

October 2019



# THE SPIRE

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## THE FEDERATED CHURCH NEWSLETTER

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UNITED CHURCH OF CHRIST  AN OPEN AND AFFIRMING CONGREGATION

### Stewardship Update

*For in the one Spirit we were all baptized into one body...and we were all made to drink of one Spirit.*

Fall is the time at Federated Church when we rally, coming together to start our new program year and share in the Spirit of one church. At the same time, church leaders begin the budgeting process to determine how to support our ministries for the next year. In response to our rallying and discerning, we ask members of Federated to prayerfully consider a pledge to the church for the next year. At the same time, stewardship is not a "once-a-year" consideration. It's an ongoing part of our individual faith journey – honoring God's commitment to be present for us throughout the year.

The leaders of the Stewardship Committee ask you to join us, as we all reflect on these questions and pray about what each of us might have to offer Federated Church.

*How am I nourished by God's word? By the church family?*

*What gifts has God given me that I can share?*

*How am I spending my time at church?*

*What does it mean to tithe and how could I achieve that?*

You will be receiving an exciting Ministry Investment Plan for 2020 in the mail in early October. This new format will illustrate the pledge dollars that the church will need in order for each of our beloved ministries and missions to thrive next year. **Your financial pledge will help make the investment plan a reality** and ensure that the church will live into its full ministry and mission. We invite everyone to participate in this important initiative – pledging a portion of what God has so generously given.

Stewardship Committee

Ken Horner; Maren Koepf; Ann Lentz; Martine Scheuermann; Laura Taylor, staff liaison

### Now Accepting Applications for Christmas Eve Offering Recipient

Each Christmas Eve, the Federated Church collects a special offering to benefit an organization, based locally, nationally, or globally, whose specific goals are to improve the lives of those in need, in turn enriching our world. We welcome proposals for one-time funding support to help with capital projects, program development, enhancement or expansion. The Christmas Eve offering is just the beginning of what we hope will be a year-long partnership of mission engagement with the recipient.

**Please spread the word!** You will find the application at [www.fedchurch.org/xmaseve](http://www.fedchurch.org/xmaseve).

**It must be completed and received by 5:00 pm, Friday, October 25 to be considered.**

If you have questions, contact Marty Culbertson, Staff Liaison to the Mission & Service Commission, [mculbert@fedchurch.org](mailto:mculbert@fedchurch.org).

## Why should you join Federated's online community?

1. So you can **look up another congregant's phone number or email**. (That printed directory you are using goes out-of-date so quickly.)
2. So you can **see where you are in your giving** and make sure everything has been recorded correctly – without having to call the church.
3. So you can **give online** – even with a credit card!
4. So you can **change your own contact information and photo**. (Is that directory photo not your best angle? Or worse yet, is the church still using the photo from the 2006 directory?!?)

## Let's get connected.

Download our Connect app today.

-  Update your personal information
-  Communicate with groups & teams
-  Follow church announcements
-  Look up members
-  Manage giving
-  Create and join events

Let's be the church... together.



Head to our website at [fedchurch.org/realms](http://fedchurch.org/realms) to get signed up today!

### New Members Class

(aka Inquirers Class)

Saturday, November 2 | 9:00 am—2:00 pm  
Bell St. Lounge

Our next new members class, which we call, appropriately enough, an Inquirers Class, is coming up soon. If you are new to Federated you won't want to miss this opportunity to explore the programs and purpose of The Federated Church and to take a fresh look at the meaning of Christ for our times.

Classes are held in the fall and the spring. For the fall class, the content is streamlined so that it fits into a single day. This is a great option for young parents who find it difficult to attend the spring evening classes. Lunch will be served and childcare is available upon request. Those who attend the class and wish to join Federated will be received into membership on Sunday, November 10.

Sign up by calling the church at 440.247.6490 or by emailing Melinda Smith at [smithm@fedchurch.org](mailto:smithm@fedchurch.org).

### SJAM Movie Night

Monday, October 21 | 7:00 pm  
Bell St. Fellowship Hall

The Movie: "The Flint, Michigan Water Crisis"

Join SJAM as we watch a documentary that outlines what really happened in the community of Flint, Michigan. The water crisis there was an environmental issue, a racial justice issue, an issue of poverty, an issue of health, and an issue of trust and honesty.

Five years ago, the city of Flint switched its water to the Flint River. Citizens soon complained of dirty, foul-smelling water. Doctors found evidence of high lead levels in children. Outside researchers proved the city's water (because of a lack of corrosion control) was corroding pipes, bacteria levels skyrocketed, and thousands of people were without clean water. And throughout this process, the city officials said everything was fine, nothing to be concerned about.



# From Hamilton's Desk

Dear Friends,

With the coming of the month of October, we celebrate the season of stewardship. I use the word "celebrate" intentionally. This is an opportunity of the first order. It's our chance to share a portion of our resources with the ministries of God through this remarkable church. Far from being a burden, this is a chance for us to share abundantly of what we have been given so that the work of God will be able to flourish in and through Federated.

As Mary and I were shopping for a new phone for her the other day, we were reminded that the next generation of cell phones will have 5G capability. Fifth generation phones will be faster and more efficient. And I began to think of stewardship in terms of 5 Gs.

Stewardship begins with **God**. All good things are gifts of God. God creates. We receive and enjoy. We are nothing without the One who gives us life and breath. **First G: GOD.**

As we take in the richness and wonder of God, no reaction is more appropriate than a stance of awe and **Gratitude**. We are the recipients of life. Thank you, God. We have families and friends and jobs; we travel and see this magnificent world; and we are members and friends of a church whose spirit is alive, whose friendships are rich, and whose mission is compelling. For all of it, thank you, God. **Second G: GRATITUDE.**

As we absorb the gifts we have received from the God who has given them, what else is left for us to do but to be **Generous** in all we do and are. What a paltry life it would be if all we were to do was to hang on tightly to what we have received from God. Giving back is what we were ultimately made to do. Life's richness is directly proportional to our willingness to give. **Third G: GENEROSITY.**

The attitude most appropriate in giving gratefully to God is **Gioia**. OK, this G is a little bit of a stretch. Gioia is the Italian word for joy. Stewardship shouldn't be a heavy time for Christians. It should be a joyous time, a festive time, a jubilant time. We are incredibly blessed by God, and we have the rich opportunity to give back. What a privilege! **Fourth G: GIOIA (JOY).**

All of which brings us back where we started. Nothing we have or are is possible except by the extravagant love of God, which we call **Grace**. It's all magnificent gift. It's all unearned blessing. We have the privilege of giving because we have been given so much. **Fifth G: GRACE.**

We have been given so much. So let's join together on Commitment Sunday this year, October 27, and pledge our first fruits to God as we celebrate the 5 Gs: **GOD, GRATITUDE, GENEROSITY, GIOIA (JOY), and GRACE.** It's our great privilege. May we be generous in all our giving.

Yours in Christ,

Hamilton

## UPCOMING WORSHIP SERVICES

### Sunday, October 6

Communion Served  
UCC Neighbors in Need offering collected  
Rev. Hamilton Throckmorton preaches  
10 am Traditional Worship & Sunday School  
*Music by Adult Choir*  
11:30 am RISE to Shine Worship  
*Music by RISE to Shine Band*

### Sunday, October 13

Rev. Susi Kawolics preaches  
10 am Traditional Worship & Sunday School  
*Music by Adult Choir*  
11:30 am RISE to Shine Worship  
*Music by RISE to Shine Band*

### Sunday, October 20

Rev. Hamilton Throckmorton preaches  
10 am Traditional Worship & Sunday School  
*Music by Adult Choir*  
11:30 am RISE to Shine Worship  
*Music by RISE to Shine Band*

### Sunday, October 27—Commitment

#### Sunday

Rev. Hamilton Throckmorton preaches  
10 am Traditional Worship & Sunday School  
*Music by Children's Choir & Bell Choir*  
11:30 am RISE to Shine Worship  
*Music by RISE to Shine Band & Children's Choir*



# News & Info

## Making Direct Charitable Donations from an IRA

**Do the initials RMD mean anything to you?** At age 70 ½, individuals with funds in their IRA must make 'Required Minimum Distributions' (RMDs) from the account. The good news is that at this point an individual has the ability to make **direct contributions** to a charitable entity, which keeps them from having to realize that distribution as income. This is an effective transfer of funds, in that no taxes are paid at any point during the transaction.

In the event that an individual under the age of 70 ½ wants to make a charitable contribution from their IRA, they would not be able to make a 'direct' contribution from their IRA. However, depending upon birth year, after the age of 59 ½, an individual is eligible to take distributions from their IRA. And they would essentially be able to use those funds to make charitable contributions. As long as they file an itemized tax return - they could deduct the amount of their charitable contribution from their income.

The biggest difference between the RMD vs. a regular distribution is that the regular distribution would be included in your income (but then subsequently deducted from your income). In some cases, however, this is an important difference, as the regular distribution could potentially raise your stated income to levels that could affect other aspects of one's personal situation, such as social security or Medicare coverage.

**Bottom line - if you are 70 ½ and looking to make a charitable donation with IRA funds, the most efficient method is a direct donation transfer.** If you are pre-70 ½ (but post-59 ½) you can still use IRA distributions, but there are some additional items to consider.

As you consider a gift to Federated's Legacy Fund or General Operating Fund, it would be prudent to consult your tax, legal and financial professionals to establish the best strategy to maximize your ability to give. Pete Franz, CFA and CFP (440.724.9365), is a Federated church member and chair of our Legacy Fund Committee. He is happy to be a part of facilitating any aspect of those conversations. Federated is so blessed to have knowledgeable folks like him around!



## November SPIRE Deadline

Do you have something you'd like to see in the November edition of THE SPIRE?

Please email your information to Trisha Holland at [communications@fedchurch.org](mailto:communications@fedchurch.org) by **Tuesday, October 15**. Thank you!

## Current Lay Leaders

### Church Council

Brendan Buescher, Beth Rutkowski, Maren Koepf, Peggie Jo Shinagawa, Dan Kershner, Ken Horner, Doug Harlan, Kristin LeFeber, Elaine Witmer, Shawn Rockhold

### Commissions

#### **Congregational Care**

Jane Biggar (chair), Carol Kelly, Carole Halberg, Diane Tuuri, Judy Riemenschneider, Ruth Kershner, Karen Zoltowicz, (2) openings

#### **Mission & Service**

Leslie Fincun, Linda Zelazny (co-chair), Judy Lineweaver, Don Hoke, Lynne Kessell, David Telfer (co-chair), Gay Quintin, Karen Anderson, Bill Shaul

#### **Spiritual Formation**

Cathy Digel, Sunny Doxey, Thea Mazingo, Mary Senechal (chair), Stacy Cianciolo, Eric Goodman, Pete Bednar, Alexandra Ziots, (1) opening

#### **Telling Our Story**

Todd Smith (Chair), Laura Taylor, Jim Scheuermann, Carolyn Shaul, Dawn Herdman, (5) openings

#### **Worship & Music**

Abby Patton, Curtis Grube, Nancie Skonezny, Sibyl McBride, Nancy Isham, Dave Strauch, Laura Reed, Gary Dole (chair), (1) opening

### Elected Committees

#### **Finance**

Becky Gruss (chair), Steve Patton, Rob Goble, Don Rice

#### **Human Resources**

Chris Bednar, Bill Franz (1) opening

#### **Legacy**

Peter Franz, Alex Taylor, Brady Hively (1) opening

#### **Membership**

Rose Brown, Ann Lentz, (1) opening

#### **Nominating & Leadership**

Martine Scheuermann, Phil Fogarty, Bob Abley

#### **Properties**

Keith Mast, Bill Lentz, John Giles

### Appointed Committee

#### **Stewardship Committee**

Led by Ken Horner, Maren Koepf, Ann Lentz, and Martine Scheuermann

### **Western Reserve Assoc. Delegates**

Susan Lampson, Jim Ogle, Kate Walsh

### **Ohio Conference Delegates**

Susan Lampson, Kate Walsh

# News & Info

## Kiersti Moves to Pastoral Care

As of September 23, Kiersti Critchfield has taken on a new role on Federated’s staff as the Pastoral Care Administrator. Formerly Director of Children’s Faith Formation, she has had such a rich and fulfilling ministry with our children. And now both she and church leadership sense this new call for her. She will be coordinating our pastoral ministry, overseeing Federated’s response to the needs of our congregants. Kiersti brings a rare combination of gifts to the work of pastoral care. She has a deeply caring heart and a keen eye to detail and we are thrilled to welcome her to this new position.



## Hiring Director of Children’s Faith Formation

Federated is seeking a Director of Children’s Faith Formation to develop and implement Christian faith formation programming for children in Kindergarten through the 5th grade. The programming is comprehensive and integrated with the Youth and Family faith formation of Federated Church. The director collaborates with others to cultivate milestones of faith formation, network with and nurture parents, and design Sunday experiences that create curiosity, allow for expression, and engage in service. The director also oversees Sunday School, childcare providers, and volunteers.

The role is a part-time (20 hours/week), year-round, temporary position (September 2019 - June 2020). Salary is commensurate with education and experience.

Contact: Amy Eugene, Senior Director of Operations, 440.247.2197 x110 or [aegene@fedchurch.org](mailto:aegene@fedchurch.org).

## Rejoice & Renew Capital Campaign Projects Update

At the beginning of September a group of folks met to determine: **Capital Campaign Projects - Where Are We Now?** Keith Mast, Becky Gruss, Amy Eugene, Laura Taylor, and Janis Stefanchik met to make sure that we are keeping track of all campaign payments that are coming in, and the progress of each capital campaign project that was approved by Church Council. We are blessed that after 1 ¾ years, the church has already received more than 86% of the cash pledged during the capital campaign. **You made this happen and we are grateful!**



At this point in the campaign, funds received are being used for capital projects, including: continued transition to LED light bulbs, repairing westside concrete steps, installing walk-off pads to protect our new carpet at all entrances, installing a new key card entry system at Bell Street, and reupholstering/refurbishing the conference room chairs. In addition, a different type of project is being supported. During the planning of the campaign, we realized that the funds put aside in the past for major maintenance items had been depleted over the years. Thus, a priority at this stage is re-establishing Deferred Major Maintenance Funds for when we need to: replace the HVAC system of the Bell Street education wing, replace an HVAC system at the Family Life Center, and cover other major maintenance expenditures.

This group of people, as well as the Finance Committee, Properties Committee, and church operations staff are continuing to meet to make sure that we remain good stewards of the capital campaign funds. A hearty thanks to all of them and you!

## The Federated Bell Choir is looking for more ringers!

Ever wondered how all those handbells can make such beautiful music together? Come find out! If you can count to four, then ringing bells could be for you!

Practices are on Wednesday nights and we play one Sunday a month. For more details, contact director Thaddeus Quintin at [handbells@quiddle.net](mailto:handbells@quiddle.net).



## Fellowship Treats

Members of the congregation take turns bringing in treats for fellowship time between the services on Sundays, as scheduled by the Congregational Care Commission.



Please bring ready to serve treats in disposable containers. Healthy food choices are especially welcome. *Please no nuts.* Thank you for helping to make our fellowship time delicious and enjoyable!

- October 6 – last names beginning with H, I, J or K
- October 13 – last names beginning with L or M
- October 20 – last names beginning with N, O, P, Q or R
- October 27 – last names beginning with S or T

# Federated Happenings

## The Social Justice Advocacy Ministry Team Invite All to Participate

The mission of the Social Justice Advocacy Ministry is to be a voice and witness to God's love for all people and creation and to advocate for justice for those who are marginalized, discriminated against and denied their inherent rights as children of God and citizens of our world. If you are interested in receiving emails about Social Justice issues and activities, please contact Rev. Susi Kawolics (440.247.6490 x102 or [skawolics@fedchurch.org](mailto:skawolics@fedchurch.org))

### Upcoming Events and Activities

#### Movie Night – Monday, October 21, 7:00 pm, Federated Church, Fellowship Hall

The Movie: *The Flint, Michigan Water Crisis* (See Page 2 for details!)

#### SJAM Meeting — Sunday, October 20, 11:15 am (after the 10:00 am service), Federated Church, Room 240

Open to all! This is a good time to hear about updates on various initiatives and topics of SJAM.

### What have our members been doing?

#### Immigration Vigils—First Thursday of each month, 4:00 pm

The immigration vigils are scheduled for the first Thursday each month: October 3, November 7, and December 5. They are led by local clergy from all faiths and held at 4:00 in front of the Federal Building downtown on the corner of East 9th and Lakeside. They are organized by Friends of Immigrants. The next one is October 3, and all are welcome to attend. For information, contact Bill Shaul at 513.280.2836 or [theshauls@msn.com](mailto:theshauls@msn.com).



#### End of Summer Cookout with Mt. Zion Church—A wonderful time of fellowship and friendship

On Friday, September 6, more than 100 people from Federated and Mt. Zion Congregational Churches met for dinner at the Family Life Center. Everyone brought a dish to share. Seating at tables was organized by birth month, which encouraged a lot of mixing and good conversation. We presented Mt. Zion with a signed card, a photo with Psalm 125:1 written on it and a large anniversary cake in honor of the church's 155th year. We look forward to our next opportunity to join with our friends at Mt. Zion for fellowship.



#### Climate Change Strike—Because we are stewards of God's earth

On Friday, September 20, members from Federated joined with hundreds of people at Cleveland Public Square for a rally hosted and sponsored by the youth of our community who stand strong regarding the need to address climate change. More than 4,638 strikes took place in 139 countries around the world.



#### Promote a culture of peace in your business or office

145 major companies have agreed to be weapon free in their places of business. Please ask your company or organization to do the same and post this sign, provided by The *Ohio Coalition Against Gun Violence* provides as a free community service.

##### 5 Common Sense Reasons to Post a Weapon Free Zone Sign:

- You'll create a zone of peace for the 95% of Ohioans who choose not to carry concealed handguns.
- In addition to concealed weapons, you'll be stopping the open carrying by civilians on your premises.
- You'll be reducing the chance of an unintentional shooting or other injury on your premises.
- You'll be letting your customers know that your business does not promote or condone violence.
- You'll support your community by showing solidarity with other businesses who prohibit weapons.

(from [ohioceasefire.org/programs/cultureofpeace/](http://ohioceasefire.org/programs/cultureofpeace/))



# Federated Happenings

## All-Church Potluck

Sunday, October 13 | 5:00—7:00 pm  
at Frohring Meadows  
(16780 Savage Rd., Chagrin Falls)

**Back by popular demand!**

Bring your own place setting and a favorite fall dish to share.

Cider will be provided—if anything else is desired you may bring it.

Questions? Contact Karen Zoltowicz at 330.348.0084.



## Training for the Communion for Shut-ins Ministry

Wednesday, October 2 | 11:30 am  
Bell St. Lounge

Communion is a solemn and sacred moment between God and you. Imagine how you would feel being unable to participate in Communion with your church family because of a prolonged physical or mental condition?

The Congregational Care Commission is sponsoring a light lunch followed by training to provide Communion to the Confined. Individuals who feel called to this ministry should register to attend this session led by Senior Pastor, Rev. Hamilton Throckmorton. Once trained, you will serve the Sunday's communion elements to shut-ins in their homes at a mutually agreed upon time.

During the training you will learn about the Sacrament of Communion including its meaning and how it could be served to individuals in different situations.

If you have any questions, please contact Peggie Jo Shinagawa at 440.543.5974. You may register for the training by calling 440.247.6490.



## Primetime Fundraiser: Let's Raise Some Fun—Blind Squirrel Winery in Bainbridge

Wednesday, October 16 | 6:00—8:00 pm

Blind Squirrel Winery, 7918 Pettibone Rd., Bainbridge

**Cost: \$55.** Includes dinner and wine tasting.

**Reservations:** Call 440.247.6490 by Monday, October 7.

Come and *wine* down as we enjoy a tasting of three of their most popular wines. We will have appetizers, salad, chicken marsala, pizza, and cookies. We will also have raffle prizes!

Bill and Cookie Delgado own the winery. Bill will tell us about how their love for wine brought about the Blind Squirrel Winery and all they had to go through to get it up and running.

This fundraiser will help Primetime continue our mission to provide enriching opportunities for social involvement and a sense of community in our congregation and beyond.



## Primetime Federated Forum

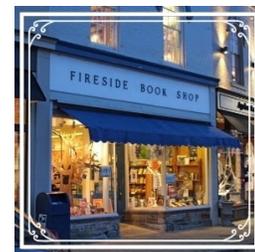
Monday, October 14 in Fellowship Hall  
Gather at 1:30 pm; Presentation at 2:00 pm

**Presenters:** Lori Muller-Zaim and Susann Sloan from the Fireside Bookshop in Chagrin Falls

**Subject:** "Books that Changed the World"

Lori and Susann will discuss books that "changed the world" and introduce us to some current bestsellers. They will also address the "next generation" and what the young people of today are currently reading.

They will talk about the history of the shop, which has been in existence for 56 years and remains a cornerstone of the local shopping district.



## Primetime Lunch Out

Tuesday, October 8 | 12:00—1:30 pm  
at Blazin Bills (17800 Great Lakes Pkwy)

Primetime will travel to Blazin Bills restaurant just east of La Due Reservoir on Route 422 in Geauga County. To RSVP, call 440.247.6490 by October 1.



## Chagrin Arts: Callisto Quartet

Sunday, October 20 | 3:00 pm  
Bell St. Sanctuary

Gold Medal Winner of the 2018 Fischhoff National Chamber Music Competition, invited as one of the top 10 string quartets to compete in the 2019 Banff International String Quartet Competition and recently featured in the Barry Stees concert this past season, Callisto Quartet will take the stage and shine in their own concert right here in Chagrin Falls! You won't want to miss this opportunity to experience their outstanding musicianship and artistry! Meet the Artists Reception follows. Visit [callistoquartet.com](http://callistoquartet.com) to preview their music.

\$25 General Admission | \$32 Preferred Admission

To buy tickets: visit [chagrinarts.org/events](http://chagrinarts.org/events) or call 440.247.9700



### Kristen Walenga Art Tour

Are you curious about the Fiber Art hangings in our first floor gallery space? How did they develop? What places inspired them? Kristen will tell all!

Take a tour of her Fiber Art show on **Sunday October 6 at 11:15!** Meet at the bottom of the staircase by her art.

### Wondrous Wednesday Returns

On **November 13**, John Bourisseau, of the Chagrin Falls Historical Society, will present the history behind Federated's Centennial Anniversary. Save the date!

### Save the Date: Advent by Candlelight

Tuesday, December 3

All women are invited to attend Advent by Candlelight this holiday season. This year we will gather on a Tuesday. Mark your calendars now!

### Save the Date: Search for the Christ Child

Sunday, December 8 at 76 Bell Street

New location, new date (to avoid Thanksgiving weekend), same great interactive event you've grown to love. Don't miss the **fifth** annual Christmas journey!

## Mission & Service

### Two Opportunities to Put Faith Into Action

Two ministries at **St. Paul's Church** need skills and resources you may have!

- Loaves and Fishes program requires only a few hours of time each month.

The Loaves and Fishes program involves preparing and serving a monthly Sunday luncheon for approximately 120 homeless people in the St. Paul's neighborhood. K-Leigh and Jay Ericson are retiring from their leadership role in this ministry. No need to reinvent the wheel! They have prepared menus and recipes for successors to use! Instead of one couple overseeing all the luncheons, we suggest one small group take the lead for separate months. The Ericsons are eager to share their expertise with new volunteers.

- Helping preserve the physical plant at St. Paul's has no set schedule. Instead, volunteers can help with maintenance and repair work as needed.

Bill Mason leads a group of volunteers who help care for the physical needs of St. Paul's building. He would like to step back from his role and is eager to help train replacements. This is a chance for you to channel your desire to be a HGTV star! Help your neighbors in need by helping create a more beautiful worship space using hammers, paintbrushes, etc.

If you are interested in these opportunities, please contact Linda Zelazny ([linzel65@gmail.com](mailto:linzel65@gmail.com), 440.338.4918), Lynne Kessell ([lynnekessell@hotmail.com](mailto:lynnekessell@hotmail.com), 440.247.5544), or any other members of the Mission and Service Commission.

# Mission & Service

## Neighbors in Need Offering

To Be Collected **Sunday, October 6**

Neighbors in Need is the UCC's annual offering to support ministries of justice and compassion throughout the United States. One third of the offering supports the UCC's Council for American Indian Ministries (CAIM). Two-thirds of the offering is used by the UCC's Justice and Witness Ministries to fund a wide array of local and national justice initiatives, advocacy efforts, and direct service projects.

Neighbors in Need grants are awarded to UCC churches and organizations doing justice work in their communities. These grants fund projects whose work ranges from direct service to community organizing and advocacy to address systemic injustice. This year, special consideration will be given to projects focusing on serving our immigrant neighbors and communities.



## Holy Pedals Batman...

### The JOY Kids are Collecting Books and Bikes

The Lesotho Connection (TLC) is currently collecting items to fill a shipping container of medical equipment (through MedWish in Cleveland). Because they can add a few extra items, we are collecting books and bikes to send to the orphanage they support. Learn more about the St. Camillus Centre for Orphans at [thelesothoconnection.org](http://thelesothoconnection.org).

This year, they are building a room next to the orphanage to be used as a library, mainly for the kids, but also for the surrounding community. It will be the first library in their district! They can really use children's books but would also like books for young adults. The younger kids do not yet speak English but still enjoy all books, especially with lots of pictures. The older kids (14+ years) will learn English at school and they want to practice reading.

They also are looking for used bicycles, tricycles and riding toys that the kids can play with. Last year, we were able to send a few bikes and toys that have been in constant use by the children since. Sturdy, uncomplicated bikes are best. We will fix them up before sending them, if needed.

If you have a **bike**, contact Marty Culbertson ([mculbert@fedchurch.org](mailto:mculbert@fedchurch.org)) for drop off information. **Books** can be brought to the Church starting September 30. Look for the Box in the Lobby labeled "BOOKS."

## Parish Nurse Corner

*It was five years ago that I started volunteering as a Parish Nurse at St. Paul's, our sister church in Ohio City. For about 20 years prior, there was an active PN program in the inner city, funded by hospitals in the area. The funding lasted for about ten years, and St. Paul's had a few dedicated nurses in place three days a week. After the funding ran out, St. Paul's hired their own nurse, but the last one quit just as I was orienting to the once-a-week volunteer position.*

*That was October 2014. Our arrangement has worked well and eventually St. Paul's gave me money for supplies (much cheaper than paying a part time salary). Every year I add more hygiene and underwear supplies, and every year more people come. Last fall, in addition to gloves and hats for the winter, I added thermal underwear for homeless folks and outdoor workers.*

*I discovered that Drug Mart started stocking men's and women's thermal sets for \$10. I bought the 20 sets they had and told the manager that I hoped to acquire 80 more for winter. These are limited to one per person, and each recipient is recorded. My budget is severely strained by this expense, but I do what I can with the resources provided and donated. The folks are so grateful!*

*A few weeks ago, a young man stopped by and said I had given him a homemade knit hat which he still had after four years. He said he loved that hat because it represented the respect and caring he felt from our encounter. He has a job, a place to live, and he looked great. "You kept me above water," he said.*

*That's what this program is all about. So thank you for your donations which help keep this program going and growing. Thank you to my substitutes who allow me to take vacations with a clear conscience. Thank you for the needle workers who make stocking caps and scarfs. Thank you for the donations of food and socks. Thank you to the Mission group who funds the cook to prepare two lunches per week. Thank you to Loaves and Fishes for the beautiful Sunday dinners once a month. You all can be very proud of our outreach mission, as we all work together to help our inner city brothers and sisters.*

With many hugs,  
Kathy Kolcaba 440.655.2098

# Tributaries

Feeding the River of Spiritual Life

A spiritual growth academy for the wider community. For additional details, please visit [fedchurch.org/tributaries](http://fedchurch.org/tributaries).  
A portion of proceeds go to support programs of Federated Church.

## Gentle Slow Flow Yoga

Everyone is welcome to join in this yoga class where basic yoga postures will be introduced and will serve as our foundation for each class sequence. With this yoga practice, we will engage in the intentional practice of connecting our entire being, body, breath, mind and spirit with God.

This class is open to everyone with the ability to move through seated, standing, kneeling, and reclined positions unassisted. Bring a yoga mat and wear loose clothing. Please arrive 5-10 minutes early.

**Dates/Times:** Wednesday and Thursday evenings  
7:00—8:15 pm, September 18-December 11

**Location:** 76 Bell St. Room 230

**Presenter:** Dawn Dole, RYT200

**Contact/Register:** [newdayyoga.dawn@gmail.com](mailto:newdayyoga.dawn@gmail.com).

**Tuition:** \$10 drop in fee per class suggested

## Yoga~Spirit~Renewal

A gentle, meditative yoga practice in a warm and inviting community. Let yoga offer an answer to a nervous system on overdrive or a body that craves more movement.

Move & breathe, relax & center. When we're healthy in body, mind, and spirit we can be of better service in the world and enjoy our families and life with greater pleasure and ease. New to yoga? You are welcome here. Bring a yoga mat & blanket, and dress comfortably.

**Dates/Times:** Tuesday mornings, 10:00—11:15 am

**Location:** 76 Bell St. Fellowship Hall

**Presenter:** Polly Manke

**Contact/Register:** [polly@pollymanke.com](mailto:polly@pollymanke.com)

**Tuition:** Seven classes \$85 / Drop-in \$15

## Balance, Balls and Bands

We are offering a new integrative mind body approach to improve your balance strength & flexibility this fall. Exercises are done in a chair and standing with chair support and modified to each individual's tolerance.

**Dates/Times:** Thursday mornings, 10:30—11:30 am

**Location:** 76 Bell St. Fellowship Hall

**Presenter:** Carol Kelly, LPT

**Contact/Register:** [schakell51@aol.com](mailto:schakell51@aol.com).

**Tuition:** Six classes \$60 / Drop-in \$10

## Reiki I & II Training

Reiki is a Japanese energy healing technique that promotes health & well-being, relieves stress, promotes deep relaxation, speeds recovery from illness & injury, and reduces pain. Learn to use this energy in your everyday life to support yourself, family and friends.



This ancient practice is growing in acceptance. Participants will learn the history, receive the Reiki I & II attunement, and practice in a supportive learning community. You'll go home with skills you can use immediately.

The class combines lecture, discussion, attunement, meditations and experiential practice in a well organized, but relaxed program. A certificate for Reiki I & II Training is awarded upon completion.

**Dates/Times:** Friday, October 18, 6:00—9:00 pm  
and Saturday, October 19, 9:30 am—4:00 pm

**Location:** Polly's home studio in Bainbridge

**Presenter:** Polly Manke

**Contact:** [polly@pollymanke.com](mailto:polly@pollymanke.com)

**Register:** [pollymankecoaching.ticketspice.com/reiki-12-training](http://pollymankecoaching.ticketspice.com/reiki-12-training)

**Deadline:** Sunday, October 13. Class size limited.

**Tuition:** \$269

# Family, Youth, and Children's Ministry



## Fed Family Fellowship Fall Party

Saturday, October 12 | 4:00—7:00 pm

At the LeFeber Home: 18670 Auburn Glen Drive

Fed families! It's time for fall fun. We've missed you!

Join us as we gather for chili, hot dogs, lawn games, a bonfire and quality time together.

Please bring an outdoor game and dish to share.

RSVP to Kristin LeFeber at [kristinlefeber@gmail.com](mailto:kristinlefeber@gmail.com) or 703.434.9851.



## A Note of Thanks

A special thanks goes out to Ward Pierson and Bob Doxey for building our new video booth in the Sanctuary. We are blessed with hands of many talents here at Federated.



A special thanks goes out to Judith Bryan, Maren Koepf and Mary Senechal for their work in creating the beautiful altar for the water series.



*“To Our Federated Family,*

*My family and I would like to thank our Federated Family for all of your prayers, notes, visits and delicious meals as we dealt with the loss of our husband/father David Goldston this past summer. Your outpouring of sympathy was very much appreciated. We felt enveloped in a blessing of God's peace and comfort.*

*With Love,*

*Bonnie Borman and John, Layne and Bennett, Jim, Katie and Chase”*

*“We want to thank everyone at the Federated Church for all the cards, emails, calls, flowers and visits. Your thoughts and prayers are very much appreciated. It's been a difficult summer, but we are both doing so much better now.*

*Tom and Jane Davis”*

*“I am writing on behalf of HOLA Ohio to express our most sincere and heartfelt gratitude to you for your continuing support. Our annual fundraiser dinner on August 10 at the Family Life Center was truly a great success—our best yet—generating the much-needed support that HOLA needs to serve the Latino and immigrant community. I saw how hard everyone worked to make it a well-organized and enjoyable event. Thank you.*

*I am grateful to have this ongoing partnership with the wonderful people of Federated Church. I am so proud of the incredible work done by HOLA staff and volunteers, and I recognize that so much of what we were able to do is a direct result of your help.*

*Thank you so very much.*

*Sincerely,*

*Veronica Isabel Dahlberg, Founding Executive Director.”*



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 An Open and Affirming Congregation  
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## OUR STAFF

### IS HERE TO HELP YOU

#### CLERGY

- Hamilton Throckmorton, *Senior Pastor*
- Mark Simone, *Pastor of Children's, Youth, and Family Faith Formation*
- \* Susi Kawolics, *Pastor of Worship Planning & Adult Faith Formation*
- \* Dan Kershner, *Pastoral Care Pastor*

#### Administration and Staff

- Amy Eugene, *Senior Director of Operations*
- Melinda Smith, *Congregational Life Administrator*
- \* Kiersti Critchfield, *Pastoral Care Administrator*
- \* Trisha Holland, *Marketing & Communications Specialist*
- \* Janis Stefanchik, *Bookkeeper*
- \* Dolly Herschel, *Primetime Coordinator*
- \* Laura Taylor, *Fund Development Associate*

- Jake Magalski, *Properties, Maintenance & Grounds Lead*
- \* Larry McGurer, \* Wilson Taylor, *Custodians*

#### Music Staff

- Joshua Konow, *Director of Music Ministries*
- \* Marcia Snavelly, *Organist*
- \* Thaddeus Quintin, *Director of the Federated Bell Choir*
- \* Pat Haynish, *Director of Children's Choir*

#### Children's Ministries Staff

- \* Marty Culbertson, *Director of Youth Faith Formation*
- \* Bridget Petitti, *Interim High School Ministries*
- \* Alex Bell, Lianna Davis, Trisha Holland, *Childcare Providers*  
 \* denotes part-time staff

**We're back to our  
 regularly scheduled  
 programming.**

**10:00 am  
 Worship and Sunday School**

**11:30 am  
 RISE to Shine Worship**