FELLOWSHIP OF PRAYER

Please include in your prayers this week....

Rita Nichols, recovering from surgery; 158 Kensington Court, Aurora, Ohio 44202

Kathy Muzik, diagnosed with cancer for a third time; 5645 Grace Woods Drive, Unit 108, Willoughby, Ohio 44094

Jennie Krutilla, rapidly rebounding after hospitalization; 8671 Beechwood Drive, Novelty, Ohio 44072

Elsie Lutman, during her recovery; 260 Pheasant Run Drive, Chagrin Falls, Ohio 44022

Staff members **Joshua Konow** and **Marcia Snavely** and our church's mission partners.

Fellowship of Prayer Note Writers this week:

Bob Abley, Debbie Baker, Mary Ann Boysen, Paul Neidhardt, Marge Overman.

ALTAR FLOWERS

The altar flowers are given this morning by Martine and Marty in gratitude for the generosity and support of so many over the 28 years of this important annual faith journey. Countless lives (youth as well as adult advisors) have been impacted because of that generosity! Gratitude abounds

There are several opportunities available to donate altar flowers during the month of August. Currently, August 1, 22 and 29 are available. This is a wonderful way to honor or memorialize a loved one or celebrate a special occasion. If interested, contact Sue Mansour at 440.668.9399 or sueman@roadrunner.com.

FELLOWSHIP HOUR 11a-12p

There will be no in-person Fellowship Hour after worship today. There will be a virtual gathering on Zoom. You are welcome and encouraged to join! You can find the link on the home page of the fedchurch.org website, or go to Tinyurl.com/fedfellowship.







JULY 18, 2021

Welcome!





Next Week: **Sunday, July 25**

Judy Bagley-Bonner preaches

10 am
Traditional Worship
In-person and
Online via YouTube
Music by Marcia Snavely,
Joshua Konow and Adam
Holthaus, tenor vocalist

Lectionary Readings: ♦ Psalm 29 ♦ John 3:1-8

We are so glad you've chosen to worship with us today!

We welcome you to The Federated Church, a place to belong and a place to become. We are people just like you, who hope and love and hurt, and we have found that Jesus Christ makes a transforming difference in our daily lives. Your presence matters to us. We open our hearts to you.

God accepts me just as I am, and loves me too much to leave me that way. Federated accepts all people as they are and supports them in the spiritual journey. With Christ we offer hope and healing to change our world.

Our Mission Statement

WHAT'S HAPPENING AT FEDERATED?

School Supply Collection for the Chagrin Falls Park Community Kids

Bring Supplies to the church on **Sunday mornings (before or after worship) through August 1** to the collection **in the Lobby**. They are in need of school book bags/back packs, crayons, pencils, markers, glue sticks, 3x3 Post-It Notes, and so much more!

Speakers Night: Panel Discussion on issues facing the Transgender Community

Monday, July 19, 7 PM

Online via Zoom (Get the link at fedchurch.org/events)

Joining us will be Jaden List, formerly with the CWRU LGBTQ Center and Rev. Phiwa Langeni, a UCC minister. We will learn about what terminology is used by trans people to identify themselves, the use and misuse of Scripture to describe trans people and issues such as legislation facing the trans community today.

All-Church Outdoor Fellowship Event

Wednesday, July 21, 5:30-9 PM

Frohring Meadows (16780 Savage Road)

All ages are invited and encouraged to attend this outdoor fellowship event. Feel free to bring a bagged meal. There will be games, cornhole, a nature walk, and fun for everyone. Come to celebrate time together with love and fellowship!

UCC Christmas in July Offering

To be collected during worship on Sunday, July 25

This offering is an expression of appreciation and caring to those who served as clergy who are now retired or disabled and financially strained. It is a profound gift that helps provide pension supplements, health premium subsidies and emergency assistance to active or retired clergy families and Christmas gift checks to hundreds of retirees and those who are disabled.

Yoga on the Labyrinth

Tuesdays through August 31, 8:30-9:30 AM Family Life Center Labyrinth (16349 Chillicothe Rd.)

Move & Ground, Breathe & Relax. A prayerful, gentle outdoor yoga practice grounded in nature and community offers an answer to the stressors or our time. Go to pollymanke.com or contact polly@pollymanke.com for details. 7 classes for \$85 or drop in for \$15.

Relax, Refresh, and Renew with the Community Life Collaborative

8-class package for \$96 or drop in for \$15. (Your first class is *free!*) Taught by Certified Yoga instructor, Cathy Varley, RYT-200. 440.429.3233 or cnvarley@gheartyoga.com to register.

Restorative Yoga

Wednesdays, 9:30-10:30 AM Family Life Center Labyrinth (16349 Chillicothe Rd.)

This restful practice uses props like blankets, bolsters, and blocks for support and comfort. Done entirely from the floor, gentle yoga stretches and postures are held for a longer duration to open and release the body and calm the mind.

Chair Yoga

Wednesdays, 11 AM-12:00 Noon Family Life Center Labyrinth (16349 Chillicothe Rd.)

A wonderful yoga flow and core strengthening class using the support and stability of a chair. Perfect for those with limited mobility, or for someone recovering from an injury. Especially supportive for people dealing with MS, osteoarthritis, or chronic pain.