## 2021 Federated Church Annual Meeting:

February 28 at 11:15 AM via Zoom

This year we will hold our Annual Meeting via Zoom following our Sunday morning service on February 28. This means you can easily join us by clicking a Zoom link on your computer, tablet or smartphone or by calling in from any kind of phone. We expect attendance to be greater than ever because you will not have to go out into the February cold and our "snowbirds" can join us from afar. During the meeting we will explore the many things going on at Federated and the impact your generosity has had in the community as well as here at Federated. We will discuss the projects currently in process, the many new ways to connect, the Federated Branding project, the Visionary Action Plan, and other ways Federated is becoming fortified for the future. We will celebrate the success of the 2017 Capital Campaign, 2020 Stewardship, our Missions and Service, and see where 2021 Generosity is headed. We will explore the status of our many groups and what has been going on 2020 as well as plans for 2021 and beyond.

During the meeting, there will be several votes. We will vote, as we always do, to elect the 2021 slate of leaders and approve the 2021 budget. We will also vote on two changes to the Federated Constitution: Criteria for Active Membership and the formation of the Generosity Commission. Instructions for voting will be made very clear during the meeting, prior to each vote.

Each member-household will be mailed a packet in early February; the contents will also be available through our website and a link to the contents will be emailed. The packet will contain the Annual Report, the Financial Report, the agenda for the Annual Meeting, as well as updates from Leadership, Staff, our Commissions and other groups and the Constitutional Amendments we will be considering. The packet will also include easy instructions for joining Zoom via smartphone, tablet, computer AND telephone. So, do not worry if technology is not your thing. It will be as easy as picking up your phone!

Your involvement is essential and we want to make participation clear and easy for everyone. Therefore, we will hold practice sessions so those not familiar with Zoom can feel confident in joining us. The first practice session will follow online worship on February 14 at 11:15 am at: <a href="https://us02web.zoom.us/j/88417718195?">https://us02web.zoom.us/j/88417718195?</a>

<u>pwd=WEVFN2RrbUFtbndaVHkxaC9ZdldGQT09</u>. The link for the practice session is also available on our website at <u>fedchurch.org/annualmeeting</u>. Be on the lookout for additional practice session dates and times.

Join us for the 2021 Federated Annual Meeting: February 28 at 11:15 am!



## From Hamilton's Desk

Dear Friends,

As we approach Federated's Annual Meeting at the end of this month, we are in for yet another novel experience—as if we needed yet another one! We will gather virtually over Zoom, and together we will elect officers and commission and committee members; we will pass a budget for 2021; and we will share, through the ether, this community of Christ that is a radiant manifestation of the love and call of God.

As we prepare to gather, I want to pick up on and amplify some of the themes of our recent rebranding process. As you likely know, we now have an entirely new graphic look and tagline. They together focus who and what Federated is and aspires to be. The look itself is appealingly neat and simple and contemporary, with bold colors and arresting graphics.

With the rebranding, we are reminded again of the areas of church life that are at our core, and of the tasks that always beckon us. We are to **worship**—to adore the God who is all in all. As we are fed in worship, we are to **act**—to be God's "servants in the service of others," as the UCC Statement of Faith puts it. As part of this action, we are to **support**, both each other and the world beyond us—to be agents of connection and reconciliation. And in all of this, we are to continue to **grow**—to deepen our relationship with God and to find new ways to live out our vocations as disciples of Christ.

The logo itself is particularly telling. In it, we see echoes of the Trinity. As our partners in developing this new brand, OrgStory, put it, "The primary logo is a word mark and stylized 'f' icon. [It is] comprised of three parts representing God as the base and foundation, Christ as the arms that form the arms of the 'f,' and the Holy Spirit as the flame that forms the crook of the 'f.'" We are grounded, in other words in the fullness of God. Strikingly, the 'f' itself has a break in it, prompting a number of church people to wonder what the break represents. That break, says OrgStory, "signifies how we are broken, not perfect, in need of Christ." It's a simple break, and yet it is also a vivid reminder that we are always looking toward being made whole.

And all of it is subsumed in the tagline. "**Live Your Faith**," we are reminded. Live it by worshiping, acting, supporting, and growing. Live it by being the community we have been appointed by God to be—by embracing community, by embodying progressive faith, and by putting our faith into action. In adopting this new tagline, we are reminded to mature in faith, and to be about the work God gives us to do. As we gather for our Annual Meeting, may we live into our holy charge.

Yours in Christ,

Hamilton













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## Thank You from Church Council

The Federated Church Council sends resounding shouts of gratitude to the many people who made our Advent Season and Christmas Eve Services so sacred and splendid!

In ordinary times, the December programming raises the level of complexity and coordination that exceeds that of other months, yet in these times of distancing, technology and unquenched thirst for connection the bar was even higher than usual...and our fabulous Federated delivered God's Light to conquer the darkness!

Countless folks contributed to the challenge with a "can-do!" tenacity for extensive work and we want to highlight some of them here. Kiersti Critchfield and Trisha Holland coordinated the Search for the Christ Child experience with a host of actors and some tech magic to bring the Christmas story to life and into our living rooms with creativity and mirth. Our Congregational Care Commission did not miss a beat to usher in the season with a soul-filling Advent By Candlelight event on Zoom to set the season in motion. Diana Weber Gardner and the Telling Our Story Commission team used a series of video announcements to creatively introduce the congregation to our new branding and message: "living our faith." Joshua Konow, Marcia Snavely, and Pat Haynish coordinated practice sessions with musicians with physical distancing throughout the Advent season, with the crowning worship of Christmas Eve. There were several people involved with putting on a successful virtual caroling event. As always, Hamilton and Mark drew us all in close with messages and meditations so very relevant to this day and time. Numerous "Secret Set Crews" worked behind the scenes to set up the sound systems, imagery, and video streaming as if this was how "church" was always done: special thanks to Bruce Gigax, Larry Trace, Eric Reed, Barry Biggin, Trisha Holland, and Ward Pierson to name a few. So many dedicated hours of tech talent and time to seamlessly connect myriad moving parts to make our Christmas Eve Worship experience warm, meaningful and memorable.

This level of flexibility and change requires more mental, spiritual, and physical energy and time than usual and we are grateful for the gifts received. Conveying God's great hope and with each one adding talents, time, and innovation, our Federated Family worked joyfully together to lift us all beyond the disappointment of an unfathomable year and into a place of hope for the dawning of a New Day. Thank you!

- Beth Rutkowski, Church Council moderator

#### **UPCOMING WORSHIP SERVICES**

#### Sunday, February 7

Rev. Mark Simone preaches Communion celebrated 10 am Online Worship 11 am Virtual Coffee Fellowship 11:15 am Online Sunday School

#### Sunday, February 14

Rev. Hamilton Throckmorton preaches 10 am Online Worship 11 am Virtual Coffee Fellowship 11:30 am Online Sunday School

#### Wednesday, February 17

Rev. Hamilton Throckmorton preaches 7 pm Online Ash Wednesday Service

#### Sunday, February 21

Rev. Hamilton Throckmorton preaches 10 am Online Worship 11 am Virtual Coffee Fellowship 11:30 am Online Sunday School

#### Thursday, February 28

Rev. Hamilton Throckmorton preaches 10 am Online Worship 11 am Virtual Coffee Fellowship 11:15 am Annual Meeting

Worship: fedchurch.org/live

Coffee Fellowship: tinyurl.com/fedfellowship
Sunday School: Contact Kristin for the link at
klefeber@fedchurch.org

## **Online Worship:**

## Every Sunday 10:00 AM

on our YouTube Channel:
TheFederatedChurch

# fedchurch.org/live

## March SPIRE Deadline

Do you have something you'd like to see in the March SPIRE?

Please email your information to communications@fedchurch.org

by **Monday, February 15** and include "**SPIRE**" in the subject line.

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# FEDERATED NEWS & INFO

## **Stewardship Committee Update**

Thank you for your continued faith and investment in Federated's mission and ministries - and **for recognizing that Federated is a valuable partner in your faith journey.** 

We are grateful for so many near and far who:

- were able to increase their intentions (almost 40%),
- were able to maintain their 2020 intention level during these times (45%),
- took advantage of our online Intention to Give submission form 24/7,
- reconnected with Federated in 2020 (from both in-town and out-of-town) and submitted new intentions a benefit of our livestreaming services and online events, or
- switched from non-pledge giving to submitting an intention, thereby helping Federated with a planned contribution this year.

We hope every member will engage as they are able in this aspect of our faith journey. Together with God, we make a big impact!

### Ways to Submit your Intention to Give

- Fill out the form in the Generosity/Intention To Give section at fedchurch.org/giving
- Email Janis Stefanchik at <a href="mailto:business@fedchurch.org">business@fedchurch.org</a>
- Mail the Intention to Give card to 76 Bell Street, Chagrin Falls, OH 44022

#### Ways to Fulfill Your Intention

- Online: Click the GIVE NOW button at fedchurch.org/giving
- Select the Generosity 2021 Fund
- Text: "FEDCHURCH" to 73256
- Stock donations: get the information you need in the Stock Donation section at fedchurch.org/giving
- Mail checks to 76 Bell Street, Chagrin Falls, OH 44022

## **Anonymous Donation - Are you Andrew Anonymous?!**

Federated is so thankful to members who make donations from their investment accounts! However, in one circumstance, we don't know yet who to thank. So far, the credit goes to Andrew Anonymous.

• There was an early December donation sent to the church through Ameriprise Financial with no donor name attached.



- Was this from you?
- Was this for the 2020 Stewardship campaign, a non-pledge gift, the Generosity 2021 campaign, or for the Rejoice & Renew Capital Campaign?

The information the church receives from the investment companies does not include the member's name.

**If this was from you**, please call or email Janis Stefanchik, Federated's bookkeeper at <u>business@fedchurch.org</u> or 440.247.6490 x114.

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## **Generosity Impact Moments**

Each Sunday we share a Generosity Impact Moment during the service. In the last month, Hamilton and Mark have introduced these Generosity Impact Moments during Sunday worship services

January 3	Faith Formation and	GROUP and JOY purchasing and	11 Target carts overflowing with toys/
	Mission & Service Commission	distributing Thanksgiving and Christmas items thanks to an	clothing; food for 100 families at Thanksgiving and Christmas
	Commission	anonymous donor	Triding and Critistinas
January 10	Stewardship Committee	Generosity 2021 update	Over \$880,000 in Intentions submitted thus far
January 17	Telling Our Story Commission	Rebranding	New brand encapsulates Federated's spirit of community and our enormous outreach
January 17 January 24	· ·	Social and Environmental Justice	·
	Commission	,	of community and our enormous outreach
	Commission Mission & Service	Social and Environmental Justice	of community and our enormous outreach The impact of this ministry that is 4 years

Federated Church is a Charity of Choice for both our congregation and the community at large:

In mid-December Pastor Mark delivered nine of the new donated guitars to the Chagrin Falls Park
Community Center, as well as a generous donation of gift cards - on behalf of a Federated
ministry - to allow for the purchasing of items during the 2020 holiday season. Other guitars were
donated to The Music Settlement.

# Lenten Worship Series Covenant: strengthening the Relationship Between God and Us

For worship on the six Sundays of Lent this year, we're going to delve into the beauty and the wonder of the covenant between God and us. "Covenant" is a strange word to our ears. It may sound somewhat outmoded. Maybe, to contemporize it somewhat, we could use the word "agreement" instead. By whatever name, though, covenant is central to the relationship we have with God. We human beings have a covenant with God, and it defines everything about our faith. We're going to explore what covenant says about God. And we're going to reflect on what that covenant means for us. What does God's faithfulness look like? What does our faithfulness look like? Join us as we live into this foundational gift and call.

Here's what we'll focus on each Sunday:

February 21, Genesis 9:8-17: The Covenant of the Rainbow

February 28, Genesis 17:1-7, 15-16: Covenant and the Promise to Abram and Sarai

March 7, Youth Sunday, Exodus 20:1-17: Covenant and the Ten Commandments; Service will include Communion

March 14, John 3:14-21: The Covenant of Love

March 21, Jeremiah 31:31-34: The Covenant Written on our Hearts

March 28, Passion Sunday, Philippians 2:5-11: The Covenant and Self-Emptying; Service will include Communion

All Sundays will be led by Hamilton Throckmorton, except March 7 (Youth Sunday), and March 21, which will be led by Mark Simone.

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## **Federated Outreach during the Pandemic**

The Bible says in Hebrews 10:24, "And let us watch out for one another to provoke love and good works." Federated has taken "watching out for one another" seriously during this pandemic. New outreach ministries have been created to address our community's feelings of isolation and confinement. In March 2020, our Angel Telephone Ministry was created to contact over 150 member-households in vulnerable populations by checking in and sharing sermons and other important information concerning Federated. In 2020, with the help of 25 volunteers conservatively, over 750 touch-base telephone conversations or messages have taken place, over 350 sermons have been sent along with a personal note, the Fellowship of Prayer and announcements have been mailed, and over 100 sermons have been listened to over the phone.

On a Zoom gathering with some Angel Telephone Tree participants, Harriett Rogers recalled a time when Federated had a ministry whose purpose was to contact every member of Federated. All agreed this outreach was needed again and so the Congregation Contact Ministry was formed. Each week beginning in October contact information for five member-households was sent to 13 volunteers. By the end of 2020 the ministry contacted all member-households (over 550) letting the family know that their church family was checking in, and updating them on important Federated happenings. Members for whom there is no phone number were sent a note. This ministry is again beginning to reach out to every member-household. If you are interested in learning more about either telephone ministry, please contact Peggie Jo Shinagawa at pishinagawa@windstream.net.

Staff members have also been busy trying to keep people connected through this difficult time. Since March 2020, there have been 281 pastoral calls, 477 staff contacts, and 112 staff notes sent out. Marty Culbertson has been mailing hard copies of the Spire with personal notes each month to 50 households who cannot access the Spire electronically. Dolly Herschel, our Primetime Coordinator, sends out 54 hard copies of the Primetime Newsletter each month. All newsletters have had personal notes mailed with them. Dolly has made countless calls to her seniors and sent out 144 Christmas ornaments during December. Kiersti Critchfield, Pastoral Care Administrator, sent approximately 70 Christmas cards to various members of our congregation. Various members of the staff have also been sending out birthday cards.

A special "Thank You" to our volunteers and staff for their time and efforts to love and watch out for one another. Together the people of Federated make God's commandment of loving one another come alive in real and tangible ways. All of us should be encouraged by these meaningful acts of love and we encourage you to do what you can to reach out and connect with someone through this unprecedented time.

## **Stephen Ministry Offers Support**

Our Stephen Ministry is offering short term support for members of our congregation who are experiencing adverse effects from the prolonged pandemic.

If you are experiencing loneliness, sadness, or worry that you think would be helped by talking with a caring listener, you may want to consider having a Stephen Minister as someone you can talk with on a weekly basis, or for a caring conversation as needed.

Stephen Ministers are lay people from our congregation who are specially trained to provide support to people who are encountering difficult situations in their lives. Their ministry is confidential.

If you would like to engage the services of a Stephen Minister, please contact Dan Kershner at 330.425.8902 or drekersh@gmail.com.

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## **Federated Communion Classes are POSTPONED**

Traditionally, Federated offers communion classes to fifth graders in February.

Due to the nature of these classes they would be difficult to conduct virtually. The leaders have decided to postpone them until the fall when they can hopefully happen in person.

If you have any questions, please contact Kristin LeFeber at  $440.247.6490 \times 130$  or klefeber@fedchurch.org.



# MISSION & SERVICE

## **Parish Nurse Corner**

Last month's column may have confused some of you, because the usual byline, <u>Parish Nurse Corner</u>, wasn't used. But actually, Phil Fogarty's mission is not only his own with his long history. It is also now an extension of the Parish Nurse program, as we share in the many donations that come to the PN program. I was familiar with what Phil had been doing, and knew he brought food, clothing, and hygiene products to a population of homeless and impoverished folks on the near east side **every Tuesday evening**. Our "coalition" came about after the church-wide drive in November for the PN program which yielded an unbelievable amount of toiletries, underwear, socks, etc. I asked Lynne Kessell, my representative to Mission and Outreach, if I could share some of the bounty with Phil to which she enthusiastically said YES!

I have set up a distribution center in my garage for all donations and purchases in order to dole them out carefully for the two missions. The result is a large amount of products for St. Paul's and for Phil. Tuesdays are our fulfillment days. I might add that Leslie Fincun and I alternate actual visits to St. Paul's on Tuesdays, allowing me more time for organizing and shopping.

Last week, Lynne brought over more donations of toiletries which she had been collecting. In addition, she brought a large jar of Jim Kessell's origami frogs in different colors for the young and old clients at St. Paul's. (We are seeing more needy families all the time.) I called the frogs "Love Frogs" and gave them to each client and family member to remind them that they are loved. Some clients who had a place to live took several to brighten up their window sills – ALL, including me, were cheered in the process. Thank you Lynne and Jim!

If you care to donate to the overall mission to help the needy in Cleveland, call me to drop things off or send a monetary donation to The Federated Church, 76 Bell St., Chagrin Falls, 44022. Please add a note in the memo line designating the Parish Nurse Program. (I will let you know that I received your donation.) If you wish, you can tell me how you would like your donation used.

Thank you again for your generosity which makes this mission possible.

Kathy Kolcaba 440.655.2098 84 Hall St. Chagrin Falls, 44022

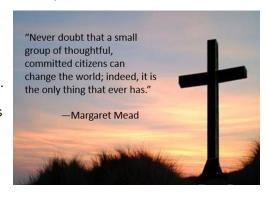
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# FEDERATED HAPPENINGS

## Social and Environmental Justice (SJAM) News

SJAM is a group of Federated and community folks learning about and taking action on a wide variety of societal justice issues such as gun violence, criminal justice, LGBTQ+ rights, environmental issues, racial justice, voter registration, and immigration as well as other areas of concern.

Sound interesting? We welcome you to join us at our next meeting. SJAM is open to all in the community who are looking for ways to work for social justice. To learn more, please contact Kathy Franz (440.821.7795 or wfranz@roadrunner.com).



### Next SJAM Meeting - Sunday, February 21, 11:15 am on Zoom

https://us02web.zoom.us/j/261964671?pwd=czFEQ1llRzJlUjk2dHE4NGdQaVFTUT09

Please feel free to log onto the call and check us out! No obligation. Just join the Zoom and see if what we are about speaks to your heart. We welcome you!

### Racial Justice/Criminal justice

### February Movie & Speakers Nights

## February 15, 7:00 pm on Zoom

Watch the movie <u>13<sup>th</sup></u> at your leisure: <u>https://www.youtube.com/watch?v=krfcq5pF8u8&feature=youtu.be</u>. Then join us on Zoom for a discussion.: <u>https://us02web.zoom.us/j/83595558354?</u> pwd=U1VxZU5SZ0NjcEVkbEcxeXpsbVIWdz09

#### February 22, 7:00 pm on Zoom

The arts and criminal justice join together with the Social Justice Advocacy Ministries of Federated Church in Chagrin Falls to present a special virtual event to discuss how Chagrin Arts and the Ohio Innocence Project have joined together for a unique new avenue for advocacy and education. The Ohio Innocence Project at the University of Cincinnati College of Law is dedicated to investigating crimes of wrongful imprisonment and the exoneration of people who are imprisoned for crimes they did not commit.

Chagrin Arts has focused its work in the performing and visual arts on diversity, equity, inclusion and social justice. Currently, the Joan P. Wenk Gallery at Chagrin Arts features a powerful photography exhibit titled "Freedom of Expression: Giving Voice to Victims of Wrongful Conviction." This exhibit captures arts made by crime victims, the exonerated, and family members of both. It is on loan through February from Healing Justice, a not-for-profit in Washington D.C.

Featured speakers at the virtual event include Pierce Reed, Program Director for Policy, Legislation and Education for the Ohio Innocence Project, Laurese Glover, a part of a group of exonerees known as the East Cleveland Three, and Karen Prasser, Executive Director of Chagrin Arts.

Join us for this powerful presentation with this Zoom link  $\frac{https://us02web.zoom.us/j/83595558354?}{pwd=U1VxZU5SZ0NjcEVkbEcxeXpsbVlWdz09}$ 

#### **Economic Justice**

#### **Chagrin Falls Park Community Center**

#### January 30-31 and February 6-7, 11:00 am-2:00 pm at 76 Bell Street Parking Lot

Chagrin Falls Park community center is in need of all cleaning supplies and disinfectants, dish liquid and laundry detergents (clear for sensitive skin if possible). Contact Marty with questions at <a href="mailto:mculbert@fedchurch.org">mculbert@fedchurch.org</a>.

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#### Creation Justice—what can we do to care for God's creation?

#### **Green Tip of the Month**

Winter Challenge: We invite everyone to go "Plastic-Free" over the next few months. How can you begin this?

- 1. Buy products that are packaged without plastic.
- 2. Go to this website to get ideas: <a href="https://packagefreeshop.com/">https://packagefreeshop.com/</a>
- 3. Spend a few minutes looking on the Internet for many ways to live "plastic-free." Lots of ideas and resources.
- 4. Use soap bars instead of soap in a plastic pump bottle.
- 5. Use shampoo bars and hair conditioner bars instead of products in plastic bottles.
- 6. Use a bamboo toothbrush instead of a plastic toothbrush.
- 7. Use a kitchen soap bar instead of liquid soap that comes in a plastic bottle.
- 8. Use reusable silicone storage bags instead of plastic bags for food storage.
- 9. Use toothpaste that comes in a glass jar or toothpaste that comes in small chewable tablets and in a glass jar.
- 10. Use beeswax food wrap instead of plastic wrap.
- 11. When you walk through the grocery store, challenge yourself to choose items without plastic.
- 12. Local business that is well-worth visiting: <a href="https://www.chagrinvalleysoapandsalve.com/">www.chagrinvalleysoapandsalve.com/</a>

## **Seeds of Literacy**

Back in 2009, our church donated its Christmas Eve offering to Seeds of Literacy. Now over 11 years later, this wonderful nonprofit is still going strong. Their current literature indicates that 66% of adults living in Cleveland are functionally illiterate and there are still ways that you can help!

Seeds of Literacy provides tutoring for adults interested in ESL and basic skills learning, along with GED preparation. Anyone interested in tutoring will receive training along with an orientation. One-on-one tutoring sessions can be given over a Zoom link which is provided by Seeds of Literacy and volunteers can schedule times that are convenient for them.

This is a wonderful way to provide opportunities for adults to then be able to apply for numerous employment opportunities once they have graduated from the program. There are many success stories and more information on their website: <a href="https://www.seedsofliteracy.org/">https://www.seedsofliteracy.org/</a>

# NEW Music Class! Performance Practice: Dispelling Anxiety in Public

When: Monday evenings, 7:00 - 8:00 pm

How: Online via Zoom

Dates: Every Monday, February 8 - March 15 (6 weeks)

One of the biggest challenges of public performance of any kind is how to handle "stage fright." Performance in groups or solo, giving a speech, making a presentation, teaching, working smoothly in groups, and other public settings can all create a feeling of anxiety. How do we prepare for these situations? How do we act "in the moment"?

This new class taught by Director of Music Ministries, Joshua Konow, will explore methods to improve confidence, reduce stress, and most notably how to prepare. Taught through the lens of music, the class will focus on how to practice music and learn more fundamental notation and reading skills. Singing, speaking, and some light assignments will be a part of this class to analyze and help every participant individually. This class is not intended only for musicians. Anyone is welcomed to participate no matter your musical background!

For questions and to register for the class, please contact Joshua Konow at <u>jkonow@fedchurch.org</u> or 440.247.6490 x120

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## **Prayer Service**

# Wednesday, February 3, 7:00-7:30 pm via YouTube

Join us on the Federated Church's YouTube channel for a family friendly prayer service focused on JOY!

Rev. Mark Simone will lead us through songs, scripture, prayer and meditation as we explore Philippians 4:4 "Rejoice in the Lord always. I will say it again: Rejoice!" This prayer service will be focusing on concepts the whole family can relate to and understand. So grab your little ones and join your church family in prayer at <a href="YouTube.com/TheFederatedChurch">YouTube.com/TheFederatedChurch</a>. We look forward to sharing this special night with you.

Contact Kiersti Critchfield at kcritchfield@fedchurch.org 440.247.6490 x103 if you have any questions.

## **Ash Wednesday Service**

Wednesday, February 17, 7:00 via YouTube

To begin the Lenten season, we will have a virtual Ash Wednesday service on February 17. The service will be led by Senior Pastor, Hamilton Throckmorton, and Director of Children's Ministries, Kristin LeFeber, who will offer a meditation. We will symbolically offer the imposition of ashes, hear scripture, reflect, and sing.

Join us for that on our YouTube page: <u>YouTube.com/TheFederatedChurch</u>, or follow the links on the fedchurch.org homepage.

## **Adult Education Communion Class**

Thursday, March 25, 7:00 pm via Zoom

Please save the date and join us for a one-night adult education class on the holy sacrament of communion. Revs. Mark Simone and Hamilton Throckmorton will walk you through a history, meaning and significance of communion and how it relates to our walk as Christians.

More information will be given as the date approaches. Contact Kiersti Critchfield at <a href="mailto:kcritchfield@fedchurch.org">kcritchfield@fedchurch.org</a> or 440.247.6490 x103 if you have any questions or to reserve your spot.



## **Gentle Slow Flow Yoga**

Open to all levels. Virtual class on Zoom. From the comfort of your own home.

Mondays at 10:00 - 11:15 am & Thursdays at 7:00 - 8:15 pm

This Gentle Slow Flow class links the breath, meditation, movement, and poses together. All levels of Yoga practitioners can find their comfort level, as they slowly and mindfully move through the class. Balance, focus, and peacefulness result from attention to breath as we move through physical "asana" or poses in our yoga practice. Modifications will be suggested as needed. This class is open to everyone with the ability to move through seated, standing, kneeling, and reclined positions unassisted.

You will need a computer or iPad to join the class via a Zoom link from the comfort of your own home/space.

To register, or if you have questions, email Dawn Dole, RYT200 at <a href="mailto:newdayyoga.dawn@gmail.com">newdayyoga.dawn@gmail.com</a>.

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# FEDERATED SPOTLIGHT

## **Spiritual Formation Commission**

"The spiritual life does not remove us from the world but leads us deeper into it."

Henri J.M. Nouwen

The Spiritual Formation Commission seeks to assist all members of the congregation to grow in their Christian faith, and to increase their understanding of their relationship with God. The commission develops and oversees spiritual programming that serve as education to both the head and the heart.

Examples of this include, but are not limited to:

Sunday School

Children, Youth and Family Ministries

Adult Bible and Book studies

Tributaries Programs (Yoga & Tai Chi)

Retreats and other Spiritual Classes

Just as it is important to maintain strong bodies and minds, it is important to live a healthy spiritual life. The Spiritual Formation Commission works to ensure that members of the church are receiving opportunities to be spiritually fed that they may live their faith.

The commission prayerfully and thoughtfully considers curricula, books and other program suggestions before approving them to insure they are consistent with Federated Church's theology, mission and vision. The commission seeks to offer a variety of programs in an effort to appeal to all spiritual seekers at various stages of understanding and practice of their faith.

At this time, the Spiritual Formation Commission is in need of members. If you are interested in joining this rewarding group and serving Federated Church in this way, please contact Peggie Jo Shinagawa, Chair of Nominating and Leadership at <a href="mailto:pishinagawa@windstream.net">pishinagawa@windstream.net</a>.

## In Memoriam

Recognition of those who have passed recently.

A farewell to friends; May God welcome them with open arms.

Judy Rice-1/4/2021 wife of Don Rice



Joe Coney-1/9/2021 husband of Rita Coney



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## Federated's Many, Many Ministries

Here is a list of ministries that were active or scheduled at Federated Church as we began 2020. Those in **bold text** continued or were added during the shut-down, despite the challenges of COVID-19 restrictions. **If you know of a ministry that is missing from this list, please contact Melinda Smith at <u>smithm@fedchurch.org</u> <b>or 440.247.6490 x111.** We want to make sure a complete list of Federated Touchpoints is part of the 2020 Annual Report.

12-Step Programs

Advent by Candlelight

Angel Errands

Angel Food

Angel Rides

Angel Telephone Tree Callers

Angel Flowers

Bethel Bible Study

Birthday Card Senders

**Book Studies** 

Chagrin Falls Park Community

**Center Programs** 

Children's Choir

Colorado Trip Faith Journey

Communion Ministry to

the Confined

Congregational Contact Callers

Contemplative Prayer Daughters of Abraham

Family Ministries

Federated Bell Choir

Federated Choir

Federated North

Fellowship of Prayer Note Writers

Friends of Nicaragua

**GROUP (Sr. High Youth Group)** 

Guitar Choir

Homeless Stand Down

JOY (Jesus Oriented Youth-

Jr. High Youth Group

JustHope/Stitching Hope

Koinonia Groups

Ladies Thursday Morning

Prayer Group

Leap of Faith Liturgical Dancers

Livestreamed Worship

Mahjong

Memorial Food

Memorial Hosts

Men's Discussion Group

Men's Ministry Team

Monday Morning Miracles Group

Monthly Art Gallery

Ohio City Power

One Book One Community Lenten

Book Study

Parish Nurse

**Primetime Ministry** 

Prayer & Praise Ministry

Prayer Vigils

Red Cross Blood Drive

RISE to Shine Band

Same Boat Friends

(widowers dinner group)

Same Boat Girlfriends (widows dinner group)

Search for the Christ Child

Sit & Stitch Community

SJAM (Social Justice Advocacy

Ministry)

SJAM Movie Nights

SJAM Electronics Recycling

St. Paul's Community Church -

our sister church

St. Paul's Loaves & Fishes

Soup Kitchen

St. Paul's Parish Nurse

St. Paul's Thrift Shop

Stephen Ministry

Sunday School

Tributaries -

Spiritual Growth Academy

Yoga Classes

Trinkets & Treasures Rummage Sale

Ushers and Greeters

Virtual Coffee Fellowship

Wedding Hosts

Women's Bible Study

Women's Fellowship

Wondrous Wednesday

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