

# Primetime

"A Mission in our Midst"

November 2019

Newsletter



"For I know the plans I have for you," declares the Lord. "Plans to prosper you, and not to harm you, plans to give you hope and a future." Jeremiah 29:11

Happy Thanksgiving!

I am so thankful for all of you and for my wonderful committee!

Let's look back to our trip in September when we took a boat ride in Canal Fulton. The husband and wife duo, Hey Mavis, sang songs about Canal Fulton and the local characters that helped form this city's history. One song was about a lady who had pet snakes! We got to see many ducks and one thirsty deer drinking from the river. What was impressive, though, was the small but mighty girl who worked the ropes to get the boat turned around! We all gave her a round of applause!

In early October, we went to Severance Hall where the Cleveland Pops put on a concert with the Texas Tenors. Three wonderful voices combining to sing songs from Country Western to Opera. Some of their selections included: "Proud To Be An American," "Unchained Melody," and "I Did it My Way." The song that made everyone laugh, though, was a song by Bruno Mars called "Just The Way You Are." As the Texas Tenor, Marcus Collins, sang this out in the audience, he had a lady sing the last word "are" and she just sighed and said "WOW." He totally took her breath away!

Also, in early October, we had our "Lunch Out" at Blazin Bills. Their new location looked a lot like the old one except for a new fabulous patio. Too bad it was just a little too chilly to sit out there. We always enjoy their famous ribs and this time they didn't disappoint!

May God be with you and may you all find your "happy" this Thanksgiving.

Dolly Herschel  
Primetime Coordinator





# Primetime Photo Gallery



Hey Mavis Duo Boat Cruise



Blazin Bills



The Texas Tenors



October Federated Forum





Secretary of Health and Human Services, Alex M. Azar II, recently stated "Many people underestimate the severity of flu, yet we know flu causes hundreds of thousands of hospitalizations and tens of thousands of deaths each year in the United States. When it comes to protecting people from flu, our best preventive tool is annual flu vaccine. We are making important gains in flu vaccination coverage but in adults we see a disappointing plateau."

A recent survey showed that nearly a quarter of US adults at highest risk of flu-related complications—those who are 65 and older who have an underlying condition like asthma, diabetes, and heart disease—do not plan to get vaccinated against flu this season. Nearly 60 percent of these individuals, who are also at increased risk for pneumococcal disease report that they have never been advised to get vaccinated against pneumococcal disease. Pneumococcal vaccines can be given at the same time as a flu vaccine, so it's a great time to speak with a healthcare professional about which vaccines are best for you.

Adjuvanted flu vaccine and high dose vaccine are recommended for adults 65 years and older, both of which are designed to help initiate a more robust immune response.

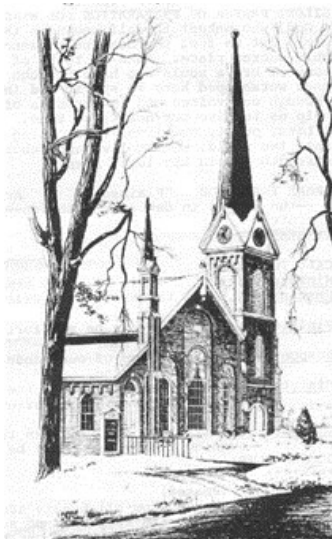
Although not a substitute for getting an annual flu vaccine, health officials stress the importance of everyday preventive actions to prevent the spread of flu and the appropriate use of influenza antiviral drugs to treat influenza. Four licensed influenza antiviral drugs are recommended for use in the US this flu season: oseltamivir, zanamivir, peramivir, and baloxavir marboxil. All of these require a physician's prescription for their use.

### Time to Celebrate Federated's Centennial Anniversary! Wednesday, November 13 | 11:00 am

John Bourisseau, from the Chagrin Falls Historical Society, is coming to help us celebrate **100 amazing years** of being Federated Church! Gather with all your church friends at this Wondrous Wednesday event.

We'll have a celebratory dinner at 6 pm, then at 7 pm, John will take us through an informative talk about our 100-year history, complete with PowerPoint pictures.

To reserve food, please reply to: [katiesharbage@gmail.com](mailto:katiesharbage@gmail.com) and include your name, and how many are attending. Or, call the church and leave your reservation: 440.247.6490. Vegan dishes will be available.



Recognition of those Primetime friends who have recently passed away. May God welcome them with open arms.

*Jeanette Barclay  
Bob Faroo  
Tim Jenkins  
Chuck King*

## Primetime Federated Forum

Bell St. Fellowship Hall

Monday, November 11

Gather at 1:30, Presentation at 2:00 pm

Presenter: Fran Bayless

Since 1990, Fran Bayless has pursued wildlife and nature photography as an artistic endeavor. During worldwide adventures in quest of nature's treasures, Fran and her husband, Tom, have explored diverse wilderness areas. The natural beauty has touched and heightened Fran's feelings, perceptions and concepts about the environment and the animals living within these areas. From the Arctic to the Antarctic, Fran has endeavored to share and communicate through her images the beauty, vastness, diversity, dramatic scenery and habitats of the animals and birds. Her goal is to draw the viewer into her photographs to experience a moment of wonder, involvement, inspiration, tranquility and beauty.

Her work has been accepted into many juried shows, published in Northern Ohio Live, Photographer's

Forum—The Best of Photography, Leica View, Focus: A Casey Publication, and many travel brochures. She also lectures extensively on various aspects of her travels and the wildlife.

Fran's images are on permanent display at Metro-General Hospital, Rainbow Hospital of University Hospitals, Zegrahm and Eco Expeditions and the Shaker Heights Library. Additionally, Leica Camera Inc. USA selected one of Fran's Emperor Penguin photographs to be featured as their 2000 Holiday Season Card.

Fran's collection of images can be viewed and purchased online at [www.worldnaturephotos.net](http://www.worldnaturephotos.net).



## UH Ahuja Medical Center Art Tour & Olive Garden

Wednesday, November 6 | 10:00 am

University Hospitals Ahuja Medical Center opened in 2011. The facility is designed to be one of the safest and technologically advanced community hospitals in the United States. They also happen to have more than 250 original pieces of art created by local, national and international artists. This artwork is a key component to create an uplifting and healing environment. One of their most intriguing pieces is the 36 x 10 foot "Ahuja Azure, Citron and Amber Persian Wall" done by the internationally known glass artist Dale Chihuly.

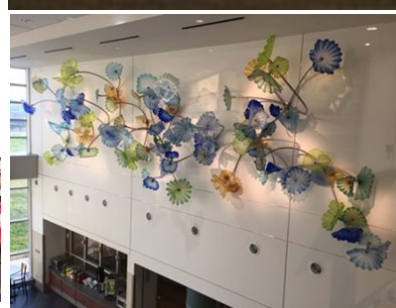
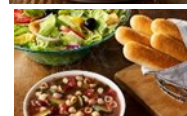
After our visit to Ahuja, we will go eat at the Olive Garden (on your own). But save some room because after that we will pick up some Duck Donuts for our ride home!

**When:** Depart from Family Life Center at 10:00 am (Please try to arrive a few minutes early). Return around 2:30 pm.

**Cost:** \$10

**Meal:** Lunch at Olive Garden—on your own.

**Reservations:** Call 440.247.6490. Payment due by Wednesday, October 30.



## Lunch, Shop, and a Spot of Ice Cream

Wednesday, November 20 | 11:00 am

Join us for a trip to the oldest indoor/outdoor market space in Cleveland, **West Side Market**, for a little pre- Thanksgiving shopping. The building is even on the National Register of Historic Places. Come check it out for yourself. Prior to shopping at the Market we will dine at **The Market Garden Brewery**.



Then our dessert stop will be **Mitchell's Ice Cream**. They offer 35+ flavors of ice cream including but not limited to Autumn Caramel Apple, Pumpkin Spice, Turtle Brownie and Wild Berry Crumble.



**When:** Depart from Family Life Center at 11:00 am.  
Return at 4:00 pm.

**Meal:** Lunch at the Market Garden Brewery—on your own.

**Cost:** \$10.



**Reservations:** Call 440.247.6490.  
Payment due by Wednesday, November 13.

## Lunch Out: Welshfield Inn

Thursday, November 14

12:00—1:30 pm

This month, we will be traveling to Welshfield Inn restaurant east of La Due Reservoir on Route 422 in Geauga County.

Where: Welshfield Inn, 14001 Main Market Rd., Burton, Ohio 44021

RSVP: Call 440.247.6490 by Friday, November 8. When you call, indicate if you want to carpool from the Family Life Center.



# Save the Date!

**Monday, December 9, \*1:00 pm**

Federated Forum: Performance by Marian Vogel, singer, and Marcia Snavelly, piano. Refreshments to follow.

*\*Note special time*

**Wednesday, December 11**

Day trip to Botanical Gardens to see their Christmas trees and gingerbread houses.

**Monday, December 16**

Night trip to Nighttown restaurant to see "A Christmas Cabaret" Production put on by the Musical Theater Project.





# Ongoing Primetime Offerings

## **Spirit Walk & Roll—Temporarily Cancelled**

We are currently consolidating custodial resources and temporarily moving many of our meetings and events over to Bell St. Stay tuned to future editions of Primetime for Spirit Walk & Roll to return.

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## **Pillows for Hospice—2nd Monday, 10 am in Bell St. Small Meeting Room**

This group of women gather for chatting, laughing, coffee, oh and yes, very basic sewing for a very worthy cause. They create pillows that patients at Hospice of the Western Reserve use as they journey through the final season of life. The little neck pillows are used for comfort. For hygienic reasons, they are discarded after use so there is always a need for more. The fellowship often includes some yummy treats. All are welcome.

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## **Primetime Bridge—1st, 3rd (and 5th) Tuesdays, 12:30-3:30 pm in Bell St. Lounge**

Players must sign up *by 3:30 pm the Friday before!* Sign-ups after that time will be put on a sub list. Remember to call ASAP if you find you can no longer attend. Only 28 players can be seated at seven tables. If interested, please call Harriett Rogers at 440.247.5845 or Coline Kiehne at 440.248.8199.

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## **Same Boat Girlfriends—Wednesday, November 13 5:30 pm**

Same Boat Girlfriends is a social group for widowed women that meets each month. In November, we will meet at Burntwood Tavern in Chagrin Falls. To RSVP, contact Jenny Evans at 440.364.3323 or [jenny8854@sbcglobal.net](mailto:jenny8854@sbcglobal.net). Also, please tell Jenny if you'll need a ride. Note: Be sure to include your phone number so Jenny can contact you with any last minute updates. Hope you can join us!

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## **Same Boat Friends—Wednesday, November 20 5:15 pm** *(Third Wednesday due to holidays)*

"Same Boat" friends is a social group for widowed men. In November, we will go to Burntwood Tavern in Chagrin. Plan to arrive at the restaurant by 5:15 pm. To RSVP, call Don Hoke at 440.338.8219 by Monday, November 18. All widowed men are welcome. When you call, advise if you need a ride.

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## **Bowling—1st, 3rd (and 5th) Thursday, 2-4 pm at The Rollhouse in Solon**

Join the Primetime crew for some bowling fun! We meet twice a month (three times on five- Thursday months). All are welcome!

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## **Balance, Balls & Bands—Thursday 10:30-11:30 am in Bell St. Fellowship Hall**

Formerly Chair Pilates. Join us for gentle and mindful exercise to strengthen your arms, legs and core muscles, stretch your legs, shoulders and arms, and improve your standing balance and walking ability as you age. Call Carol to register at 440.655.6257. \$60 for a six-week class, or \$10 per session. Walk-ins welcome.

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## **Tai Chi—The Movement of Life—Mondays, 10-11 am at Bell St.**

The Tai Chi program at Federated is unique in that it has been designed for practitioners over 55 years of age. While participating, the practitioner is engaged in the mental and physical discipline required. Balance is improved and muscles are strengthened. Join at any time. Sign up for an 8-week session for \$120 single or \$200 couple. For information regarding the instructor, Ed Niam, go to [www.taichicleveland.com](http://www.taichicleveland.com).

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## **Mahjong—Fridays, 1 pm at Bell St. Lounge**

We welcome you to join in a lively game of Mahjong. No prior knowledge needed. If you are interested... just show up! We will split up into groups of three or four to play. If you have a game, please bring it along. If you have questions, contact Ann-Marie Heston at [amngh@icloud.com](mailto:amngh@icloud.com).

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# November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <u>1 pm</u> Mahjong, Lounge	2
3 <u>10 am</u> Traditional Worship, Bell St. <u>11 am-12 pm</u> Mission & Involvement Fair, Fellowship Hall. <u>11:30 am</u> RISE to Shine Worship, Bell St.	4 <u>10-11 am</u> Tai Chi, Fellowship Hall	5 <u>12:30-3:15 pm</u> Primetime Bridge, Lounge	6 <u>10 am</u> Trip to UH Ahuja Medical Center Art Tour, Meet at FLC  <u>6 pm</u> Wondrous Wednesday Dinner & Program, Fellowship Hall	7 <u>10:30 am</u> Balance, Balls & Bands, Fellowship Hall <u>2-4 pm</u> Primetimers go bowling in Solon	8 <u>1 pm</u> Mahjong, Lounge	9
10 <u>10 am</u> Traditional Worship, Bell St. <u>11:30 am</u> RISE to Shine Worship, Bell St.	11 <u>10-11 am</u> Tai Chi, Fellowship Hall <u>10-11:30 am</u> Pillows for Hospice, Small Meeting Room <u>1:30-3 pm</u> Primetime Federated Forum, Fellowship Hall	12	13 <u>5:15 pm</u> Same Boat Girlfriends, meet at Burntwood Tavern	14 <u>10:30 am</u> Balance, Balls & Bands, Fellowship Hall  <u>12 pm</u> Lunch Out at Welshfied Inn	15 <u>1 pm</u> Mahjong, Lounge	16
17 <u>10 am</u> Traditional Worship, Bell St. <u>11:30 am</u> RISE to Shine Worship, Bell St. <u>12:30 pm</u> Congregational Mtg, Sanctuary	18 <u>10-11 am</u> Tai Chi, Fellowship Hall	19 <u>12:30-3:15 pm</u> Primetime Bridge, Lounge	20 <u>11 am</u> Trip West Side Market, Meet at FLC  <u>5:15 pm</u> Same Boat Friends, meet at Burntwood Tavern	21 <u>10:30 am</u> Balance, Balls & Bands, Fellowship Hall <u>2-4 pm</u> Primetimers go bowling in Solon	22 <u>1 pm</u> Mahjong, Lounge	23
24 <u>10 am</u> Traditional Worship, Bell St. <u>11:30 am</u> RISE to Shine Worship, Bell St.	25 <u>10-11 am</u> Tai Chi, Fellowship Hall	26	27	28  All Buildings closed for Thanksgiving Holiday	29	30





The Federated Church  
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## Primetime Mission Statement

*Primetime is a church-based organization providing spiritual growth, service to others, and education. This program provides opportunities for social involvement and gives people a sense of community and support. Federated Church sponsors this program to help enrich the lives of its members and the wider community.*



## November Birthdays

Jim Pivarski	1	Judy Kramer	10
Carol Laird	3	Dona Sutherin	10
Saundra Evans	4	Don Wakeman	11
Joe Groeger	5	Greg Davis	12
Janet Fitch	5	Byron Lutman	16
Judy Maloni	6	Mimi Bathgate	17
Al Sell	7	Ralph Lindeman	20
Linda Zelazny	8	Carolyn Richardson	23
Carol Poe	9	Joy Haddix	25
Florence Blanock	9	Carole Wakeman	30

If you would like to subscribe or unsubscribe from our newsletter, please call 440.247.6490 or email Dolly Herschel at [dherschel@fedchurch.org](mailto:dherschel@fedchurch.org).