Properties Feasibility Task Force—Letter and Q&A Sessions

Members and friends of Federated Church received in the mail this week a letter from Church Council. The letter explains the Council's decision, arrived at after a recommendation from the Properties Feasibility Task Force, to engage a commercial real estate agent to prepare a sale prospectus for our Family Life Center, exploring prices and options for that facility and grounds. Please read that letter and learn the Council’s thinking. And then let the Council know your thoughts and reactions.

There will be numerous opportunities to let the Council know your reactions. Properties Feasibility Task Force and Council members are in the process of spending time with ministry teams and commissions. Each Sunday, there will be two opportunities to engage in conversation, at 10:30 am and 11:15 am in the Chapel.

On Sunday, June 23 at 12:30 pm, there will be a congregational meeting to affirm Council's vote on the proposal to engage the realtor. Then in the fall, once the realtor has presented us with possible options, there will be a congregational vote on how to proceed. Please learn about the issues and come to any session to let your thoughts and feelings be known. Then join us June 23 for the meeting and vote.

Spirits & Spirituality

By Judy Bagley-Bonner

Dear Federated Friends,

I am so looking forward to spending the summer with you as Susi Kawolics takes some much needed time away. Once I knew I was coming, I knew right away that I wanted to share with you a new program that we have been using with great success at my church in Florida. We call it "Spirits and Spirituality" and it is a program where people gather casually in a local pub to discuss intriguing questions about life, spirituality or theology.

An example of prepared questions might be: "What drains life from you, and what replenishes it?" or "Why does God allow pain and suffering?" or "What do you believe about the afterlife?" This is also a wonderful program to which to invite your un-churched family and friends. In fact, people of all faiths and people of no faith are invited.

All we ask is that:
* Participants agree to be respectful of all opinions, even if you disagree.
* Participants remember that there is no wrong answer.
* Participants agree not to interrupt one another.
* Participants agree to monitor how long they talk so there is time for everyone.

We will be meeting at Burntwood Tavern from 6-8 pm. Everyone will have a separate check and can order dinner or just beverages or whatever you want. A 20% gratuity will apply. We'll meet every other Monday beginning June 17 and running through July 29 (June 17, July 1, July 15 and July 29).

RSVPs are required. The cut-off to register is after church services the day before the gathering, or max 25 people. Please call Federated to sign up: 440.247.6490

I very much look forward to these casual conversations about things that matter.

- Judy Bagley-Bonner
Cleveland’s Pride March
Saturday, June 1 | 11:30 am
Downtown Cleveland

Here at Federated, we believe in an extravagant welcome. As a congregation, we are open and affirming to “all races and ages, mental and physical abilities, marital status, gender or sexual orientation,” as we enthusiastically proclaimed in February of 2009. Great! So, you can “talk the talk,” but will you “walk the walk?”

Join your fellow Federated LGBT allies for the Cleveland Pride March. The parade starts at noon and marches to Public Square. **We’ll meet at 11:30 am at the start to march as a group.** Look for our Federated banner!

If you are interested in carpooling or driving there as a group, contact Susi Kawolics at skawolics@fedchurch.org or 440.247.6490 x102.

There are lots of festivities after the parade. Complete info can be found at: [lgbtcleveland.org/pride-in-the-cle](http://lgbtcleveland.org/pride-in-the-cle).

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All-Church Potluck on Summer Solstice
Friday, June 21 | 6:00 pm
Frohring Meadows
(16780 Savage Rd, Chagrin Falls, OH)

Come and enjoy the summer with an old-fashioned church potluck.

Everyone is welcome to attend... so bring a friend or two! This is perfect for the whole family

Please bring a dish to share, as well as your own service items, plates and silverware (in an effort to be green and reduce waste). Beverages will be provided.

Outdoor games welcome. Take a walk. Enjoy nature.

Sponsored by the Congregational Care Commission.
From Hamilton’s Desk

Dear Friends,

Most of you are probably aware of the letter sent by Church Council on May 13, a letter asking the congregation for an affirmation of Council’s desire to engage a commercial realtor to explore options and prices for selling the Family Life Center in Bainbridge. We will have a Congregational Meeting on Sunday, June 23, at 12:30 to talk more about it and to look for that affirmation.

As you can imagine, church leadership has received a wide array of responses, all the way from "It’s about time" to “How dare you.” I won’t try to respond to particular opinions here, or to reiterate points the Council has already made. It’s sufficient for me to invite you to read the letter if you haven’t, and to reflect on the financial costs should we decide to retain the FLC. As one of our church leaders has said, if we don’t sell it, we have some crucial reflecting to do about that facility, because “to continue operating and using it in the same way we are now is not a viable option.”

What I want to do in this space is three things. First I want to say how seriously the Council takes the concerns that have been expressed about the Prayer and Memorial Gardens, and the ashes and memorial stones that grace those grounds. No recommendation, much less decision, about the FLC will be made without deep attention to the sacredness of that place.

Second, no matter how we decide to proceed, it is vital, as a church of Jesus Christ, that we model what it means to discuss important issues humanely and respectfully. The Council is modeling that sort of approach in these weeks by carefully listening to the thoughts and feelings of the congregation. This is, of course, appropriate for all of life—work, play, family, neighborhood. When there are strong feelings about a subject, it’s always best to let them be expressed. Something on the order of “Tell me how you’re feeling about this,” we might say to each other. Seldom do feelings just go away on their own. They need to come out. And if they come out directly, it’s so much better than if they come out indirectly. Part of loving each other is welcoming thoughts and feelings different from our own.

Along with the need to listen to each other goes the responsibility of affirming each other even, and maybe especially, when we don’t agree. Ours is an era in which disagreement often leads to disrespect and even vitriol. It’s worth asking ourselves, when we disagree, “Am I letting this disagreement get in the way of my loving this other person?” Because if it is, then the living Christ is nudging us, pushing us even, to make connections, to respect the other person, to convey grace and peace to each other. We will still inevitably disagree with each other about all sorts of issues. Even then, though, we are called to look at each other with eyes of love.

The third thing I want to do here is to buoy us. It is sometimes tempting, in the face of thorny questions, to let our hopes wane and our spirits flag. Once upon a time, two Chagrin Falls congregations had to decide whether and how to merge. And once they did, this marvelous congregation has had to weather storms involving war and inequitable housing and racism and sexism and homophobia. We have had to decide whether to build a new sanctuary and how to use the Chapel and whether to build a new facility in Bainbridge. Not only have we survived all of those and more, but throughout our long and lively history we have continued to be filled by God’s blessing and grace.

And now, we have a new challenge in front of us. Sometimes our differences may seem intractable. Through it all, though, God is moving in creative, healing, hopeful ways. Our call is to trust—both God and each other. Our call is to live the challenges we face with dignity and grace and a deep conviction that “all shall be well.” May we be at peace with the life God is living in and through us. It is all an incredibly rich blessing.

Yours in Christ,
Hamilton
Church Council

On May 13, a letter went out to members of Federated with a recommendation from Council to engage a commercial real estate agent to prepare a sale prospectus with prices and options for the sale of the Family Life Center (FLC). This letter was the result of a six-month study done by a Properties Feasibility Task Force, which followed years of prior discussion and considerations of the use and sustainability of the FLC. Below are a few facts from the letter. The letter and additional information is available for viewing in the Church Office.

- The Task Force considered the use and sale of each of the three church properties as well as many suggestions for uses of the FLC.
- After all revenue and expenses are totaled, both the FLC and 76 Bell St. run a shortfall of $125,000 individually, and both buildings are understaffed due to budget constraints. Our current budget and staffing cannot maintain both buildings adequately.
- Our conditional use permit with the Bainbridge Zoning Board is up for review in 2021.
- Estimated sale price of the FLC is in the range of $2-4 million, which if invested, could provide a 4% return to support our budget.
- Should we sell the FLC, we will work together to find the most caring options for the Memorial Gardens.
- Congregational Meeting on Sunday, June 23 at 12:30 to affirm Council recommendation. The purpose is to gather feedback as Council takes its next steps in this process.
- Listening Sessions are being held each Sunday at 10:30 and 11:15 in the Chapel.
- Council and Task Force members are visiting commissions, committees and ministry teams.
- Sale of the FLC must be approved by congregational vote.
- Council will call a congregational meeting in the fall to present the realty findings.

We, as a Council and a group of involved and invested church members, are ourselves grieving the potential loss of this facility and what it was meant to represent. We are also bound by our responsibilities of fiscal oversight for this church and its continued livelihood. We ask that you take an opportunity to share your thoughts and feelings and to listen to others. We also ask that you pray in earnest for the discernment of God’s will throughout this process, and for the best path forward as we seek to bring the light of God into the world through the mission of Federated Church.

Beth Rutkowski
Moderator
News & Info

What are those green stripes? What do you mean I might be ticketed?

In Spring 2017, Federated joined the Chagrin Village Parking Share to help employees in the Village have access to much-needed parking. In exchange, the Village pays rent for the spaces and helps maintain them (e.g., striping, signage, salting in winter). The Village leases 10 spaces, designated by green striping, from the church. **Those are reserved Monday through Saturday, from 8 am to 8 pm, for Village employees who have parking permits.**

Recently the Village has redoubled its efforts to ensure spaces throughout the city are being used as agreed. If not, **cars without permits will be ticketed.** The lease expires in June 2020 at which time the church will review its efficacy.

Where have all our yellow stripes gone?

The rainy weather has delayed the patching and re-striping (of yellow lines) of the lot. We hope to have that done by mid-June, and are really looking forward to it!

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July/August SPIRE Deadline

Do you have something you’d like to see appear in the next edition of the SPIRE?

Please email your information to Trisha Holland at communications@fedchurch.org by **Saturday, June 15.** Thank you!

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Fellowship Treats

Members of the congregation take turns bringing in treats for between Sunday services, as scheduled by the Congregational Care Commission.

Please bring treats that are ready to serve. Healthy food choices are especially welcome! **Please no nuts.** We encourage attendees of the 11:30 service to come early to enjoy our delicious and enjoyable fellowship time!

June 2 – last names beginning with H, I, J or K
June 9 – last names beginning with L or M
June 16 – last names beginning with N, O, P, Q or R
June 23 – last names beginning with S or T
June 30 – last names beginning with U, V, W, X, Y, Z

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A Garden Devotion

*From the Congregational Care Commission*

It’s time for planting gardens. Here are some instructions for planting a **Christian Garden.**


Then five rows of lettuce: **Let us be faithful. Let us be unselfish. Let us be loyal. Let us be truthful. Let us love one another.**

And no garden is complete without turnips:
**Turn up for church. Turn up with a smile. Turn up with determination.**

*These instructions are provided with thanks to Ann Landers.*
Capital Campaign News

Rejoice & Renew Capital Campaign Projects Update

Last month our update included a list of those capital campaign projects that will be completed in 2019. Work has begun on the first three projects listed: replace grounds equipment, purchase Sanctuary A/V equipment, and install keycard entry at Bell Street.

Jake Magalski, Properties Maintenance & Grounds Lead, will be doing his happy dance now that the church has purchased a weed wacker. It’s perfect timing because the much-desired warmer weather is also bringing the weeds! In addition, we will soon receive a third proposal for the installation of a keycard entry system. Comparing three proposals will allow Amy Eugene, our Senior Director of Operations, to choose the best one for our situation.

In the meantime, a preferred vendor has been chosen from proposals submitted to upgrade the audio/visual equipment in our Sanctuary. The new equipment will include a projector and a confidence monitor. A confidence monitor is a screen that faces the Chancel that is easily visible to someone facing the pews – making it easier to see what is being projected onto the screen behind them.

The recent Lenten Sketches, which our music program presented on Maundy Thursday, is the perfect example of how we are using visuals to better connect with folks in our congregation. This photo gives a comparative look at the difference between what we see now (top) and what will be available with the new projector (bottom) – a larger and crisper picture.

New audio/visual equipment for the Sanctuary was included in the Rejoice & Renew Capital Campaign goals. Thanks to the TNT COMMITTEE, we will also have upgraded A/V equipment in the Fellowship Hall! All that hard work has raised a record number of dollars at the TNT sale and the committee has approved using some of the proceeds to pay for a new A/V system in the Fellowship Hall. Have you been to a meeting, event reception, or Wondrous Wednesday in the past year or two when the A/V didn’t work there? Or have you seen a leader or presenter spend the first 15 minutes of an event trying to get a presentation to appear on the screen? **Thanks to TNT, there is help in sight!** Our audio/visual offerings in Fellowship Hall will now include a much-needed projector and new screen. Hip Hip Hooray!

It is such a delight to see our church family wrapped around the spirit of the capital campaign. We are taking care of our church, as it has taken care of us over the years. Thanks be to God!
Federated Happenings
Social Justice Advocacy Ministry (SJAM) News

Our ministry team continues to be active this month and throughout the summer with social justice events—
Anyone is welcome to join. Our next meeting is Sunday, June 2 in Room 240 at 11:15 am (after the 10 am worship service).
If you want more info about any of our activities, contact Rev. Susi Kawolics at skawolics@fedchurch.org or 440.247.6490 ext. 102.

June is Gay Cleveland Pride March
Saturday, June 1, 11:30 am | PRIDE in the CLE March in Downtown Cleveland
Join your fellow Federated LGBT allies for the Cleveland Pride March. See page 2 of this newsletter for more information.

Wednesday, June 12, 11:30 am – 12:15 pm | 49 Bells at Federated Church Chapel
We at Federated will be joining hundreds of other churches across the world in “49 Bells”-tolling bells in commemoration of the 49 victims of the Pulse Nightclub shooting in Orlando, Florida on June 12, 2016.
Come and participate by watching the short documentary about the shooting called Love the Sinner in the Chapel at 11:30 am, and then in the tolling of the bells at noon. There will be reading of the names of the victims, and prayers for a world where all are accepted and loved just as they are.

June Movie night – Off-site
Monday, June 17, 7:00 pm | Movie: Emanuel at Solon Cinemas
We will gather at the AMC Solon 16 Cinemas (6185 Enterprise Pkwy, Solon) at 7:00 pm to watch the extraordinary film Emanuel, about the shootings at Emanuel Church.
Featuring intimate interviews with survivors and family members, Emanuel, from executive producers Stephen Curry and Viola Davis, is a poignant story of justice and faith, love and hate, examining the healing power of forgiveness. Come watch the movie and gather at Starbucks for discussion afterward.

Creation Justice – What can we do to care for God’s Creation?

Green Tip of the Month
This month, you can switch your electric energy to 100% renewable energy. Fixed rate and 100% renewable electricity.
To opt-in call the NOPEC customer care line at 855.667.3201.
Federated Happenings

Legacy Fund Planned Giving Seminar

At the end of April, the Legacy Fund Committee hosted their first planned giving seminar. Planned gifts are directed to the church’s Legacy Fund, which acts as our endowment fund - annually supporting our church operations and ministries. That, in turn, supports the church’s long-term financial health.

These seminars are meant to:
- thank members who have already established planned gifts for the church,
- share experiences and ideas with others who are thinking of doing this, and
- provide an environment in which members feel comfortable asking questions.

Hamilton Throckmorton, Pete Franz, and Rob Goble hosted a wonderful group of people who brought great questions and a lively discussion to the table. It was such a fulfilling experience that we’re going to try to host more seminars in 2019 - off and on-campus.

Did you miss this one? Check back to get information about the next seminar that we are planning. If you have questions, contact Laura Taylor at rejoiceandrenew@fedchurch.org.

Special Fifth Sunday Service Returns on June 30

Colorado Kids return from their trip to the Rockies and together we will share and create what it means to be in a community of faith (and build a mountain)! And, there will be yummy treats!

They broke bread together in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. Acts 2:46-47

Education is for everyone!

By Rev. Susi Kawolics

Please join the Northeast Ohio School of Ministry (NEOSOM) for an Open House at Pilgrim United Church of Christ, 130 Broad Boulevard, Cuyahoga Falls, OH 44221 on Thursday, June 13 from 5-7 pm. Come to learn, fellowship, and enjoy refreshments.

I serve as the Chair of the NEOSOM Steering Committee, and will be participating in a panel discussion that evening. If you’re interested in coming, please let me know if you want to meet me at Federated Church parking lot at 3:45 pm for a ride down.

The Northeast Ohio School of Ministry (NEOSOM) supplements the adult lay education programs of the churches of the Living Water Association of the Ohio Conference of the United Church of Christ. Classes of 16 contact hours, usually lasting six to eight weeks, are offered in the fall, winter, and spring, and, unless otherwise noted, are open to anyone seeking to enrich their Christian faith through education. Some courses are taught online and others are taught at a location central to most of our churches.
Federated Happenings

Pilgrimage to the Holy Land & Jordan Information Night
Wednesday, June 12 at 7:00 pm in Fellowship Hall

See photos of the places we will visit, learn more details of the trip and have your questions answered. Contact Peggie Jo Shinagawa at pjshinagawa@windstream.net if you have other questions.

We are partnering with Magi Travel for a pilgrimage to the Holy Lands April 19-May 1, 2020. This trip is more than a tour of historical places, but a spiritual journey as stories of our faith become tangible while walking in the footsteps of Jesus and His disciples in Nazareth, Cana, Jerusalem, Bethlehem, Galilee, and swim in the Dead Sea. We’ll be able to encounter God in new ways through worship, prayer and communion services led by Hamilton in these hallowed places.

A detailed brochure is available in the Bell St. Lobby or at fedchurch.org/trips.

The cost is $3,995 for double occupancy in 5-star hotels, dedicated tour bus, local guide and head sets, all breakfasts & dinners, and gratuities. Optional group airfare of $1,895 is available. You may register online with a $500 deposit. Space is limited and will be based on a first come basis.

Communion for Shut-ins Ministry Training
Sunday June 9, 2019 12:30 pm Bell St. Lounge

Communion is a solemn and sacred moment between God and you – so imagine how you would feel being unable to participate in Communion with your church family because of a prolonged physical or mental condition?

The Congregational Care Commission is sponsoring a training to provide Communion to the Confined. Individuals who feel called to this ministry should register to attend this session led by Senior Pastor, Rev. Hamilton Throckmorton. Once trained, you will serve the Sunday’s Communion elements to shut-ins in their homes.

Light lunch provided. If you have any questions, please contact Peggie Jo Shinagawa at 440-543-5974.

RSVP at the Bell St. Reception Desk, or call 440.247.6490.
Federated Happenings

Reiki I & II Training

Reiki is a Japanese energy healing technique that promotes health & well-being, relieves stress, promotes deep relaxation, speeds recovery from illness & injury, and reduces pain. Learn to use this energy in your everyday life to support yourself, and to support family & friends. This ancient practice is receiving widespread acceptance, even in the medical community! Reiki is offered currently at UH and at the Cleveland Clinic. Dr Oz says ... “The next big frontier in medicine is energy medicine.” Learn the history of this healing art, receive the Reiki I & II attunement, & practice the skills in a supportive learning community.

Registration deadline is Sunday, June 9. Class size is limited.

The class combines lecture, discussion, attunement, meditations and experiential practice in a well organized, but relaxed program. A certificate for Reiki I & II Training is awarded upon completion.

Wednesdays, June 12 & 19
10:00 am - 3:30 pm each day
At the Home Studio of Polly Manke

Cost: $249. Contact Polly with questions & to register: polly@pollymanke.com.

Faith Formation and Spirituality

Coming This Fall: Spirituality 101
Led by Mary Senechal & Rev. Judith Bryan

What is spirituality? What is the spiritual life? How can we be more aware of God's movement and presence in our lives? How might we explore our internal life and relationship with God? How can we strengthen our spiritual life?

Through study, discussion and practice we will seek to deepen our relationship with the Holy One and one another. Mary and Judith will provide short readings, facilitate conversation and guide a variety of prayer practices that have sustained Christians over the centuries. This six-week series takes place Wednesday evenings 7:00—9:00 pm, beginning September 11 and running through October 16. The series is intended for men and women of all ages and stages in their faith development journey. Stay tuned for more info.

Our Newest Confrmands

The Federated Church Confirmation class of 2019 adds passionate energy and minds-on sojourners to our faith community. Welcome!

Isabella Atkinson, Lance Buescher, Will Dietz, Colin Mast, LE Healy, Max Mignogna, Susannah Rutkowski, and Gavin Scocos
Mission & Service

Financial support needed for the annual youth group trip to Colorado

We hear it time and time again... “This trip has made my son into the man he is today” or “my entire family has benefitted from our child’s participation in the Colorado Trip” and “this experience has empowered my daughter, I cannot thank you enough.” That is why the financial support we provide is so important! We want to reach as many kids as possible and we can do it with your help!

The Colorado Trip for 2019, which starts on June 22, is fast approaching. We once again have a need for financial support for some of our participants. These funds will help with proper clothing, boots and supplies as well as trip costs. The Congregation has always seen the wisdom of supporting this amazing Faith Journey; I pray that you will be able to do the same this year. Kids and their families pay what they can and they work very hard on the fundraisers throughout the year, but this trip is not possible without your generous contributions. If you feel called to help us, please make checks payable to the Federated Church and mark the memo line “Colorado Funds.”

Thank you for your prayerful consideration,
Marty Culbertson, Director of Youth Faith Formation

Strengthen the Church Special UCC Offering

To be collected June 9

Strengthen the Church (STC) is a special mission offering to reimagine and build the future of the UCC. Shared at the conference and national level, STC largely supports youth ministries and full-time leaders for new churches in parts of the country where the UCC voice has not been heard.

As God calls our congregations to be the church in new ways, your generosity will plant new churches, awaken new ideas in existing churches and develop the spiritual life in our youth and young adults. Federated will receive the STC offering on ( Pentecost Sunday, June 9 ) this year.
Mission & Service

Work Camp Camperships Needed

This summer, 18 students and adults will be traveling to Corozal, Puerto Rico to help in the aftermath of Hurricane Marie. Although it was a year and a half ago, shockingly little has been done to help the families who were left devastated in the wake of that storm. We will be undertaking a number of building and clean-up projects.

We have a number of students in need of some help. Each one is fundraising on their own, and the parents are helping as much as they can, but they will be short the amount needed to pay for their trip.

If you feel so led to help send a teen to work camp, please make the check out to Federated Church and put “PR Work Camp” in the memo. We keep your help anonymous but you will hear from the student after the trip.

You may give your check to Mark Simone, Pastor of Children’s Youth, and Family Faith Formation, or drop off at the Church Office. Thank you!

A Special Thanks

I am so grateful for all of your loving and ongoing prayers. BLESS YOU and BLESS this so important ministry. It has meant so much to me and our family.

How blessed I have been to be married to dear Dave for almost 58 years. Our marriage was indeed a partnership in countless endeavors. As you know, Dave was a person of compassion, kindness, deep faith, great love and abundant zest for life and ministry in so many ways. We shared so much and enjoyed so well our life together. He was a wonderful husband, caring and committed dad, grandpa, uncle, great uncle, brother-in-law, cousin, friend to all.

How we loved our years at Federated and are so grateful for that special time.

Thank you. Thank you.

Love,
Priscilla

To our Federated Family

Kath & I simply want to thank our Federated Family & so many of you for your prayers / well wishes / notes / cards / calls / emails / great meals!

Between Kath’s shattered femur on February 7, surgery & rehabilitation & not to be out done, my fall & broken femur & hip surgery on March 17, & rehabilitation, we have been humbled by all types of kindnesses we’ve received in the last few months.

Sincerely & with love,
Kathy & Bill Franz

Enjoy Spring!
A Special Thanks

Thank You For a Successful 10th Annual Trinkets & Treasures

In order for Trinkets & Treasures to be successful, it takes people who donate, people who volunteer and people who shop. Thank you to everyone who made it possible for us to raise a total of $24,600. At the end of our sale, the following charities benefited from our remaining donations: St. Paul's Church, Chagrin Falls Park Community Center, Rescue Village, WomenSafe, Habitat for Humanity ReStore and Volunteers of America.

First of all, thank you so much to the people who donated so graciously from their homes to share with others. Without your generosity, there could be no TNT.

This year we had over 100 volunteers who gave of their time, energy and enthusiasm. In addition, these volunteers were augmented by the Boy Scouts and members of JOY, all of whom worked very hard, hauling and sorting.

Special thanks to the wonderful people who took leadership roles in our 2018 Trinkets & Treasures. Their expertise, hard work and enthusiasm made the work fun and rewarding.

Marnie Albers       Nancy Haag       Joyce McFarland
Cindy Barclay      Don Hoke        Sandra Meyer
Bob Bathgate       Lynne Kessell    Jeff Pierce
John and Marilee Biet     Kathy and Dennis Kietä Gloria Lapsansky
Jan Blank
Norma and Trent Bobbitt    Sally Kaa Lyle    Wendy Pierce
Nancy and Nelson Fenner  Judy Maloni  Jim and Linda Squire
Sharon Hoadley

A big salute to our church staff. Special thanks to Trisha Holland for her invaluable help with our advertising and promotion.

Thank you to each of the following volunteers for your hard work and enthusiasm. We really had a great time working together.

Phoebe Atkinson    Bill Franz     Caroline McClellan    Harriett Rogers
Isabella and Sydney Atkinson Claire and Kendall Guddy Mike and Ruth Moore Linnea Rostek
Fran Bayless        Mari Hageman    Merilyn and Tom Morrow Donna Rule
Mary Ann Boysen     Robin Hargen    Tami Munson        Martine Scheuermann
Rose and Peter Brown Allison Hawkes Lynne Muzik        Jeri Shaffer
Jeff Brown
Gayle and Bill Bauer Mary and Jack Hobbs Darlene Nichols Nancie Skonezny
Dave Carpenter      Donna Hogarth    Rita Nichols        Alice Taylor
Stacy Cianciolo     Carol Kelly      Gay Quintin        Laura Taylor
Martyl Cubertson    Dan Kershner    Betsy Rader         Hamilton Throckmorton
Tom Davis
David and Judy DeVore Mary Kriswell    Kathy Rayer         Diane Tuuri
Sunny Doxey
Roger and Brenda Ehle Laura and Charlie Kress Mary Lou and Skip Riegel Carole and Don Wakeman
Barb Erdelack       Carol Laird      Judy Riemensnieder Kay Wellman
Phyllis Ference     Pat Leech        Linda Robertson    Bill Wiltrick

If I have missed anyone who helped with Trinkets & Treasures, please forgive me and know that you really were appreciated. It was a privilege to work with each and every one of you wonderful people.

Last, but certainly not least, thank you to our shoppers. We hope that you found your own special trinkets and/or treasures.

God bless you all,
Mimi Bathgate
Telling Our Story Spotlight

Physically Active Programs at Federated

By Laura Taylor

...speaking the truth in love, we must grow up in every way...into Christ...as each part is working properly, promotes the body’s growth in building itself up in love.  
- Ephesians 4: 15-16

As I was sitting in the pews on a Sunday morning in May, I began perusing the Announcement section of our Worship Bulletin and noticed that quite a few programs listed in the Weekly Calendar work to keep us movin’ and groovin’. Each of these programs (as well as Wednesday evening Co-Ed Basketball that didn’t take place this particular week) are a ministry that encourages spiritual community and connection while encouraging attention to our physical health and wellness.

Spirit Walk & Roll: Five mornings a week at 8 am
Primetime Tai Chi: Monday mornings at 10 am
Tributaries: Yoga – Spirit – Renewal: Tuesday mornings at 10 am
Tributaries: Chair Pilates: Thursday mornings at 10:30 am
Primetime Bowling: Thursday at 2 pm (1st, 3rd and 5th Thursday of each month)

Although Primetime sponsors two of these activities, I have attended the Tai Chi class on Mondays and was assured by the instructor, Rev. Edward Niam, that anyone is welcome to join them. It’s a great group of folks who meet weekly to learn the movements that constitute a graceful form of exercise. Often described as meditation in motion, Tai Chi promotes serenity through gentle, flowing movement. Sifu Niam is an ordained minister and Director of Spiritual Services Ministry, founder of Tai Chi Institute USA, and creator of ~The Movement of Life~ which provides training for people of all ages to improve their mental and physical health through concepts found in Tai Chi, Qi Gong, Meditation, Shaolin Kung Fu and Traditional Chinese Medicine.

The Tributaries ministry began in the mid-1990s by Priscilla Norling when she asked a local yoga instructor to offer a class at Federated as a Spiritual Life Offering. Tributaries began to take shape more formally as a well-thought-out, well-planned effort under the guidance of Judy Bagley-Bonner and a small committee (Polly Manke, Kathy McMullin, Barb Church, Kathy Beard, and others). The program was designed to bring fee-based spiritual programming to Federated and to expand spiritual offerings for the community. Instructors offer a spiritually-based or personal development class and pay Federated 30% of what they bring in, in lieu of paying a flat rental fee. Feel free to talk to Carol Kelly (schakell51@aol.com) about her Chair Pilates class or Polly Manke (pjmanke5@yahoo.com) about her Yoga class, if you’re interested in signing up for either one.

For a faster-paced activity, check out our Co-Ed Basketball program. This may be right up your alley (or this ball may be right in your court), if you want to practice your hand-eye coordination. The group meets on most Wednesday evenings from 7-9 pm and Gary Dole (gdd.fedchurch@gmail.com) is the contact person.
Children, Youth and Family Ministries

SUMMER SUNDAY SCHOOL IS BACK!

Summer Sunday School at Bell Street - Our Summer ENJOYING God. "This is the day the Lord has made, let us REJOICE and be glad in it."

Every Sunday this summer starting June 2, Sunday School will be hands on and full of JOY as we discover the Fruit of the Spirit in unusual ways. Meet us at 10:00 am on the second floor.

Little kids through pre-school age will meet downstairs in Room 20 at both services, and will be learning about how God made everything.

Make sure you are following the Federated Facebook page to catch a glimpse of our weekly adventures! Facebook.com/thefederatedchurch

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All Church Campout
Friday, June 7 at 6 pm—Saturday, June 8 at 10 am
Family Life Center Grounds

Federated! It's time for Camp Out 2.o! Join us for s'mores and a campfire program in the evening and an omelet bar in the morning. Enjoy God's great creation with your church family (and any friends you'd like to invite!) by spending a night tent camping on the grounds of the FLC.

A few notes:
If you would prefer to just join in for the evening of play and campfire please do, just mention your intentions in the RSVP. Dinner will not be provided on Friday evening. Please eat before you come or bring your dinner with you.

Please text Kristin LeFeber at 703.434.9851 to RSVP or if you have any questions.
OUR STAFF IS HERE TO HELP YOU

CLERGY
Hamilton Throckmorton, Senior Pastor
Mark Simone, Pastor of Children's, Youth, and Family Faith Formation
* Susi Kawolics, Pastor of Worship Planning & Adult Faith Formation

Administration and Staff
Amy Eugene, Senior Director of Operations
Melinda Smith, Congregational Life Administrator
* Trisha Holland, Marketing & Communications Specialist
* Janis Stefanchik, Bookkeeper
* Dolly Herschel, Primetime Coordinator
* Laura Taylor, Fund Development Associate
Jake Magalski, Properties, Maintenance & Grounds Lead

Music Staff
Joshua Konow, Director of Music Ministries
* Marcia Snavely, Organist
* Thaddeus Quintin, Director of the Federated Bell Choir
* Pat Haynish, Director of Children's Choir

Children's Ministries Staff
* Marty Culbertson, Director of Youth Faith Formation
* Kiersti Critchfield, Director of Children's Faith Formation
* Alex Bell, Lianna Davis, Trisha Holland, Childcare Providers
* denotes part-time staff

Summer is Here!
June Worship Schedule:

10:00 am
Traditional Worship and Summer Sunday School

11:30 am
RISE to Shine Worship