11:30 RISE to Shine Service

Spirited and Invitational Music
Welcome and Announcements
Offertory invitation
Scripture
Sermon
Song
Blessing

All children are welcome in worship! Childcare is also available for birth-Pre-K downstairs in Room G20.

God accepts me just as I am, and loves me too much to leave me that way. Federated accepts all people as they are and supports them in the spiritual journey. With Christ we offer hope and healing to change our world.

Our Mission Statement

We welcome you to The Federated Church, a place to belong and a place to become. We are people just like you, who hope and love and hurt, and we have found that Jesus Christ makes a transforming difference in our daily lives. Your presence matters to us. We open our hearts to you.
Puerto Rico Earthquake Disaster Relief

Donations Needed

You can use any one of four methods to contribute through Federated Church:

- **Text FEDCHURCH PR EARTHQUAKE $$$$ to 73256**

- **Use the RealmConnect App**
  
  Select “Giving” then “Make a Gift”
  Select PR Earthquake

- **Go to the fedchurch.org/giving**
  
  Click the Give Now button and select the PR Earthquake fund

- **Write a check or donate cash – designated PR Earthquake Relief**

Community Action Poverty Simulation (CAPS)

Friday, January 31 | 8:30 am—12:00 pm
Cuyahoga Community College

Members of SJAM recommend participating in this powerful learning experience that creates insight into the chronic crisis that consumes so many working poor families. A poverty simulation is an experience designed to help participants understand what it is like to live in a typical low-income family trying to make ends meet from month to month. The main objective of the simulation is to sensitize the participants to the realities that low-income people face.

Please register through Eventbrite:
https://www.eventbrite.com/o/cuyahoga-community-college-26279440349

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Our Staff is Here to Support YOU
We at Federated believe in service. We think of our congregation as Ministers to the World and our church staff as Ministers to the Congregation. Should you have questions or need information, please contact us at 440.247.6490. We look forward to serving you.

Clergy  
*denotes part-time staff

Hamilton Throckmorton, Senior Pastor  
Mark Simone, Pastor of Children’s, Youth & Family Faith Formation  
* Dan Kershner, Pastoral Care Pastor

Administration and Staff  
Melinda Smith, Congregational Life Administrator  
* Janis Stefanchik, Bookkeeper  
* Trisha Holland, Marketing & Communications Specialist  
* Kiersti Critchfield, Pastoral Care Administrator  
* Dolly Herschel, Primetime Coordinator  
* Laura Taylor, Fund Development Associate  
  
  Jake Magalski, Properties, Maintenance & Grounds Lead  
  Jacob Evans, Head Custodian  
  Ken Tranter, * Larry McGuire, Custodians

Music Staff  
Joshua Konow, Director of Music Ministries  
* Marcia Snavely, Organist  
* Pat Haynish, Director of Children’s Choir  
* Thaddeus Quintin, Director of Federated Bell Choir

Children’s Ministries Staff  
* Marty Culbertson, Director of Youth Faith Formation  
* Kristin LeFeber, Director of Children’s Faith Formation  
* Alex Bell, Lianna Davis, Trisha Holland, Childcare Providers

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Our Ushers and Greeters are available to answer any questions you may have and will be happy to assist you in any way.
Apollo’s Fire: Last Day for Pre-Sale Ticket Pricing is This Thursday!
Friday, January 24, 7:30 pm | Sanctuary

A reception will follow the concert.

“Sugarloaf Mountain” is created and directed by Jeannette Sorrell, creator of Apollo’s Fire hit crossover programs “Come to the River” and “Sephardic Journey,” both Top 10 bestsellers on Billboard Classical. The program has toured to New York City, the National Gallery in Washington, Pittsburgh’s Renaissance & Baroque Society, and universities up and down the East Coast, in addition to over 15 sold-out performances in Cleveland. The CD recording on British label AVIE debuted at no. 5 on the Billboard Classical Crossover chart (2015).

Visit fedchurch.org/concerts for more info and to purchase tickets, or purchase tickets between worship services in Fellowship Hall.

**TICKET PRICING**
Advance purchase by January 23 (General Admission)—$35
At-the-door, on January 24 (General Admission)—$45
Premium seating (Front of house/balcony)—$60
Student admission (18 and under)—$15

“Wonderfully fresh... exuding utter authenticity, contagious kinetic energy, and a totally free-wheeling spirit to the nth degree while shedding not a whit of their phenomenal technical polish, exemplifying the kind of art that conceals art. A must-have item; highest recommendation.”
– FANFARE Record Magazine

“Spectacularly fine singing and instrumental playing... full of energy and life. Terrific sweep from the ensemble who really swing. A first rate recording.”— THE CLASSICAL REVIEWER, UK

“Authenticity and that most elusive of desirable qualities, exquisite taste.”— THE CLEVELAND PLAIN DEALER
**St. Paul’s Food Need**

Ohio City Power, managed by Lisa Braun (former Primetime Coordinator), collects food donations to be used by a cook at St. Paul’s Community Church in preparation of lunches (Soup for the Soul). These lunch meals provide food for the needy from the area around St. Paul’s. For some folks, this may be the only meal of the day. About 40-60 people partake daily.

While there is a regular supply of bagels (donated by Einstein’s, collected by Jane Biggar), donations of other items for meal preparations are now in short supply. The most needed item is meat of various kinds (e.g. poultry, beef, pork, bacon, sausage). Eggs are needed, also (arrange for delivery in advance). Donations would be greatly appreciated.

If you are inclined to help the needy in this way, you may put your donation in the chest freezer in the tunnel at Federated Church labeled clearly OCP and advise Kathy or Don. The food is transported to St. Paul’s weekly by Kathy Kolcaba (parish nurse) or Don Hoke.

For further information, contact Lynne Kessell (lynnekessell@hotmail.com), Kathy Kolcaba (kathykolcaba@yahoo.com), Lisa Braun (lisabraun@ohiocitypower.net, 440.289.1657) or Don Hoke (dhoke44022@yahoo.com, 440.338.8219).

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**Loaves & Fishes Volunteers**

The Loaves & Fishes Ministry prepares a meal the last Sunday of each month at St. Paul’s Community Church. Many homeless people are grateful for this healthy and hearty meal.

We welcome you to volunteer for one or more times. There is a signup board in Fellowship Hall for your convenience. Stop by after today’s service.

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**Melinda Stees Art Tour**

**Sunday, February 2 | 11:15 am**

**Are they prints? Paintings? Knitting?**

Artist **Melinda Stees** will answer all your questions when she takes us on a tour of her art on **Sunday February 2 at 11:15 am**, right after the 10:00 service.

Meet her by the art gallery, at the bottom of the blue stairs used to exit the Sanctuary. You will see multiple panels of her intriguing artwork hanging right there.

How does she create it? Why? Is it true that her artwork is currently hanging in Pittsburgh, and transitioning to a Denver gallery next? Come join us & find out!
**Women’s Fellowship Service Project**  
**Monday, January 27**

We have three sewing machines and we will be meeting in the Small Meeting Room on Monday, January 27 at 1:00 pm to make some cancer pillows, TLC lap blankets & fabric bags for gifts, and fabric toiletry bags for the homeless.

We are looking for fabric donations, thread, ribbons and textured notions for the TLC lap blankets. If you aren’t a sewer… we will need cutters also!

Hope you can join us for some fun service projects & fellowship. If you have questions, please contact Lynne Kessell at 440.247.5544.

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**Flying the Pan African Flag**

We are flying the Pan African Flag from January 12-21 to highlight Federated’s work towards Racial Justice.

**Rev. Dr. Martin Luther King, Jr.**

Birthday Observed—All Federated buildings closed  
Monday, January 20

Earlier this month, we also had a book study on the book “Just Mercy” and met to view the film at Chagrin Cinemas.

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**SJAM—LGBTQ+**

**My Kid’s Out**

Bainbridge UCC is offering an event for parents. “**My Kid’s Out**” is on Saturday, January 25 at 10:00 am. Parents of LGBTQ+ are invited to attend at 17751 Chillicothe Road.

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**Paper Recycling at the FLC on Break**

For several years, Federated Church has participated in a paper recycling program with the Abitibi Company. There was a small return on our recycling program. On December 18, 2019, Abitibi went out of business and sold the collection dumpsters to Rumpke Waste & Recycling Company. Rumpke had a recycling program but there is a charge for the service. The Properties Committee directed staff to contact Rumpke to pick up the dumpsters and to not enroll Federated Church in their recycling program. The Social Justice Advocacy Ministry (SJAM) will examine other ways to participate in sustainable practices. The SJAM Creation Justice Team will keep us all updated.
Always, We Begin Again
SPIRITUALITY 101 RETURNS
Six Wednesdays:
January 22, 29,
February 5, 12, 19, 26
7:00-9:00 pm | Bell St. Room 240

St. Benedict wrote that “Always, we begin again.” No matter how many years we have worshiped and prayed, we can choose to become beginners in the spiritual life. Each new day offers the opportunity to be more aware of God’s presence and movement in our life. Each encounter with our loving God grows us in faith, hope and love, in patience and wisdom.

Through discussion and practice, we seek to deepen our relationship with the Holy One and one another. Mary Senechal, hospice chaplain, and Judith Brown Bryan, spiritual director and retired Presbyterian minister, will provide short readings, facilitate conversation, and guide a variety of prayer practices that have sustained Christians over the centuries. Because each of us brings our unique gifts and experiences, this series is intended for men and women of all ages and stages in their spiritual journey.

To sign up, contact Mary at msart@windstream.net or 440.338.3312. Thank you!

Tributaries
Feeding the River of Spiritual Life

A spiritual growth academy for the community. A portion of proceeds go to support programs of Federated Church. Visit fedchurch.org/tributaries.

Yoga-Spirit-Renewal
Tuesdays through May 26 | 10-11:15 am
Fellowship Hall Tuition: $85 for 7 classes, $15 Drop-in

Is your nervous system stuck in over-drive? Let yoga be your re-set button. A prayerful, reflective yoga practice in a warm and inviting community offers an answer. Move & Breathe, Relax & Center. When you’re healthy in body, mind, and spirit you can be of better service in the world and enjoy life with greater pleasure & ease.

Instructor: Polly Manke
Contact: polly@pollymanke.com

Gentle Slow Flow Yoga
Thursdays through February 27 | 7-8:15 pm
Room 230 Tuition: $30 Drop-in

This gentle yoga class introduces basic yoga postures. Engage in the intentional practice of meditation, movement, and breath work by connecting our entire being - body, breath, mind and spirit. A sense of balance, centering and peacefulness prepare us to better live into our faith and to be available to serve others.

Instructor: Dawn Dole, RYT 200
Contact: Please RSVP to newdayyoga.dawn@gmail.com

Balance, Balls and Bands
Thursdays | 10:30-11:30 am
Fellowship Hall Tuition: $10 Drop-in

A new integrative mind body approach done with chair support to improve balance, strength & flexibility. Modified to your tolerance.

Instructor: Carol Kelly, LPT
Contact: schakell51@aol.com

Secure Ways to Pay Your Pledge!

- Online: https://onrealm.org/fedchurch/give
- Mobile App: Download “Connect – Our Church Community”
- Text: “FEDCHURCH” to “73256”

Questions? Contact Janis Stefanchik, bookkeeper, x114 or business@fedchurch.org
### Weekly Calendar

Activities in **bold italics** take place at the Family Life Center. Rentals, Scout and non-church related community events are not listed. Find the full calendar of events on our website at FEDCHURCH.ORG/CALENDAR

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>January 19</th>
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<tbody>
<tr>
<td>10:00 am</td>
<td>Confirmation Class</td>
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<tr>
<td>10:00 am</td>
<td>Traditional Worship Service</td>
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<tr>
<td>10:00 am</td>
<td>Sunday School (K-8)</td>
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<tr>
<td>10:00 am</td>
<td>Kids Cove Childcare</td>
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<tr>
<td>11:00 am</td>
<td>Coffee Fellowship</td>
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<tr>
<td>11:30 am</td>
<td>RISE to Shine Modern Worship</td>
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<tr>
<td>11:30 am</td>
<td>SJAM Mtg</td>
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<tr>
<td>4:00 pm</td>
<td>Northern Ohio Intercultural Association Cooking Class</td>
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<tr>
<td>4:30 pm</td>
<td>JOY (Jr. High Youth Group) Mtg</td>
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<tr>
<td>6:30 pm</td>
<td>GROUP (Sr. High Youth Group) Mtg</td>
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<tr>
<td>8:00 pm</td>
<td>AA Sunday Open Hearth Mtg</td>
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<table>
<thead>
<tr>
<th>MONDAY</th>
<th>January 20</th>
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<tbody>
<tr>
<td>All buildings Closed in honor of MLK Jr. Day</td>
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<tr>
<th>TUESDAY</th>
<th>January 21</th>
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<tbody>
<tr>
<td>10:00 am</td>
<td>Pastoral Care Mtg</td>
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<tr>
<td>10:00 am</td>
<td>Tributaries: Yoga-Spirit-Renewal</td>
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<tr>
<td>12:30 pm</td>
<td>Primetime Bridge</td>
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<tr>
<td>2:00 pm</td>
<td>TNT Planning Meeting</td>
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<td>6:00 pm</td>
<td>Worship &amp; Music Commission Mtg</td>
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<tr>
<td>7:00 pm</td>
<td>Men’s Third Tuesday</td>
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<tr>
<td>7:30 pm</td>
<td>RISE to Shine Band Rehearsal Mtg</td>
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<tr>
<th>WEDNESDAY</th>
<th>January 22</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Contemplative Prayer</td>
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<tr>
<td>12:00 pm</td>
<td>Twelve to One AA Mtg</td>
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<td>5:00 pm</td>
<td>Properties Committee Mtg</td>
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<tr>
<td>6:00 pm</td>
<td>2020 Budgeting Session</td>
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<td>7:00 pm</td>
<td>Bell Choir Rehearsal</td>
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<td>7:00 pm</td>
<td>Spirituality 101 Returns</td>
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<tr>
<td>7:30 pm</td>
<td>Women on the Move AA Mtg</td>
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<tr>
<td>7:30 pm</td>
<td>SLAA/Augustine Fellowship Mtg</td>
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<tr>
<th>THURSDAY</th>
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<tr>
<td>8:00 am</td>
<td>THE SPIRE Newsletter Prep</td>
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<td>8:30 am</td>
<td>Men's Discussion Group</td>
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<td>9:00 am</td>
<td>Ladies Prayer Group</td>
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<tr>
<td>10:00 am</td>
<td>Sit &amp; Stitch</td>
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<tr>
<td>10:30 am</td>
<td>Tributaries: Balance, Balls &amp; Bands</td>
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<tr>
<td>3:45 pm</td>
<td>Guitar Choir</td>
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<td>6:00 pm</td>
<td>Thursday Women’s Happy Hour AA Mtg</td>
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<tr>
<td>6:30 pm</td>
<td>ACA Mtg</td>
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<tr>
<td>7:00 pm</td>
<td>Federated Choir Rehearsal</td>
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<tr>
<td>7:00 pm</td>
<td>Tributaries: Gentle Slow Flow Yoga</td>
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<th>FRIDAY</th>
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<tr>
<td>9:30 am</td>
<td>Women’s Bible Study</td>
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<tr>
<td>12:00 pm</td>
<td>Friday Noon Big Book AA Mtg</td>
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<tr>
<td>1:00 pm</td>
<td>Mahjong</td>
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<tr>
<td>7:30 pm</td>
<td>Sugarloaf Mountain: An Apollo’s Fire Concert</td>
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<tr>
<td>8:00 pm</td>
<td>Chagrin Falls Friday AA Mtg</td>
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<tr>
<td>8:45 pm</td>
<td>Reception for Apollo’s Fire Concert</td>
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<tr>
<th>SATURDAY</th>
<th>January 25</th>
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<tr>
<th>SUNDAY</th>
<th>January 26</th>
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<tbody>
<tr>
<td>9:00 am</td>
<td>Loaves &amp; Fishes—Sharing A Meal</td>
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**FELLOWSHIP OF PRAYER:** *Please include in your prayers this week....*

Each week, we ask your prayers for two of our staff members. This week please pray for **Trisha Holland** and **Kiersti Critchfield**.

For January, the Mission & Service Commission is asking us to keep in prayer one of our church’s mission partners, **Homeless Ministries (Homeless Stand Down in Cleveland)**.

**The Fellowship of Prayer Note Writers for this week are:**
Joyce Ritchie; Carol Basler; Sally Ramsey, Sue Mansour.

*If you have other concerns or praises you would like held in prayer, please fill out a Blue Prayer Card and put it in the prayer box, or email kcritchfield@fedchurch.org. Our Prayer and Praise Ministry Team and our staff will pray for your request. If you would like to be on this ministry team, please email Harriett Rogers: harriett.rogers41@yahoo.com.*

**Altar Flowers**
The altar flowers this morning are given with love and happy memories of Norm Smith by Barbara, Kelli, Martin, Lila and Mirielle.

The flowers from today's worship service will be rearranged and distributed by the Angel Flower Ministry.

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**Fellowship Treats:** Thank you to **members with last names beginning E, F, or G** for providing today's treats. We invite you to join us in Fellowship Hall between the services for food and fellowship.

Each week, certain members are invited to bring treats to share. Please bring ready-to-serve finger foods in disposable containers. They can be set on the treat table in Fellowship Hall. Healthy choices are especially welcome, but please no nuts. Thank you in advance for your participation.

- January 26 – **members with last names beginning H, I, J or K**
- February 2 – “**Soup-er Bowl**”-Soup and treats provided by Jr. High Youth Group benefitting

**Soup for the Soul**

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*Photo Release Policy: Families and others in attendance at a Federated Church function acknowledge that they may be photographed or videoed and their images used in church publications and/or promotional materials.*