11:30 RISE to Shine Service

Spirited and Invitational Music
Welcome and Announcements
Offertory invitation
Scripture
Sermon
Song
Blessing

All children are welcome in worship! Childcare is also available for birth-Pre-K downstairs in Room G20.

God accepts me just as I am, and loves me too much to leave me that way. Federated accepts all people as they are and supports them in the spiritual journey. With Christ we offer hope and healing to change our world.

Our Mission Statement

Ahead At The Fed

Sunday, March 1
Led by Youth & Rev. Mark Simone
Communion Served
10 am
Traditional Family Worship
11:30 am
RISE to Shine Worship
Music by RISE to Shine Band

March 1 - Scriptures
- Genesis 2:15-17; 3:1-7
- Psalm 32
- Romans 5:12-19
- Matthew 4:1-11

Sunday, March 8
Rev. Hamilton Throckmorton preaches
10 am
Traditional Worship and Sunday School
Commissioning of 2020 Lay Leaders
Music by Adult Choir
11:30 am
RISE to Shine Worship
Music by RISE to Shine Band

Welcome!

Upcoming Activities and Opportunities at Federated
Our Staff is Here to Support YOU
We at Federated believe in service. We think of our congregation as Ministers to the World and our church staff as Ministers to the Congregation. Should you have questions or need information, please contact us at 440.247.6490. We look forward to serving you.

Clergy
*denotes part-time staff
Hamilton Throckmorton, Senior Pastor
Mark Simone, Pastor of Children’s, Youth & Family Faith Formation
* Dan Kershner, Pastoral Care Pastor

Administration and Staff
Melinda Smith, Congregational Life Administrator
* Janis Stefanchik, Bookkeeper
* Trisha Holland, Marketing & Communications Specialist
* Kiersti Critchfield, Pastoral Care Administrator
* Dolly Herschel, Primetime Coordinator
* Laura Taylor, Fund Development Associate
Jake Magalski, Properties, Maintenance & Grounds Lead
Jacob Evans, Head Custodian
* Larry McGurer, * Kin Barber, Custodians

Music Staff
Joshua Konow, Director of Music Ministries
* Marcia Snavely, Organist
* Pat Haynish, Director of Children’s Choir
* Thaddeus Quintin, Director of Federated Bell Choir

Children’s Ministries Staff
* Marty Culberson, Director of Youth Faith Formation
* Kristin LeFeber, Director of Children’s Faith Formation
* Alex Bell, Lianna Davis, Trisha Holland, Childcare Providers

Our Ushers and Greeters are available to answer any questions you may have and will be happy to assist you in any way.

Primetime Federated Forum
Bell St. Fellowship Hall
Monday, March 9
Refreshments at 1:30 pm
Program at 2:00 pm

Presenter: Carol Lucas
Program: “Send in the Clowns”
Sponsored by The Campus of Anna Maria

A Cleveland native, Carol Lucas is a writer and educator. She has taught business writing at Cleveland State and presents lifelong learning courses for Tri-C’s Encore Program.

“Send in the Clowns” is such a fun topic and covers some of our favorite comedians in history, including those in the Circus, Vaudeville, movies, and television,” says Carol. We know them for their fuzzy hair, painted cheeks and pratfalls that make us laugh one moment and cry the next. Who dwells behind such masks? Carol explores the lives of some of the world’s most fascinating comedians. “People enjoy reminiscing about these special times and what better way to do it than with your peers!” So, join us for this wonderful informative and fun presentation.
2019 Annual Meeting of the Congregation
TODAY | 12:45 pm | Sanctuary

A meal will be provided prior to the meeting starting at 11:00 am as a fundraiser by the Colorado Kids.

Childcare is available downstairs in Room G20.

Your presence is important! We need a quorum of 100 members to approve the 2020 budget and candidates for leadership positions throughout the church, and other recommendations brought forth by Church Council.

Women’s Fellowship Service Project
TOMORROW, February 24 | 1:00 pm
Fellowship Hall

We have three sewing machines and we will be meeting again on Monday, February 24 to make some cancer pillows, TLC lap blankets & fabric bags for gifts, fabric toiletry bags for the homeless, and fleece hats.

We are looking for fabric donations, thread, ribbons and textured notions for the TLC lap blankets. If you aren't a sewer... we will need cutters also!

Hope you can join us for some fun service projects and fellowship. If you have questions, please contact Lynne Kessell at 440.247.5544.

One Remaining Movie Night for African-American History Month

Henry Louis Gates’s four-part series, “Reconstruction in America” continues:

TOMORROW, 7:00 pm, Fellowship Hall
Part 4, *The New Negro*
**Wondrous Wednesday: Free Dinner for Ash Wednesday**  
Wednesday, February 26 | 6:00 pm  
Fellowship Hall

There will be a free dinner available before the Ash Wednesday service to make it easier to attend. It will feature savory chicken vegetable soup and warm garlic bread.

To reserve your meal, call 440.247.6490 or email katiesharbage@gmail.com.

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**One Book One Community**  
“Let Your Life Speak”  
By Parker Palmer

Have you wondered about your true calling in life? Are you using your gifts and talents to serve a need in the world that is meaningful to you? Are you living in a way that is true to your deepest values?

Explore these questions and find the inspiration to find your own unique and authentic path as we read *Let Your Life Speak: Listening for the Voice of Vocation* by Parker Palmer during Lent.

We invite you to participate in our One Book One Community book study. Small groups are forming to discuss the book during the six weeks of Lent. **Meetings start this week.**

**Look for sign-ups and books available in Fellowship Hall between the worship services. Cost of book: $15.**

Contact Cathy Digel with questions at cathy.digel@gmail.com or 216.409.9714.

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**Ash Wednesday Service**  
Wednesday, February 26, 7:00 pm  
Chapel

Join us in the Chapel for the Ash Wednesday Service of Communion and Imposition of Ashes.

Rev. Judith Brown Bryan will be preaching, and Rev. Hamilton Throckmorton will share worship leadership with her.
**Immigration Reform Vigils**
Join the Social Justice Advocacy Ministry for a monthly vigil the first Thursday of each month at 4:00 pm at Lakeside and E. 9th.
**Thursday, March 5** is the next vigil.
For more information contact Bill Shaul at theshauls@msn.com.

**New SJAM Bulletin Board!**
As you enter Fellowship Hall look to the right to see the Bulletin Board highlighting the Social and Environmental Justice activities at Federated and become involved. You are welcome and needed.

**100 Things to do for Racial Justice**
To Celebrate Federated’s 100th Anniversary and in honor of Black History Month we have compiled a list of actions you can take to work for racial justice.

Look for our display in Fellowship Hall by the new SJAM bulletin board and pick up a copy.

**Mahjong**
*Every Friday | 1:00 pm | Bell St. Lounge*
We welcome you to join a lively game of Mahjong. No prior knowledge needed. If you are interested... just show up! We will split up into groups of three or four to play. If you have a Mahjong set, please bring it along.

**Tributaries**
Feeding the River of Spiritual Life

**Yoga–Spirit–Renewal**
*Tuesdays through May 26 | 10-11:15 am*
**Fellowship Hall | Tuition: $85 for 7 classes, $15 Drop-in**
Is your nervous system stuck in over-drive? Let yoga be your re-set button. A prayerful, reflective yoga practice in a warm and inviting community offers an answer. Move & Breathe, Relax & Center. When you’re healthy in body, mind, and spirit you can be of better service in the world and enjoy life with greater pleasure & ease.
**Instructor:** Polly Manke
**Contact:** polly@pollymanke.com

**Gentle Slow Flow Yoga**
*Thursdays through March 26 | 7-8:15 pm*
**Room 230**
**Tuition: $15 Drop-in, or 10 classes for $100**
This gentle yoga class introduces basic yoga postures. Engage in the intentional practice of meditation, movement, and breath work by connecting our entire being - body, breath, mind and spirit. A sense of balance, centering and peacefulness prepare us to better live into our faith and to be available to serve others.
**Instructor:** Dawn Dole, RYT 200
**Contact:** Please RSVP to newdayyoga.dawn@gmail.com

**Balance, Balls and Bands**
*Thursdays | 10:30-11:30 am*
**Fellowship Hall | Tuition: $10 Drop-in**
A new integrative mind body approach done with chair support to improve balance, strength & flexibility. Modified to your tolerance.
**Instructor:** Carol Kelly, LPT
**Contact:** schakkell51@aol.com
### March Movie Night
**Monday March 16, 7:00 pm**
**Fellowship Hall**

Join us for a movie night sponsored by Federated’s Social Justice Advocacy Ministry. We will watch a Bryan Stevenson TED Talk called “We need to talk about Injustice” and a Ran Jayadev TED Talk called “Participatory Defense.”

Discussion and snacks will follow.

### Social Justice Advocacy Ministry

SJAM is a group of Federated folks learning about and taking action on a wide variety of societal justice issues such as gun violence, criminal justice, LGBTQ+ rights, environmental issues, racial justice, voter registration and immigration as well as other areas of concern. Sound interesting? We welcome you to join us at our next meeting. Bring a friend. SJAM is open to all in the community who are looking for ways to work for social justice. If you would like to learn more, please contact Kathy Franz (440.543.4086 or kfranz37114@gmail.com).

**Next SJAM Meeting — Sunday, March 15, 11:30 am, Bell St. Room 240**

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_Federated Church is a Stephen Ministry congregation. Stephen Ministry is a lay caring ministry, offering one-on-one support to those who are struggling. If you or someone you know could use a caring, compassionate friend who will listen, keep conversations confidential, and be a companion along a tough journey, please email Dan Kershner (drekersh@gmail.com) of our staff. Care receivers need not be affiliated with Federated Church._

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### Lenten Dinner with NOICA
**Sunday, March 22, 4—7 pm**

In January, our Turkish friends and neighbors at the Northern Ohio Intercultural Association (NOICA, formerly Turkish American Society) hosted a cooking demonstration that was enjoyed by all who attended. Now it is our turn to host. On Sunday, March 22, Federated will be hosting a Lenten dinner that includes a presentation on what Lent means and a fun activity for the kids. This event is open to ALL Federated and NOICA adults and children.

The cost is $10 for adults, $5 for ages 5-12, and free for children under 5.

Please RSVP by calling 440.247.6490 or stop by Fellowship Hall on Sundays between the worship services starting March 1 to sign up.
<table>
<thead>
<tr>
<th>SUNDAY February 23</th>
<th>THURSDAY February 27</th>
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<tbody>
<tr>
<td>9:00 am Loaves &amp; Fishes—Sharing a Meal</td>
<td>8:00 pm THE SPIRE Newsletter Preparations</td>
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<tr>
<td>10:00 am Confirmation Class</td>
<td>8:30 am Men’s Discussion Group</td>
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<td>10:00 am Traditional Worship Service</td>
<td>9:00 am Ladies Prayer Group</td>
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<tr>
<td>10:00 am Sunday School (K-5)</td>
<td>10:00 am Sit &amp; Stitch</td>
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<td>10:00 am Kids Cove Childcare</td>
<td>10:30 am Tributaries: Balance, Balls &amp; Bands</td>
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<td>11 am-12:45 pm Brunch/Lunch Fundraiser</td>
<td>12:00 pm Primetime Lunch Out</td>
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<td>11:00 am Coffee Fellowship</td>
<td>3:45 pm Guitar Choir</td>
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<td>11:30 am RISE to Shine Modern Worship</td>
<td>6:00 pm Thursday Happy Hour AA Mtg</td>
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<td>12:45 pm Annual Meeting</td>
<td>6:30 pm ACA Mtg</td>
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<td>6:30 pm GROUP (Sr. High Youth Group) Mtg</td>
<td>6:30 pm OBOC Lenten Book Study</td>
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<tr>
<td>8:00 pm AA Sunday Open Hearth Mtg</td>
<td>7:00 pm Federated Choir Rehearsal</td>
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<tr>
<th>MONDAY February 24</th>
<th>FRIDAY February 28</th>
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<tbody>
<tr>
<td>10:00 am Primetime Tai Chi Class</td>
<td>9:30 am Women’s Bible Study</td>
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<tr>
<td>10:15 am Monday Morning Miracles Mtg</td>
<td>12:00 pm Friday Noon Big Book AA Mtg</td>
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<tr>
<td>1:00 pm Helping Hands Service Project Workshop</td>
<td>12:00 pm OBOC Lenten Book Study</td>
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<td>6:00 pm Stephen Ministry Interview</td>
<td>1:00 pm Mahjong</td>
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<td>7:00 pm SJAM Movie Night—Reconstruction Series (Part 4 of 4)</td>
<td>2:00 pm Spiritual Direction Session</td>
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<td></td>
<td>8:00 pm Chagrin Falls Friday AA Mtg</td>
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<tr>
<th>TUESDAY February 25</th>
<th>SATURDAY February 29</th>
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<tbody>
<tr>
<td>10:00 am Pastoral Care Mtg</td>
<td>10:00 am Youth Sunday Rehearsal</td>
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<td>10:00 am Tributaries: Yoga—Spirit—Renewal</td>
<td>11:30 am Youth Sunday Band Practice</td>
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<td>7:00 pm Communion Class (Part 2)</td>
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<tr>
<td>7:30 pm RISE to Shine Band Rehearsal</td>
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<tr>
<th>WEDNESDAY February 26—Ash Wednesday</th>
<th>SUNDAY March 1—Youth Sunday</th>
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<tr>
<td>7:30 am Contemplative Prayer</td>
<td>8:30 am OBOC Lenten Book Study</td>
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<tr>
<td>12:00 pm Twelve to One AA Mtg</td>
<td>10:00 am Traditional Family Worship Service</td>
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<tr>
<td>5:15 pm Same Boat Friends meet for dinner—away</td>
<td>10:00 am Kids Cove Childcare</td>
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<tr>
<td>6:00 pm Wondrous Wednesday Dinner</td>
<td>11:00 am Coffee Fellowship</td>
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<tr>
<td>7:00 pm Ash Wednesday Service</td>
<td>11:30 am RISE to Shine Modern Worship</td>
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<tr>
<td>7:00 pm Bell Choir Rehearsal</td>
<td>12:30 pm GROUP (Sr. High Youth Group) &amp; JOY (Jr. High Youth Group) Movie Out (times TBD)</td>
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<tr>
<td>7:00 pm Telling Our Story Commission Mtg</td>
<td>8:00 pm AA Sunday Open Hearth Mtg</td>
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<tr>
<td>7:30 pm Women on the Move AA Mtg</td>
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<tr>
<td>7:30 pm SLAA/Augustine Fellowship Mtg</td>
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FELLOWSHIP OF PRAYER: Please include in your prayers this week....

John Bourisseau, 508 Miles Rd., Chagrin Falls, OH 44022-3368, who is having foot surgery on Tuesday, February 25.

Judy Harvey, 227 Manor Brook Dr., Chagrin Falls, OH 44022-4179, on the death of her husband, Tom, on Tuesday, February 18.

Brady Hively, 19 Chelsea Ct., Chagrin Falls, OH 44022-4102, on the death of his father, Tom Hively on Tuesday, February 18.

Todd Smith, 311 E Washington St, Chagrin Falls, OH 44022, on the death of his mother who died on Wednesday, February 19 in Charlottesville, VA.

Each week, we ask your prayers for two of our staff members. This week please pray for Marcia Snavely and Pat Haynish.

For February, the Mission & Service Commission is asking us to keep in prayer one of our church's mission partners, South African Ministries.

The Fellowship of Prayer Note Writers for this week are:
Myia Sterling, 440.338.4893; Carol Kelly, Elsie Lutman, Janet Peters, Sonja Solar, Nelson Fenner.

Altar Flowers
The altar flowers this morning are given in loving memory of William Foley by his family.

Fellowship Treats: Thank you to Colorado Kids and advisors for providing todays meal. We invite you to join us in Fellowship Hall between the services for food and fellowship before the Annual Meeting.

Each week, certain members are invited to bring treats to share. Please bring ready-to-serve finger foods in disposable containers. They can be set on the treat table in Fellowship Hall. Healthy choices are especially welcome, but please no nuts. Thank you in advance for your participation.
- March 1 – members with last names beginning S or T
- March 8 – members with last names beginning U, V, W, X, Y or Z

Photo Release Policy: Families and others in attendance at a Federated Church function acknowledge that they may be photographed or videoed and their images used in church publications and/or promotional materials.