

Primetime

"A Mission in our Midst"

May, 2019

Newsletter



He shall come down like rain upon the mown grass as showers that water the earth. —Psalm 72:6

Hi everyone,

Time to change the closets over to our spring/summer wardrobes! Remember as you clean out those closets our donation days for Trinkets and Treasures are April 28-30. The "first look" sale starts May 1 at 5:30 pm out at the Family Life Center. I certainly always find treasures! See more info at the bottom of this page.

Our March trip to Heinen's to celebrate St Patrick's Day was full of laughs. Shannon Welsh from Heinen's paired wonderful small plates with some tasty wines. Everyone aced the St Patrick's Day Trivia game and we learned many Irish sayings, like.... there was no olagonin' (complaining) and the wine was *bloody* (very) good but we did not get *langered* (drunk)! We finished the evening with a fun and spirited Heinen's employee, Ann, who had a lovely Irish accent, who read this famous Irish blessing:

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face;
The rains fall soft upon your fields and until we
meet again,
May God hold you in the palm of His hand.

Also in March, we went to the Rock and Roll Hall of Fame. Our favorite part was watching small snippets of Dick Clark's American Bandstand, which certainly took us down memory lane. Later, the Atrium of Anna Maria welcomed us with a buffet lunch and some bingo. I learned many new bingo games! Such a beautiful place.

On to April – At our "lunch out" at Lord of Life, we saw Damaris Peters Pike portray Dolores Hope, wife of American legend, Bob Hope, and it touched our hearts. Bob Hope was an amazing man and now we know she was a very amazing woman! He lived to 100 and she lived to 102 years old!

April's Federated Forum speaker, Fadia Hamid, spoke to us about "Islam through the eyes of Fadia." There were lots of surprises in learning about the Islamic religion. It's the second largest religion in the world with over 1.5 billion Muslims.

Get those sandals and shorts out and join us for the upcoming activities!

Peace be with you,
Dolly Herschel
Primetime Coordinator



Trinkets & Treasures Rummage Sale

Donation Dates

Housewares, garden tools, *very gently worn* clothing and accessories, children's toys and equipment, antiques and artwork, jewelry, holiday decorations, linens, electronics, books, and furniture. (No cribs, bed pillows, mattresses, encyclopedias, magazines, monitors, TV sets, large appliances or large exercise equipment.)

Drop off items at the Family Life Center on
April 28-29 9am-5pm, April 30 9:00 am—12:00 pm.

Limited pick up and storage may be available. Contact
Kathy Kieta at 440.543.8499 or kakieta@roadrunner.com.

Sale Dates

Wednesday, May 1, 5:30—8:00 pm
(First Opportunity: \$10 Admission)
Thursday-Friday, May 2-3, 9:00 am—5:00 pm
(Free Admission)
Saturday, May 4, 9:00 am—12:00 pm
(Half Price/Bag Day)

Fedchurch.org/TNT

Primetime Photo Gallery

Lunch Out—at Anna Maria



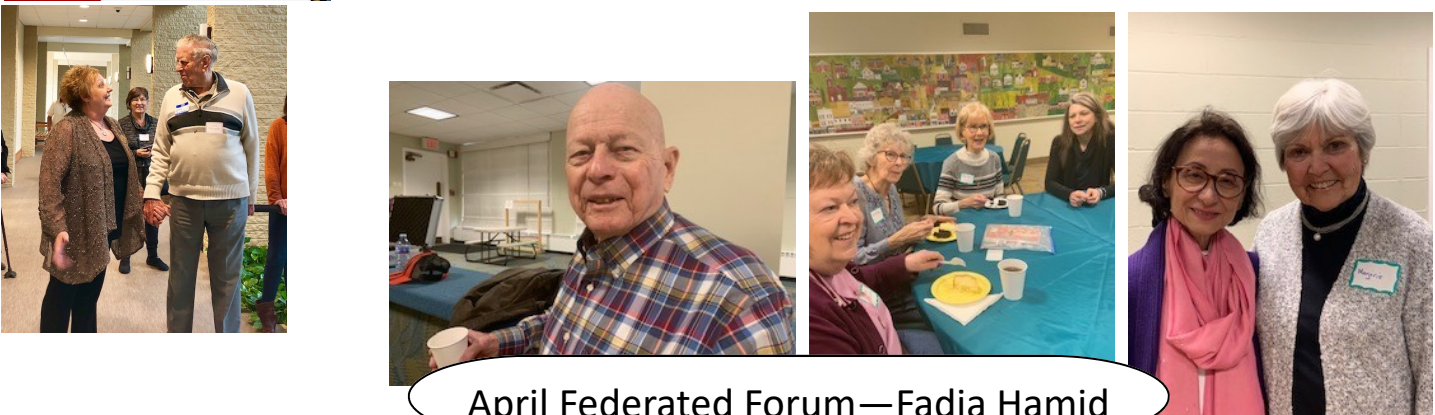
Lunch Out—at Lord of Life



Rock & Roll Hall of Fame



April Federated Forum—Fadia Hamid



Live Well with Vision Loss

Cleveland Sight Center will hold a presentation on "Learn how to live well with vision loss without depending on your eyes." This is put on by and will be held at **The Atrium at Anna Maria, 800 N. Aurora Road, Aurora.**

When: Thursday, May 9

Dinner at 5:30 pm; Speaker at 6:15 pm.

RSVP to Anna Maria by May 2 at 330.562.7777.



It must be serendipity that the topic of vaccination, or lack thereof, is creating headlines around the United States and that, while I am writing this article, I am in the final third day of quarantine after experiencing an infection with a norovirus this past weekend. Believe me, after experiencing this illness, I sure hope that a vaccine is developed soon.

So, how do vaccines work? Vaccines resemble a training course for the immune system. By so doing, they prepare the body to fight disease without exposing it to disease symptoms. When foreign invaders such as bacteria or viruses enter the body, immune cells called lymphocytes respond by producing antibodies which are protein molecules.

The control of infectious disease through immunization is one of the greatest public achievements of the past century. In the United States, the availability of vaccines has reduced or nearly eliminated many infectious diseases that once caused death for thousands of children and adults. Following is a list of deadly diseases that have been eliminated or virtually eliminated in the U.S. thanks to preventative vaccines.

Smallpox—Although a vaccine was discovered in 1796, it was not widely used until the 20th century. Following a concerted worldwide effort at immunization, the deadly disease was completely eradicated in 1979.

Polio—Thanks to polio vaccines, the disease has been totally eradicated from the U.S. and the entire Western Hemisphere.

Yellow Fever—Thanks to mosquito control and the yellow fever vaccine, which was developed in 1936, yellow fever outbreaks have been eliminated in the United States.

Typhoid Fever—This bacterial disease was widespread in the U.S. in the 19th century, especially in the military during the Civil War. Thanks to immunization and advances in public sanitation, the incidence of typhoid fever in developed countries has been reduced to about five cases per one million people per year.

Rubella—Due to widespread use of the rubella vaccine, both rubella and congenital rubella syndrome were eliminated in the United States in 2004.

Rabies—Thanks to animal human vaccines, rabies, which is one of the deadliest viral diseases, the number of cases of rabies in the U.S. has declined from more than 100 per year at the turn of the 20th century to one to two per year.

Haemophilus Influenza Type B—This bacterial infection is the causative agent for a wide range of infections, including meningitis, pneumonia and other bloodstream infections. Since the introduction of this vaccine, the incidence of infection has dropped by 98 percent in the United States.

Tetanus—This serious disease causes death in 30 percent of people who contract it. Before this vaccine became a routine childhood immunization in the 1940s. there were 500 to 600 cases of it per year in the U.S. Since 2000, an average of 31 cases have been reported annually in the United States.

Mumps—Since the mumps vaccine was approved by the FDA in 1967, there are now hundreds rather than thousands of cases per year.

Million Dollar Quartet at the Hanna Theater in Playhouse Square

Wednesday, May 15 | 11:00 am



On December 4, 1956, Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley fatefully found themselves together in a Memphis recording studio. The historic rock 'n' roll jam session that resulted was electrifying.

Step back in time to experience this irresistible tale of broken promises, secrets and celebrations – which boasts powerhouse performances and an incredible score of rock 'n' roll, R&B and country hits, including "Blue Suede Shoes," "Fever," "Walk the Line," "Great Balls of Fire," "Folsom Prison Blues," "Whole Lotta Shakin' Goin' On," "Hound Dog" and more.

When: Depart from Family Life Center at 11:00 am. Return at 4:00 pm.

Meal: On Your Own at Republic Food and Drink. Preorder your meal—options available when you RSVP.

Cost: \$28

Reservations: Call 440.247.6490. Payment due by Wednesday, May 8. Max 30 people.

****We buy tickets in advance from the sign-up sheets. If you cancel after the deadline and there is no waiting list, you will be responsible for the cost of the ticket!****



Cinderella Gets a Makeover: Tea at the Chagrin Falls Historical Society

Wednesday, May 29 | 2:00 pm

Come join us as we hear Marnie Albers, curator of the dolls at the Chagrin Falls Historical Society, talk about nine marionettes that were made by a group of young mothers from Federated Church back in the 1950s! We will learn how these Marionettes came to be, who made them, and how they were used. Also, how much work it was to clean them up. It's a very interesting story you won't want to miss!

We will have some finger sandwiches and pastries along with tea, of course.

After Marnie's presentation, we will have a tour of the museum. You will see painter Max Barnard's work in the Bo Burr Community Room where we will have our presentation. Max Barnard completed over 2,000 works over a nearly 30-year period, using mostly house paint! At the same time, we'll be able to experience their featured exhibit, *The Wars through Their Eyes: Chagrin Valley Veterans*.

When: Meet at Chagrin Falls Historical Society, 87 East Washington St., at 2:00 pm. We will finish at 4:00 pm.

Cost: \$ 15

Reservations: Call 440.247.6490. Payment due by Wednesday, May 22. Max 32 people.



Federated Forum

Monday, May 13
Fellowship Hall

1:30 pm Refreshments;
2:00 pm Program



Presenter: Marge Adler,
pianist/arranger.

Sponsored by
The Atrium at Anna Maria

Marge Adler is relied upon by colleagues across North America for her collaborative skills, keyboard mastery and eclectic approach. Known as a "treasure with at least three hands," Marge was co-composer with the late Tom Luckay and music director for *If Chagrin Could Sing*, a CD of original songs about Chagrin Falls. She has collaborated in concert with David Cangelosi of the Metropolitan Opera and with Phillip Boykin of renown on Broadway. There were days in which Marge would change hats on I-71, after serving as organist for a Cleveland Indians game, to become harpsichordist for the Bach Festival at Baldwin Wallace University.

Marge wrote and performed the musical score for the locally produced film, *Exact Change*, which was featured at the Chagrin Documentary Film Festival. Recently she served a residency as Guest Musical Director for St. Francis by the Lake Episcopal Church (Canyon Lake, TX), and as Guest Collaborative Artist for Cleveland Opera Theater's anniversary tribute to Leonard Bernstein.

Wildwood Cultural Center—Swing Band Concert and Dinner at Molinari's

Wednesday, May 22 | 4:00 pm

We are heading to Mentor to sit on the Wildwood Cultural Center patio and listen to a swing band play some of our favorite songs.



The gardens will be in bloom and we are so ready to enjoy some warm weather. The band plays from 6:30-8:00 pm. We need to bring our own folding lawn chairs. If it rains they will move it indoors.

First we will have dinner at Molinari's which will be such a treat! We will have their famous delicious chicken dish that has chicken, spinach, Jarlsberg cheese and phyllo dough. The lady at the Wildwood Cultural Center said it was her favorite restaurant and favorite meal! The restaurant has an attached wine shop that some of us might want to visit.

When: Depart from Family Life Center at 4:00 pm. Return around 9:00 pm.

Meal: Chicken dinner at Molinari's restaurant.

Cost: \$34 includes dinner and coffee/tea or soft drink

Reservations: Call 440.247.6490. Payment due by May 15.

Save the Date!

**Lunch Out—Cooking Demonstration
for Two**

Wednesday, June 12

Sponsored by and held at The Atrium at Anna Maria

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**Information Night for Federated's  
Pilgrimage to the Holy Land & Jordan**

**Wednesday, June 12 at 7 pm**

**Contact Peggie Jo at [pjshinagawa@windstream.net](mailto:pjshinagawa@windstream.net)  
with questions.**



# Ongoing Primetime Offerings

**Spirit Walk & Roll—Monday through Friday** (see calendar for exceptions) **8-9 am at Family Life Center**  
Come when you can and leave when you must. Walk at your own pace. Bring a buddy if you wish. **Warm inside in the winter; cool inside in the summer!**

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## **Pillows for Hospice—2nd Monday, 10 am at Daily Bread Classroom**



This group of women gather for chatting, laughing, coffee, oh and yes, very basic sewing for a very worthy cause. They create pillows that patients at Hospice of the Western Reserve use as they journey through the final season of life. The little neck pillows are used for comfort. For hygienic reasons, they are discarded after use so there is always a need for more. The fellowship often includes some yummy treats. All are welcome.

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## **Primetime Bridge—1st, 3rd (and 5th) Tuesday, 12:30-3:30 pm at Bell St. Lounge**

Players must sign up by 3:30 pm the Friday before! Sign-ups after that time will be put on a sub list. Remember to call ASAP if you find you can no longer attend. Only 28 players can be seated at seven tables. If interested, please call Harriett Rogers at 440.247.5845 or Coline Kiehne at 440.248.8199.

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## **Same Boat Girlfriends—Thursday, May 9, 6:00 pm**



Same Boat Girlfriends is a social group for widowed women that meets each month. In May, we will meet at Jekyll's Kitchen in Chagrin Falls. To RSVP, contact Jenny Evans at 440.364.3323 or jenny8854@sbcglobal.net by Wednesday, May 8. Also, please tell Jenny if you'll need a ride. Note: Be sure to include your phone number so Jenny can contact you with any last minute updates. Hope you can join us!

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## **Same Boat Friends—Wednesday, May 29, 5:15 pm**

"Same Boat" friends is a social group for widowed men. In May, we will go to Cucina Rustica restaurant on East Washington Street. Each person should drive directly to the restaurant. Plan to arrive by 5:15 pm. To RSVP, call Don Hoke at 440.338.8219 by Monday, May 27. All widowed men are welcome. When you call, advise if you need a ride.

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## **Bowling—1st, 3rd (and 5th) Thursday, 2-4 pm at The Rollhouse in Solon**

Join the Primetime crew for some bowling fun! We meet twice a month (three times on five-Thursday months). All are welcome!

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## **Chair Pilates—Thursday 10:30-11:30 am at the Family Life Center (Bell St. Lounge on May 9)**



Join us for gentle and mindful exercise to strengthen your arms, legs and core muscles, stretch your legs, shoulders and arms, and improve your standing balance and walking ability as you age. Call Carol to register at 440.655.6257. \$60 for a six-week class, or \$10 per session. Walk-ins welcome.

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## **Tai Chi—The Movement of Life—Mondays, 10-11 am at Bell St.**



The Tai Chi program at Federated is unique in that it has been designed for practitioners over 55 years of age. While participating, the practitioner is engaged in the mental and physical discipline required. Balance is improved and muscles are strengthened. Join at any time. Sign up for an 8-week session for \$120 single or \$200 couple. For information regarding the instructor, Ed Niam, go to [www.taichicleveland.com](http://www.taichicleveland.com).

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## **Mahjong—Fridays, 1 pm at Bell St. Lounge**



We welcome you to join in a lively game of Mahjong. No prior knowledge needed. If you are interested... just show up! We will split up into groups of three or four to play. If you have a game, please bring it along. If you have questions, contact Ann-Marie Heston at amngh@icloud.com.

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# May 2019

| Sun                                                                                                              | Mon                                                                                                                                                                                                                                                                 | Tue                                                           | Wed                                                                                                                                 | Thu                                                                                                                                                                                                  | Fri                                                                                                                                    | Sat                                                                                                   |
|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
|                                                                                                                  |                                                                                                                                                                                                                                                                     |                                                               | <b>1</b><br><u>5-8 pm</u><br>Trinkets & Treasures<br>"First Look" Rummage Sale, Family Life Center<br>(see SPIRE)                   | <b>2</b><br><u>9 am-5 pm</u><br>Trinkets & Treasures Rummage Sale, Family Life Center<br>(see SPIRE)<br><u>10:30 am</u><br>Chair Pilates, Lounge<br><u>2-4 pm</u><br>Primetimers go bowling in Solon | <b>3</b><br><u>9 am-5 pm</u><br>Trinkets & Treasures Rummage Sale, Family Life Center<br>(see SPIRE)<br><u>1 pm</u><br>Mahjong, Lounge | <b>4</b><br><u>9 am-12 pm</u><br>Trinkets & Treasures Rummage Sale, Family Life Center<br>(see SPIRE) |
| <b>5</b><br><u>10 am</u><br>Traditional Worship, Bell St.<br><u>11:30 am</u><br>RISE to Shine Worship, Bell St.  | <b>6</b><br><u>10-11 am</u><br>Tai Chi, Fellowship Hall                                                                                                                                                                                                             | <b>7</b><br><u>12:30-3:15 pm</u><br>Primetime Bridge, Lounge  | <b>8</b>                                                                                                                            | <b>9</b><br><u>10:30 am</u><br>Chair Pilates, Family Life Center<br><u>6 pm</u><br>Same Boat Girlfriends, meet at Jekyll's Kitchen                                                                   | <b>10</b><br><u>1 pm</u><br>Mahjong, Lounge                                                                                            | <b>11</b>                                                                                             |
| 8-9 am—Spirit Walk n' Roll — Family Life Center Gym                                                              |                                                                                                                                                                                                                                                                     |                                                               |                                                                                                                                     |                                                                                                                                                                                                      |                                                                                                                                        |                                                                                                       |
| <b>12</b><br><u>10 am</u><br>Traditional Worship, Bell St.<br><u>11:30 am</u><br>RISE to Shine Worship, Bell St. | <b>13</b><br><u>10-11 am</u><br>Tai Chi, Fellowship Hall<br><u>10-11:30 am</u><br>Pillows for Hospice, Daily Bread Room<br><u>1:30-3:00 pm</u><br>Primetime Federated Forum, Fellowship Hall<br><u>3:15-4:30 pm</u><br>Primetime Ministry Team Mtg, Conference Room | <b>14</b>                                                     | <b>15</b><br><u>11 am</u><br>Trip to see Million Dollar Quartet, Meet at FLC                                                        | <b>16</b><br><u>10:30 am</u><br>Chair Pilates, Family Life Center<br><u>2-4 pm</u><br>Primetimers go bowling in Solon                                                                                | <b>17</b><br><u>1 pm</u><br>Mahjong, Lounge                                                                                            | <b>18</b>                                                                                             |
| 8-9 am—Spirit Walk n' Roll — FLC Gym                                                                             |                                                                                                                                                                                                                                                                     |                                                               |                                                                                                                                     |                                                                                                                                                                                                      |                                                                                                                                        |                                                                                                       |
| <b>19</b><br><u>10 am</u><br>Traditional Worship, Bell St.<br><u>11:30 am</u><br>RISE to Shine Worship, Bell St. | <b>20</b><br><u>10-11 am</u><br>Tai Chi, Fellowship Hall                                                                                                                                                                                                            | <b>21</b><br><u>12:30-3:15 pm</u><br>Primetime Bridge, Lounge | <b>22</b><br><u>4 pm</u><br>Trip to Wildwood Cultural Center                                                                        | <b>23</b><br><u>10:30 am</u><br>Chair Pilates, Family Life Center                                                                                                                                    | <b>24</b><br><u>1 pm</u><br>Mahjong, Lounge                                                                                            | <b>25</b>                                                                                             |
| 8-9 am—Spirit Walk n' Roll — Family Life Center Gym                                                              |                                                                                                                                                                                                                                                                     |                                                               |                                                                                                                                     |                                                                                                                                                                                                      |                                                                                                                                        |                                                                                                       |
| <b>26</b><br><u>10 am</u><br>Traditional Worship at the Family Life Center.                                      | <b>27</b><br><br>All buildings closed for Memorial Day                                                                                                                           | <b>28</b>                                                     | <b>29</b><br><u>2 pm</u><br>Trip to Chagrin Falls Historical Society<br><u>5:15 pm</u><br>Same Boat Friends, meet at Cucina Rustica | <b>30</b><br><u>2-4 pm</u><br>Primetimers go bowling in Solon                                                                                                                                        | <b>31</b><br><u>1 pm</u><br>Mahjong, Lounge                                                                                            |                                                                                                       |
| 8-9 am—Spirit Walk n' Roll — Family Life Center Gym                                                              |                                                                                                                                                                                                                                                                     |                                                               |                                                                                                                                     |                                                                                                                                                                                                      |                                                                                                                                        |                                                                                                       |





The Federated Church  
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[www.fedchurch.org](http://www.fedchurch.org)

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## Primetime

## Mission Statement

*Primetime is a church-based organization providing spiritual growth, service to others, and education. This program provides opportunities for social involvement and gives people a sense of community and support. Federated Church sponsors this program to help enrich the lives of its members and the wider community.*



## May Birthdays

|                |    |                    |    |
|----------------|----|--------------------|----|
| Chuck Hauser   | 1  | Marian Svec        | 18 |
| Chuck Gates    | 2  | Rita Coney         | 19 |
| Judy Rice      | 7  | Mary Dixon         | 20 |
| Gerry Powers   | 9  | Pris Hoag          | 27 |
| Betsy Hellmuth | 10 | Genny Mustin       | 29 |
| Lori Hilty     | 10 | Shirley Zook       | 29 |
| Jan Dolohanty  | 10 | Carole Mason       | 30 |
| Marilyn Lucas  | 11 | Claudette Whitelaw | 31 |
| Jim Lucas      | 13 |                    |    |
| Lynn Bamberger | 16 |                    |    |