

# October 2021



# A special event: Re-lighting the Federated Spire

Saturday, October 16 **Bell Street Park** 

6:30 PM-Gather for music and light dessert 6:45 PM-Speakers: featuring Mayor Tomko 7:00 PM-Steeple lighting

Join us at Bell Street Park, at the corner of Bell and Main Streets, to celebrate the re-lighting of the spire. Affectionately known as the "beacon on the hill," the lights have been out for several years and we are excited to now be able to turn them back on, thanks to funding from Trinkets & Treasures.

This is a special event for the community. There will be music from "Sinatra Serenades," cannolis from ETalian, and a few special presenters. Enjoy the view of the Federated steeple from downtown Chagrin!

If it rains, we will move the event to Chagrin Falls Township Hall. Township Hall will also be open rain or shine to provide restroom access.

### Sanctuary Piano Initiative Update: The Arrival!

A message from Joshua Konow, Director of Music Ministries

Every so often, something comes along that is so inspiring, so tangible, so profound that it springs me to life with exuberant joy and dedication. The Sanctuary Piano Initiative was this kind of mission. Playing the piano has been a lifelong passion. Practicing, crafting, seeking out new sound nuances daily led to my degrees in piano performance, my career in

music, as well as a fascination for how pianos are made and why they sound and play the way they do. When the need arose to find a new Sanctuary piano for our Music Ministry, I could not have been more excited to seek out an instrument with the most potential based on the generosity given to our initiative. The dream became a reality when our new piano arrived on September 16.

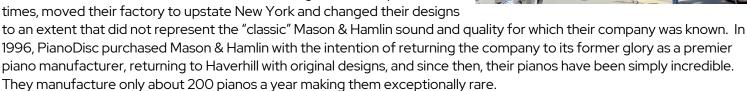
I had the help of an incredible piano team that assisted and gave valuable insight into our decision process for what piano to purchase. Our extensive research led us to explore a huge array of pianos from many manufacturers, different sized instruments, and at



different locations across the country. The high level instruments that we sought out are generally rare and required a couple of research trips to help our discernment. One such trip led us to the Mason & Hamlin factory in Haverhill, Massachusetts where we encountered the piano that we inevitably felt had the greatest expressive range and quality: a Mason & Hamlin Model CC concert grand.

Mason & Hamlin has a long and storied history of piano building. Founded in 1853 as an organ company, it wasn't until 1883 that they began manufacturing pianos. In the early 20th Century during what is often called the "Golden Age of the Piano", Mason & Hamlin was regarded as one of the absolute finest piano manufacturers in the world and was seen as a direct competitor to Steinway & Sons. Many incredible pianists like Sergei Rachmaninoff and Maurice Ravel lauded them as pianos with rich tone, sustain, and power. Mason & Hamlin maintained their impressive reputation through WWII. The Great Depression along with the war hit American piano manufacturing hard. After the war, most American piano companies ceased to exist. Presently, only Steinway and Mason & Hamlin remain as handcrafters of pianos in America.





My own experience with the modern Mason & Hamlin pianos has been completely positive. I was fortunate to own a 7-foot 2003 Mason & Hamlin through high school. It was a remarkable piano, but due to the high expense of college, my family sold it to Lawrence University in Appleton, Wisconsin where that piano is still being used as a teaching studio instrument. After grad school, I purchased a 7-foot 2014 Mason & Hamlin that will remain my lifelong piano. It is my dearest friend in music-making and I have had absolutely no issues with it, loving it more as its sound grows with me. I have played countless high-end pianos through the years, each having their various strengths, but Mason & Hamlin pianos have a depth of tone seldom found in other pianos.

The Sanctuary Piano Initiative presented an opportunity for our piano team to explore so many of the world's greatest pianos. We had a Steinway concert grand in our Sanctuary in April, a Bösendorfer 7'4" piano that we explored in depth over the summer and we played many others along the way. We wanted to make sure to explore as many varied options as possible before deciding. Inevitably, the instrument that spoke the most to us was the Mason & Hamlin concert grand. Its depth of tone, expressive potential, quality of construction, and resistance to changing environmental conditions presented the most complete instrument to our team.

Mason & Hamlin pianos are renowned for their strength of construction. Their pianos are made of the thickest rims, a full-perimeter interior iron plate, a patented steel support structure called the "tension resonator," and a carbon fiber action. The result is an extremely strong (and heavy!) piano that can easily last 100 years. Their carbon fiber action is revolutionary in design, extremely resistant to humidity, creating a particularly smooth feel that is very consistent and allows for precise tonal control. Traditional wood piano actions require much more maintenance due to their susceptibility to temperature and humidity. Aiding its longevity potential is a humidity control system that will regulate the piano's environment regardless of season. We felt that this piano was the most suited for our Sanctuary space.

I am so excited for our music ministry's future. Our piano technician, Brian Wilson, said, "this is the greatest piano I have ever played." I am inclined to agree. The potential for this piano as it gets played is simply remarkable. I am excited for our worship services having new expressive potential with this instrument. I am excited for our new concert opportunities with artists to explore the sound of our Sanctuary. Above all, I am incredibly thankful for your support of the Sanctuary Piano Initiative. Your generosity, love, and enthusiasm made this purchase possible. May our new piano bless the hearts of all its listeners for years to come!





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#### From the Desk of Hamilton

Dear Friends.

And so we enter a new era. Thirty-one years, nearly a third of a century—that's how long the Rev. Mark Simone has graced Federated Church as Associate Pastor of Family Ministries. His love for children and youth has always been palpable. He has radiated joy when he has been with them. Not only that, though, but he has treasured all the people of Federated. People of every age have been touched by Mark. His presence here has been remarkable, and immensely far-reaching.

What a joy it was to celebrate his ministry on his retirement weekend just days ago. He preached a marvelous sermon in which he thanked this congregation for their unending support for him and for youth ministry in general. In a gentle and humorous way, he reminded us that his pastoral service had come to an end. And when he was finished, he was engulfed in a thunderous ovation that went on and on. It was a strikingly beautiful way to end his ministry.

So it will be odd to go forth without him. In his more than three decades here, Mark has left an immense impression on the church. And we are extraordinarily grateful for his ministry. If we are healthy—and we are—we will remember fondly the gifts Mark has given us: his humor, his devotion, his faithfulness. If we are strong—and we are—we will also grieve his departure; we will lift our sorrow to God, and trust that it will be held and even transformed. Grief and celebration go hand-in-hand. And we dare not do either one without the other.

And while we will remember Mark's presence and grieve his absence and celebrate his gifts, we will also engage in at least one other crucial task: we will trust. We will trust that God is doing a new thing. We will trust that blessings will continue to abound. We will trust that all shall be well.

One of our temptations, I'm imagining, is that we may well want this new thing to be exactly the same as what was. And it won't be. As sure as day follows night, whatever is to come will be strikingly different from what has been. Our role in it all is to see blessings in new places and new ways. Our role is to trust that something good will arise and that it will fill us with grace.

At the end of September, at a church-wide meeting, we elected a search committee to seek a new associate pastor for Federated. My hope is that we will together pray for a grace-filled next chapter in our life together. Those prayers will be crucial as we trust in God's providence for what is to come. Together may we be open to a rich and beautiful future.

Yours in Christ,

Hamilton

Hamilton

#### **UPCOMING WORSHIP SERVICES**

#### **Every Sunday at 10 AM:**

Livestream & In-person worship with Sunday School and Child Care

#### Sunday, October 3

Rev. Hamilton Throckmorton preaches on Mark 10:2-16

#### "Receiving as a Child"

Special music by the Children's Choir and piano/organ duets by Marcia Snavely & Randy Fusco

- UCC Neighbors in Need Offering
- Dedication of new Sanctuary piano

#### Sunday, October 10

Rev. Hamilton Throckmorton preaches on Mark 10:17-31

"Leaving Everything for God"

Music by Federated Choir & Bell Choir

#### Sunday, October 17

Rev. Hamilton Throckmorton preaches on Mark 10:35-45

#### "Living as Servants"

- Baptism of Josie Godenschwager
- Dedication of new baptismal font

#### Sunday, October 24

Rev. Judy Bagley-Bonner preaches on Mark 10:46-52

"Seeing Again"

#### Sunday, October 31

Rev. Hamilton Throckmorton preaches on Mark 12:28-34;

# "Trick or Treat: Love Whom Exactly?" Music by the RISE to Shine Band

- Reformation Sunday

# Worship Every Sunday In-person & Online 10:00 AM

Online Worship on our YouTube Channel: TheFederatedChurch

# FEDERATED NEWS & INFO

#### **Rooted in Love**

Our Stewardship theme of "Rooted in Love" draws inspiration from Psalm 1, "They are like trees planted by streams of water, which yield their fruit in its season." The Psalmist invited us to imagine all the good things we can bear when well planted. What might we give away when rooted in love?

But the Psalmist also meant something deeper. The word we translate as "planted" in English means "transplanted" in



Hebrew. This translation speaks to the power of love to move us from one place to another, the power to convert us from one way of life to another. What would need to change in our lives for us to be fully rooted in love?

We might need to make a move from a "mindset of scarcity" to a "mindset of abundance." A scarcity mindset makes us think there will never be enough - we must compete, one against another, because there is not enough to go around. Scarcity thinking names all the things we cannot do, all the things we cannot share. But a mindset of abundance sees the fullness of God's love. Martin Luther King Jr. saw the world abundantly - despite all the injustice he confronted, King knew God's spirit moved through history, creating and renewing community.

King once described the force of love that animated the Civil Rights Movement. "Agape is not a weak, passive love. It is love in action. Agape is love seeking to preserve and create community. It is insistence on community even when one seeks to break it. Agape is a willingness to go to any length to restore broken community."

What would it mean for our lives to be rooted in such love?

It's fair to say the world gave a decent try in 2020-21 to break our community. But our roots in King's style of Agape love were strong and deep! We found ways to thrive by cultivating a new mindset for Generosity, setting the stage for a new Vision Plan now in its final stages, continuing youth programming and running a Colorado Kids trip, finishing the renovations that our Capital Campaign funded, finding unique ways to bring precious music to our congregation, embracing a new marketing platform with bright new colors, thought-provoking logo artwork and consistency across all facets of the community, and establishing an incredible new and lasting branch of worship service delivery with live-streaming. And that's just to name a few! My friends YOU are the greenest shoots in our garden, and without you we'll surely be less alive and more vulnerable. Your Generosity opportunity will arrive soon in the mail, and you will see evidence throughout the year of your leadership's transplanted mindset toward the spirituality of Generosity. When it does arrive, won't you please join us in watering and long-term fertilizing the roots that will make Federated a thriving vessel for God's love in our world? Thank you in advance for the weighty watering can that will be in your hands!

Gratefully, Your Generosity Commission Eric Goodman, Ken Horner, Maren Koepf, Michael Quintin, Martine Scheuermann, Dawn Thatcher, Laura Taylor

#### In Memoriam

Recognition of those who have passed recently. A farewell to friends; May God welcome them with open arms.

John Eberly—August 31 Terry Bork—September 4 Eleanore Scherbel—September 13 Lee Sherck—September 23

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# MISSION & SERVICE

## **Neighbors in Need Offering**

To Be Collected Sunday, October 3

Neighbors in Need is a special mission offering of the United Church of Christ that supports ministries of justice and compassion throughout the United States.

Two-thirds of the offering is used by the UCC's Justice and Witness Ministries to support a variety of justice initiatives, advocacy efforts and direct service projects through grants. Neighbors in Need grants are awarded to churches and organizations doing justice work in their communities.

We will collect this offering during the worship service on Sunday, October 3.



### **Christmas Eve Offering Applications Now being Accepted**

This year, Federated Church's Mission and Service Commission is inviting applications for its Christmas Eve offering from community organizations that are working toward positive change regarding **racial justice**.

We are looking for groups that emphasize action(s) that build equity, inclusion, and/or diversity for one or more racial or ethnic groups. We value community organizations and their commitment to making a just world for all.

Applications and instructions are available at <u>fedchurch.org/xmaseve</u>. Completed applications are due to the church no later than Tuesday, November 2 at 5 PM.

#### **Parish Nurse Corner**

#### A Message from Parish Nurse Kathy Kolcaba

It was another busy morning at St. Paul's Parish Nurse Clinic. We are now seeing about 20 folks each Tuesday, and their needs range from feminine hygiene products, to male and female underwear and socks, to a multitude of personal care items. The most wanted personal care items are **deodorant**, **soap or shower gel**, **wash cloths and face towels**, **razors**, **toothpaste and toothbrushes**, **cotton swabs**, **and toilet paper**. If you can donate any of these items to the clinic, the assured collection points are my front or back covered porches at 84 Hall St. in the Village. Of course, if you can donate money, I am happy to do the shopping!

St. Paul's Director of Outreach, Tim Walters, and his Shared Ministries Group have been busy working with possible new or renewed partnerships on the near west side that can help with emergency referrals, special health related projects, placing people in more permanent housing, job training, daily meals, etc. The Shared Ministries Group is made up of several near west side churches, agencies, and groups. They meet monthly to discuss common problems, maintain a sense of what each is doing, and support each other where possible. The intent is to further the effectiveness of all who share a common mission of serving those in need on the near west side of Cleveland. Some of the partners are The West Side Catholic Center, Neighborhood Family Practice, The Catholic Workers, St. Herman's House of Hospitality, Northeast Ohio Coalition for the Homeless, and Metro Health Hospital.

'Till next time, thanks for your support! Kathy Kolcaba 440.655.2098

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# MISSION & SERVICE



# Join JustHope for their second virtual Wine For Water fundraiser!

Thursday, October 7

As one of our Mission Partners, JustHope holds one major fundraiser each year, Wine for Water. Due to the COVID-19 pandemic, the event this year will be virtual again via ZOOM. This allows us to participate without traveling to Tulsa. Please read more below.

In a time when so much pulls us apart, let's come together in solidarity. We will celebrate our accomplishments, recognize our struggles, and look to a future of nurturing sustainable communities through global partnership.

The night starts at 8 PM Eastern with a free virtual celebration on Zoom. We'll hear about our accomplishments from this year, check in with Nicaraguan staff, JustHope Companions, and founder Leslie Penrose, and introduce our plans for **Building Tomorrow Together**!

#### Auction!

Anyone can bid on auction items and more in the **Wine for Water Auction**, starting September 29. You don't need to attend the W4W virtual event or live in Tulsa, but you will need to register.

For information on how to register, go to justhope.org/w4w

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# FAITH FORMATION & SPIRITUALITY

# Spirituality and the Christian Life Study & Discussion Group

#### "The Christian life is simply a matter of becoming who we truly are." Richard Rohr

In this five-week study and discussion group we will seek to deepen our relationship with the Holy One and with one another, and seek to deepen who we truly are. Through study, discussion and various prayer practices, we will have the opportunity to explore our interior life and our relationship with God.

This series is meant for people of all ages and stages in their faith development/journey.

Facilitator: Mary Senechal

When: October 13, 20, 27, November 3 and 10

**Time:** 7-9 PM

The place of the class is to be determined by the current COVID pandemic. If deemed unsafe to meet in person, we will meet together via Zoom. Those who register will be notified of the class format closer to the start date.

Register by sending an email to Mary at <u>msart@windstream.net</u> by October 10. Mary is a retired nurse and certified Spiritual Director.

### Middle School and High School Youth at Federated Church

#### A Message from Marty Culbertson, Director of Youth Programming

The goal of youth programing at Federated Church is to provide our youth with the tools needed to develop their own unique faith through thought, action and experience. "Thought" will be brought about through discussion, worship and expression with art. "Action" involves mission activities at least once a month. "Experience" comes through the Colorado Kids Trip, Overnight Mission Trips and the shared experience gleaned through growing together in our faith.

We have a special program for 7-12 graders on Sundays starting this fall. The program was developed through the belief that our youth have gifts to share with our congregation and that creating a balance between learning and fellowship activities is integral to a well-rounded faith journey toward Confirmation and beyond.

There will be familiar advisor smiles and some new caring adults on this faith journey. Marty Culbertson will serve as the programming advisor. The group will occasionally join together for fun social times (like ski trips) and help with worship by participating directly in the many aspects of worship – serving as Worship Ambassadors, Ushers, learning the technical aspects, worship planning, and worship outreach. There will also be group discussions and reflections.

In our culture today, there are few opportunities for youth and children to interact with adults outside of school. The church can be one of the places where intergenerational interaction can take place – a place where many generations can learn, work and have fun together, inspire each other, bringing energy, commitment and insight into our relationship with faith and bringing hope to all generations. These Sundays will allow that hope to flourish as we all grow together in our faith journey.

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# FEDERATED HAPPENINGS

#### Social and Environmental Justice (SJAM) News

SJAM is a group of Federated and community folks learning about and taking action on a wide variety of societal justice issues such as gun violence, criminal justice, LGBTQ+ rights, environmental issues, racial justice, voter registration, and immigration as well as other areas of concern.

Sound interesting? We welcome you to join us at our next meeting. SJAM is open to all in the community who are looking for ways to work for social justice. To learn more, please contact Kathy Franz (440.821.7795 or wfranz@roadrunner.com).

Next SJAM Meeting - Sunday, October 17, 11:30 AM online on Zoom

https://us02web.zoom.us/j/261964671?pwd=czFEQ1llRzJlUjk2dHE4NGdQaVFTUT09

#### **SJAM Speaker Night**

Monday, October 18, 7 PM

Online on Zoom: https://us02web.zoom.us/j/83595558354?pwd=U1VxZU5SZ0NjcEVkbEcxeXpsbVIWdz09

SJAM's October Focus: Domestic Violence.

Join us via Zoom for a presentation from Melissa Graves, CEO of Journey Center for Safety and Healing (formerly Domestic Violence & Child Advocacy Center). The Journey Center provides comprehensive domestic violence and child abuse services to more than 15,000 children, women, and men in Cuyahoga County affected by abuse.

Journey's goal is to help people experiencing abuse find strength and support as they determine their best path toward health and safety. You will learn how we can be supportive in reaching out to women and children who are affected by abuse. Learn what you can do if you are concerned that someone you care about is in an abusive relationship. And, what we can do as a community to better support and protect those experiencing abuse.

Melissa joined Journey Center as CEO in January, 2018. She holds an MPA from George Mason University and has over 25 years of experience working with vulnerable children and families.

#### **Immigration Reform**

**Afghan Refugees Settling in Cleveland—How to Help** — Catholic Charities sponsored a webinar on ways to help out with the Afghan refugees coming to Cleveland. You can view the recording: <a href="https://www.youtube.com/watch?v=qMMyTBKfOJs">https://www.youtube.com/watch?v=qMMyTBKfOJs</a>. There are three resettlement agencies in Cleveland helping with the Afghan refugees resettling in Cleveland: Catholic Charities, US Together and U.S. Committee for Refugees and Immigrants (USCRI).

Catholic Charities Migration and Refugee Services (MRS) has developed an online "Volunteer Interest Form" for people interested in becoming involved in some way to help the Afghan refugees. <a href="https://a101416.socialsolutionsportal.com/apricot-intake/731e08e3-4e1f-4b34-b9c2-0acecffd775">https://a101416.socialsolutionsportal.com/apricot-intake/731e08e3-4e1f-4b34-b9c2-0acecffd775</a>

#### Ways To Get Involved:

- Legal assistance is needed. Please contact Adriana Coppola (acoppola@ccdocle.org)
- Safe, lead-free housing is needed. Please contact Tom Mrosko, Director of Migration & Refugee Services, if you have available housing. <a href="mailto:TXMrosko@ccdocle.org">TXMrosko@ccdocle.org</a>

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- Monetary donations would support filing fees, emergency client needs, rental assistance, etc.
  - You can donate directly to MRS at <a href="https://www.ccdocle.org/afghan-humanitarian-crisis">https://www.ccdocle.org/afghan-humanitarian-crisis</a>. You can choose where to donate (e.g. Afghan Support).
  - Checks payable to Migration and Refugee Services. Mail to: 7800 Detroit Ave., Cleveland, OH 44102
- Transportation—Helping to transport clients to and from appointments
- Shopping for refugees
- English Conversation Partners
- Community Orientation—Coach newly arrived refugees with signing up for a library card, going to the post office or just getting to know their neighborhood.
- Furniture/donation pick-ups-MRS would be grateful to anyone willing to pick up donations.
- Kit Packing—Combining donations into kits for a recently arrived family (bowls, plates, toothbrushes, etc.)
- Types of donations needed:
  - Furniture, dressers, couches, side tables, floor lamps, chairs, pots, pans, silverware; Clothing: New undergarments for men, women, children; shoes.; Household Items: toys, nail clippers, baby wipes, adapters, phone chargers, bedding.
- Contact information at MRS:
  - Andrew Mathay (ammathay@ccdocle.org); Hilary Lucas (hlucas@ccdocle.org); Facebook.com/ccmrs
- Amazon Wish items chosen on Amazon will automatically ship to Catholic Charities MRS location. https://www.amazon.com/hz/wishlist/ls/3TYGA77P27F9A?ref\_=wl\_share

Contact Rannigan Walsh at <a href="mailto:ranni@me.com">ranni@me.com</a> for latest details as this is changing rapidly.

#### **Environmental and Creation Justice**

As stewards of God's beautiful Earth, we are called to do what we can to protect it, clean it, and keep it thriving.

Regardless of whether you've decided to "go green" to help the environment, to save money, or just see how easy it is, every step you take towards eco-friendly living is one that helps our world. In September, we highlighted 9 sustainable living ideas to help us all live in an eco-friendly way. Here are 10 more.

**10: Insulate your home -** Insulating your home is one of the best eco-friendly tips for your home that we can offer you.

11: Fix it, don't throw it - Repairing or fixing something is more environmentally friendly than simply throwing things away, although the latter may seem easier and cheaper sometimes.

**12:** Use eco-friendly cleaning products - A lot of cleaning products have a lot of harmful chemicals in them that aren't environmentally friendly to create or dispose of. Green cleaning products use more natural and organic methods of cleaning which are far less harmful.

**13: Don't drive -** If you can make the journey by foot, bike or public transport, then do it. Driving, unless you're in an electric vehicle, isn't very eco-friendly and can really add to your carbon footprint.

14: Use your microwave - Microwaves are more energy efficient than conventional ovens.

**15: Buy local -** From clothes to food, the closer to home these products are made and bought, the less carbon is created with their transportation.

**16: Don't fly -** Flying is one of the most environmentally damaging things you can do.

**17: Grow your own -** Growing your own food isn't just a good way to save money, it's also a great way to cut down your carbon footprint and be eco-friendly.

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**18: Plant some trees -** Making sure that we're planting more native trees to replace those that have been felled to make room for developments is something that more people and businesses need to do to protect the environment and improve air quality.

**19: Choose your personal care wisely -** Make sure that your body wash, toothpaste, face scrub and other products do not contain microbeads. These are small bits of solid plastic which aren't biodegradable and make their way into watercourses and ultimately end up damaging the environment by entering the food chain.

**What Can I Recycle?** October 27 at 6:30 PM. Confused about what is recyclable and what is not? Attend this program at the West Geauga Library; 13455 Chillicothe Rd. Chesterland 44026. Information presented by Geauga-Trumbull Waste Management District.

#### **LGBTQ Rights**

#### **Chagrin Documentary Film Festival**

Plan to support the film festival and watch some of the 97 films shown October 5-10. SJAM is a community partner for one film, "Building a Bridge", which follows the work of Father James Martin as he advocates for a welcoming approach by the Catholic Church towards the LGBTQ community. He speaks to packed houses and asks, "What would Jesus do?".

"Building a Bridge" is showing virtually on October 5 at 5:00 PM and in person on October 9, 2:15 PM, Chagrin Valley Little Theater— 40 River Street in Chagrin Falls

As a sponsor, we get \$2.00 ticket discount. Our Community Partner code is "**BRIDGE2**". Just enter this code at check out to get \$2.00 off the price of every ticket to **Building a Bridge**. You can purchase tickets and passes through our website: <a href="https://boxoffice.chagrinfilmfest.org">https://boxoffice.chagrinfilmfest.org</a> or by calling the box office at 440.247.1591.

#### **Trans Rights Rally**

Sunday, October 10, 1 PM at Bainbridge Community Church (UCC). Join us for this one-hour event to learn more about rights of transgendered folks in Ohio. Listen to speakers and, if so moved, send postcards to elected officials. Outdoor event with masks, please. For information contact Kathy Franz at 440.821.7795 or wfranz@roadrunner.com.

# Transgender Rights Rally

Be supported. Support others Advocate Now!

@ Bainbridge Community UCC 10/10 @ 1pm

<u>In partnership with</u> LGBTQ+ Allies Lake County and Equality Ohio

#### **Primetime Federated Forum**

Monday, October 11
Gather at 1:30, Presentation at 2:00
Fellowship Hall



Presenter: Doug Laubacher Subject: Life of Charles Schulz

Douglas Laubacher is a cartoonist and art educator. For the last seven years, Doug has traveled across NE Ohio teaching cartooning in a myriad of settings.

#### You Don't Know Peanuts: the Life of Charles

**Schulz**: Did you know that before "Peanuts," Charles Schulz drew a different comic strip? With a career spanning more than 50 years, Schulz is among the most prolific cartoonists of the 21st century.

Learn about the life of the man who created the most popular, successful newspaper comic strip of all time. Take a look at his service in World War II, his inspirations for his iconic characters, and his lifelong love of the funnies!

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#### **Yoga Classes**

#### **Yoga Spirit Renewal**

Tuesdays 9:30-10:30 AM | Family Life Center-16349 Chillicothe Road

Move & Breathe, Relax & Center. A prayerful, reflective yoga practice in a warm and welcoming community offers renewal.

We all need the space to slow down, connect to our self, process stressors, and return to the awareness of Spirit at work in our life. A quality of ease in body, mind, and spirit allows us to be of better service in the world, a vessel of hope and Light, and to live with greater joy.

Please join us for this gentle, meditative yoga class...

in person at the FLC or outdoors on the Labyrinth as weather allows, (safely distanced).

Or via Zoom <a href="https://us02web.zoom.us/j/84823087475?pwd=Uml4b0p4d055QWhOSng2UTlocnB0QT09">https://us02web.zoom.us/j/84823087475?pwd=Uml4b0p4d055QWhOSng2UTlocnB0QT09</a>

Questions? Go to pollymanke.com or contact polly@pollymanke.com

7 classes for \$85 or Drop-in \$15

#### **Gentle Slow Flow Yoga**

Open to all levels

Mondays at 10:00—11:15AM (October 4, 11, 18, 25)
On Zoom! From the comfort of your own home/space.

Instructor: Dawn Dole - RYT200

This Gentle Slow Flow class links the breath, meditation, movement, and yoga postures together. All levels of Yoga practitioners can find their comfort level, as they slowly and mindfully move through the class. Balance, focus, calm, and peacefulness result from attention to breath as we move through physical "asana" or poses in our yoga practice.

Yoga is a great way to reduce stress in our lives. Modifications will be suggested as needed. This class is open to everyone with the ability to move through seated, standing, kneeling, and reclined positions unassisted.

To join via Zoom, you will need a computer or iPad. Registration is required for Zoom classes so email Dawn at the email below. In-person classes may be available soon—please let Dawn know if you are interested.

For information and **to register** please email: <a href="mailto:newdayyoga.dawn@gmail.com">newdayyoga.dawn@gmail.com</a>.



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## Contact Us!

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# OUDSTAFF IS HERE TO HELP YOU

#### **CLERGY**

Hamilton Throckmorton, Senior Pastor

- \* Judy Bagley-Bonner, Interim Associate Pastor
- \* Dan Kershner, Pastoral Care Pastor

#### Administration and Staff

Melissa Owen, Senior Director of People and Operations Melinda Smith, Congregational Life Administrator

- \* Trisha Holland, Director of Marketing & Communications
- \* Janis Stefanchik, Bookkeeper
- \* Laura Taylor, Fund Development Associate

  Jake Magalski, Properties, Maintenance & Grounds Lead

#### **Music Staff**

Joshua Konow, Director of Music Ministries

- \* Marcia Snavely, Organist
- \* Pat Haynish, Director of Children's Choir

#### Children's Ministries Staff

- \* Marty Culbertson, Director of Youth Faith Formation
- \* Kristin LeFeber, Director of Children's Faith Formation
- \* Alex Bell, Lianna Davis, Tanya Goff, Trisha Holland, Childcare Providers

\* denotes part-time staff

