

# Primetime

"A Mission in our Midst"

June 2020

Newsletter



*This is the day the Lord has made; let us rejoice and be glad in it.*

*Psalms 118:24*

Hello out there!

Hope you are all finding new hobbies to keep you occupied. I am still scrapbooking and walking a lot. I did make it down south for a week-long road trip and really enjoyed walking the beach!

Similar to what happened in May, we will not have any Primetime activities in June. The church will be closed through June as well. I hope you are watching the sermons online because they are so inspirational and helpful during this period. If you haven't seen them but would like to watch them online, go to our website at [www.fedchurch.org](http://www.fedchurch.org), go to "Worship," then "Sermons," then pick out what Sunday Service you would like to see. If you don't have a computer and would like to hear the Sunday Service over the phone, please contact Peggie Jo Shinagawa at 440.543.5974.

For those of you who have heard of or used "Zoom" meetings, our Tai Chi instructor, Ed Niam, is now holding classes on Zoom. If you have a computer, you can check out his website at [www.taichicleveland.com](http://www.taichicleveland.com) and sign up. I have been taking his classes for years now and really enjoy them!

If you have any prayer requests, please contact Kiersti Critchfield at 440.247.6490 ext. 103 and leave her a voicemail message, or email her at [kcritchfield@fedchurch.org](mailto:kcritchfield@fedchurch.org).

You can always call me, too, at 440.247.6490 ext. 133 and leave me a message and I'll get right back to you. I have called many of you to check in and I've had some good laughs and even a few good cries. Know that I'm thinking of you and missing you so much.

I will keep all of you in my prayers. Prayers for patience, understanding, loneliness and to find joy in the little things. I watched a squirrel on my patio today for five minutes and thought it was just beautiful. I would have never done that on a regular work day. Little joys are all around if you just look for them.

Stay Safe!

Dolly Herschel  
Primetime Coordinator



## Tai Chi/Meditation Institute USA-Cleveland

The Movement of Life blends the healing qualities of Tai Chi Chuan, Qi Gong, Shaolin Kung Fu, Traditional Chinese Medicine, Pa Kua Chang and meditation to recharge your mental, physical and spiritual health. All are welcome and no previous experience is necessary.

The instructor, Sifu Edward Niam, is a Grand Master of Tai Chi Chuan, Shaolin Kung Fu, Traditional Chinese Medicine, Acupuncture, Feng Shui, Qi Gong, Pa Kua Chang, Shaolin Healing Touch and Mindfulness Meditation.

More info on classes is at [www.taichicleveland.com](http://www.taichicleveland.com).



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## Primetime Mission Statement

*Primetime is a church-based organization providing spiritual growth, service to others, and education. This program provides opportunities for social involvement and gives people a sense of community and support. Federated Church sponsors this program to help enrich the lives of its members and the wider community.*



## June Birthdays

Lee Wiley	1	Nancy Carpenter	14
Pat Mitchell	3	Dick Fox	15
Nancy Martt	4	Elisabeth Meine	16
Gayle Bauer	4	Shirley Malzer	16
Duncan McVean	8	Laura Davis	16
Lily Hill	10	Mary Lou Riegel	18
Darlene Griffiths	10	John Baker	22
Jim Smith	11	Sally Smith	24
Don Anderson	13		

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