supply through 2019. If you have not had this vaccine, go to your pharmacy and get on their "wait list." That way you will be notified when the vaccine becomes available.

## Andrew Sords and members of the Cavani Quartet Kick Off Federated's Performing Arts Series

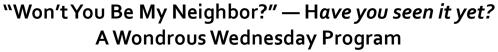
Sunday, January 20 at 3:00 pm | Federated Bell St. Sanctuary

World-renowned violinist Andrew Sords will be joined by members of the Cavani String Quartet and pianist

Elizabeth DeMio for a wonderful chamber music program. The concert is the inaugural event in the Federated Performing Arts Series. A reception will follow the program. Tickets can be purchased at <a href="federated-edchurch.org/events">fedchurch.org/events</a> or by contacting Joshua Konow at <a href="mailto:ikonow@fedchurch.org">ikonow@fedchurch.org</a>.

#### **Tickets**

Donor/"Best Seats in the House" - \$50 Adults - \$20 Seniors - \$15 Students - \$10



Wednesday, January 9 | 6:00 pm FREE dinner; 6:30 pm program Bell St. Fellowship Hall

Did you miss the documentary that came out this year on Fred Rogers? It is a compelling story of a man who had a kind and gentle influence on our nation, and the creator/host of the beloved children's program, "Mr. Roger's Neighborhood." Yet, the NY Times describes it as a film that is "quietly and cozily as radical as it's subject." Mr. Rogers... radical?

**Federated member Harriett Rogers** will open the evening's program with a brief insight into her cousin, Fred Rogers. After showing the movie, there will be a discussion.

Congregational Care and Telling Our Story commissions are hosting this event on Wednesday, January 9 in Fellowship Hall. A free Wondrous Wednesday dinner starts at 6:00 pm - the program starts at 6:30 pm. Dessert and coffee are available during the movie.

\*\*Wear your favorite Fred Roger's sweater... there will be a contest!\*\*





#### **Primetime Luncheon**

Thursday, January 24 12:30 pm (doors open at 12 pm) Family Life Center

**Entertainment by:** Judy Brown, Singer.

Judy Brown is a multi-talented performer whose acting on camera, spokesperson and singing abilities have earned her featured roles on stage, in television, and in motion pictures. She attended the Cleveland Institute of Music, majoring in vocal studies, and



went on to perform with Johnny Singer's Orchestra at numerous fundraising events, including appearances for Presidents Gerald Ford, Jimmy Carter, Ronald Reagan, and England's Princess Margaret.

Judy has sung the National Anthem at nationally televised games. Her "jingle" singing has been heard on radio and TV commercials played across the US and Canada. She was the solo voice for all three Sea World Adventure Parks for four years. Judy studied at the Groundlings Theatre with Kathy Griffin during the theater's heyday, doing improv in Los Angeles with Will Ferrell, Lisa Kudrow, Jon Lovitz and Mindy Sterling. After moving to Cleveland, Judy produced, hosted and directed her acclaimed TV series ONLY OHIO that aired on every Ohio PBS station. She also worked for WVIZ as an on-camera spokesperson.

**Meal:** Chicken piccata, bistro potatoes, tossed salad, pie.

Cost: \$10 at the door

Reservations due by Friday, January 18: Call 440.247.6490. After that date, names go on a wait list. Those who cancel after the deadline will still be responsible for the cost of the meal. Hamlet residents: let Hamlet know if you want to ride the van to this event & mention it when you RSVP.

# ReStore, Sunrise Farm, Mangia Mangia, and Artisan Corner Gallery Friday, January 11 | 9:30 am

We will begin our trip with a stop at the ReStore in Newbury to check out their furniture, antiques, housewares, books and other miscellany.

From there, we'll go to Sunrise Farm for more shopping, including food items, knickknacks, and aift items.

Lunch will follow at Mangia, Mangia (on your own).

We'll go across the street to Artisan's Corner Gallery, owned by Federated members, Chuck & Barbara Gates. It's a lovely shop with handcrafted jewelry, paintings and print, pottery and glassware, along with home decor and gifts. We will end with a pastry from DS Cakes.

When: Depart from Family Life Center at 9:30 am,

return at 3:15 pm

Cost: \$15

**Reservations:** Payment due by January 2. Call 440.247.6490 to RSVP.

Meal: Lunch at Mangia, Mangia – On your own





#### **Federated Forum**

Monday, January 14
Fellowship Hall
1:30 pm Refreshments; 2:00 pm Program





Presenter: Dan Best, naturalist Down on the Farm: Geauga County

Look in on events in the life of a Geauga County farm family 60 years ago as they experience, endure and enjoy winter weather, maple sugaring, wildlife encounters, the Geauga County Fair, the Maple Festival, rock-n-roll, and other elements of rural life in our region, just before the surge in residential, commercial and industrial development gave rise to the modern Geauga County we know today.

#### Federated Day Missions Project: Homeless Stand Down Hygiene Kits

Sunday, December 30 | 10:00 am during worship

We will be doing a congregation-wide project and bring in hygiene kit items for the Homeless Stand Down. This includes **full-sized shampoo and conditioner**, bars of soap, wash cloths, razors and **shaving cream**, toothbrushes and toothpaste. Items can be left in the collection box by the Lobby.

During worship on December 30, we will bless the donations and bag them up for our neighbors in need. Please join us for this fun family worship



#### Cleveland Clinic Art Tour Wednesday, January 16 | 9:45 am

The Cleveland Clinic has a fantastic collection of art. Join us for a personalized tour of some of the amazing works at the Clinic's Main Campus. We will stop for lunch on our way back to Chagrin at the delicious Luna Café and Bakery in Cleveland Hts. (On your own).

**When:** Depart from Family Life Center at 9:45 am. Return at 2:45 pm.

Cost: \$12

Reservations: Call 440.247.6490 to RSVP by

Thursday, January 10.

Meal: Lunch at Luna Café and Bakery – On your own







Matinee show at Theatre in the Circle to see Liberace Saturday, February 16

Grandparents Day Tuesday, February 12

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#### **Ongoing Primetime Offerings**

#### Spirit Walk & Roll—Monday through Friday (see calendar for exceptions) 8-9 am at Family Life Center

Come when you can and leave when you must. Walk at you own pace. Bring a buddy if you wish. **Warm inside** in the winter; cool inside in the summer!

#### Pillows for Hospice—2nd Monday, 10 am at Large Music Room

This group of women gather for chatting, laughing, coffee, oh and yes, very basic sewing for a very worthy cause. They create pillows that patients at Hospice of the Western Reserve use as they journey through the final season of life. The little neck pillows are used for comfort. For hygienic reasons, they are discarded after use so there is always a need for more. The fellowship often includes some yummy treats. All are welcome.

#### Primetime Bridge—3rd and 5th Tuesday, 12:30-3:30 pm at Bell St. Lounge

Players must sign up by 3:30 pm the Friday before! Sign-ups after that time will be put on a sub list. Remember to call ASAP if you find you can no longer attend. Only 28 players can be seated at seven tables. If interested, please call Harriett Rogers at 440.247.5845 or Coline Kiehne at 440.248.8199.

#### Same Boat Girlfriends—Thursday, January 10, 6:00 pm



Same Boat Girlfriends is a social group for widowed women that meets each month. In January, we will meet at Yours Truly in Chagrin Falls at 6:00 pm. To RSVP, contact Jenny Evans at 440.247.7101 or jenny8854@sbcglobal.net by Wednesday, January 9. Also, please tell Jenny if you'll need a ride. Note: Be sure to include your phone number so Jenny can contact you with any last minute updates. Hope you can join us!

#### Same Boat Friends—Wednesday, January 30, 5:15 pm



"Same Boat" friends is a social group for widowed men. We will go to Yours Truly restaurant in Chagrin this month. Go directly to the restaurant and plan to arrive by 5:15 pm. Call Don Hoke at 440.338.8219 by Monday, January 28 to join the crew. All widowed men are welcome. When you call, advise if you need a ride.

#### Bowling—1st and 3rd Friday, 2-4 pm at The Rollhouse in Solon

Join the Primetime crew for some bowling fun! We meet twice a month (three times on five-Friday months). All are welcome!

#### Chair Pilates— Thursday 10:30-11:30 am at the Family Life Center

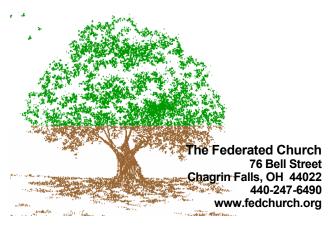
Join us for gentle and mindful exercise to strengthen your arms, legs and core muscles, stretch your legs, shoulders and arms, and improve your standing balance and walking ability as you age. Call Carol to register at 440.655.6257. \$60 for a six-week class, or \$10 per session. Walk-ins welcome

#### Tai Chi—The Movement of Life—Mondays, 10-11 am at Bell St.

The Tai Chi program at Federated is unique in that it has been designed for practitioners over 55 years of age. While participating, the practitioner is engaged in the mental and physical discipline required. Balance is improved and muscles are strengthened. Join at any time. Sign up for an 8-week session for \$120 single or \$200 couple. For information regarding the instructor, Ed Niam, go to www.taichicleveland.com.

## January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		I	2	3	4	5
		All buildings closed for New Year's Day	8-9 am	—Spirit Walk n' Roll — Fl 10:30 am Chair Pilates, Family Life Center	2-4 pm Primetimers go bowling in Solon	
6	7	8	9	10	11	12
<u>10 am</u> Traditional Worship, Bell St.	8-9 am—Spirit 10-11 am <i>Tai Chi,</i> Fellowship Hall	Walk n' Roll — Family Li	6:00 pm Wondrous Wednesday dinner & program, Fellowship Hall	10:30 am Chair Pilates, Family Life Center 6:00 pm Same Boat Girlfriends, meet at Yours Truly	8-9 am—Spirit Walk n' Roll — FLC Gym  9:30 am Trip to ReStore and more, Meet at FLC	
13	14	15	16	17	18	19
10 am Traditional Worship, Bell St. 11:30 am RISE to Shine Worship, Bell St.	8- 10-11 am Tai Chi, Fellowship Hall 10-11:30 am Pillows for Hospice, Daily Bread Room 1:30-3:00 pm Primetime Federated Forum, Fellowship Hall 3:15-4:30 pm Primetime Ministry Team Mtg, Conference Room	9 am—Spirit Walk n' Rol 12:30-3:15 pm Primetime Bridge, Lounge	— Family Life Center Gy 9:45 am Cleveland Clinic Art Trip, Meet at FLC	m 10:30 am Chair Pilates, Family Life Center	2-4 pm Primetimers go bowling in Solon	
20	21	22	23	24	25	26
10 am Traditional Worship, Bell St. 11:30 am RISE to Shine Worship, Bell St. 3:00 pm Andrew Sords Concert, Bell St.	All buildings closed for MLK Holiday	8	-9 am—Spirit Walk n' Rol	1—Family Life Center G 10:30 am Chair Pilates, Family Life Center 12:00 pm Primetime Luncheon, Family Life Center	ym	
27 10 am Traditional	28	29	30	31		
Traditional Worship, Bell St. 11:30 am RISE to Shine Worship, Bell St.	10-11 am Tai Chi, Fellowship Hall	9 am—Spirit Walk n' Rol <u>12:30-3:15 pm</u> <i>Primetime Bridge,</i> Lounge	— Family Life Center Gy 5:15 pm Same Boat Friends, meet at Yours Truly	10:30 am Chair Pilates, Family Life Center		



ADDRESS SERVICE REQUESTED

#### Primetime Mission Statement

Primetime is a church-based organization providing spiritual growth, service to others, and education. This program provides opportunities for social involvement and gives people a sense of community and support. Federated Church sponsors this program to help enrich the lives of its members and the wider community.

HAPPY BIRTHDAY	Janu	uary Birthdays		
Don Weygandt	2	Jack Abbott	20	
Kathie Biggin	2	Mary Mason	21	
Kathy Rayer	3	Joyce Gorretta	21	
Sue Mansour	4	Marilyn Ullman	22	
Dave Carpenter	7	Muriel Lamppert	23	
Ralph Spresser	8	Lori Frey	25	
Flo Olson	9	Carol Basler	26	
John Fitzgerald	10	Don Mitchell	28	
William Bauer	15	Ruth Daniels	29	
Jane Hinman	18	Ginger Gratzl	29	
Skip Riegel	19	Elsie Lutman	30	
Florence Wisniewski	20		_	